ROYAL WEDDING COUNTDOWN INSIDE

HELLO
CANA
No 856/857 • 13 FEBRUARY 2023

BEAUTIFUL NEW PHOTOS

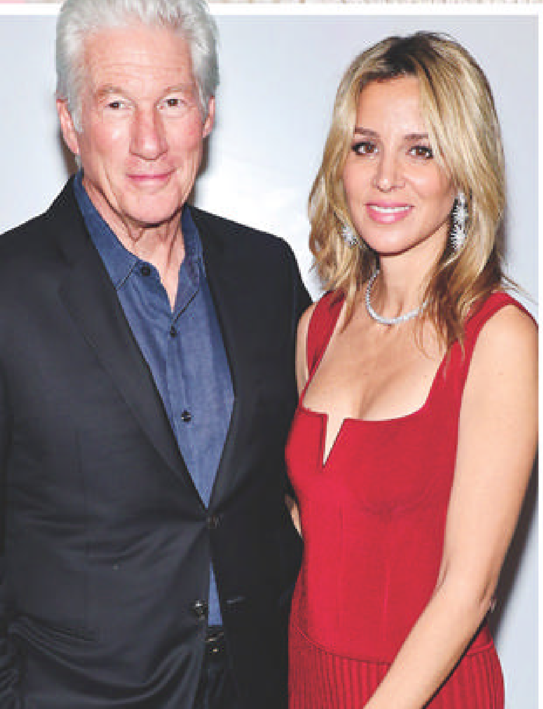
THE YEAR OF KATE!

LEADING WITH LOVE, THE ROYAL SHOWS WHY SHE'S QUEEN OF HEARTS

'I urge everyone... to make the world a more loving place for our children'

- THE PRINCESS OF WALES

WE'LL BE YOUR VALENTINE!
GIFT GUIDE, ROMANTIC RECIPES & MORE



RICHARD GERE

THE SECRET TO HIS HAPPY MARRIAGE

PLUS JENNIFER LOPEZ ON HER 'DREAM' LIFE WITH HUSBAND BEN

RED CARPET GLAMOUR IS BACK!

A GLIMPSE OF WHAT'S TO COME ON OSCAR NIGHT

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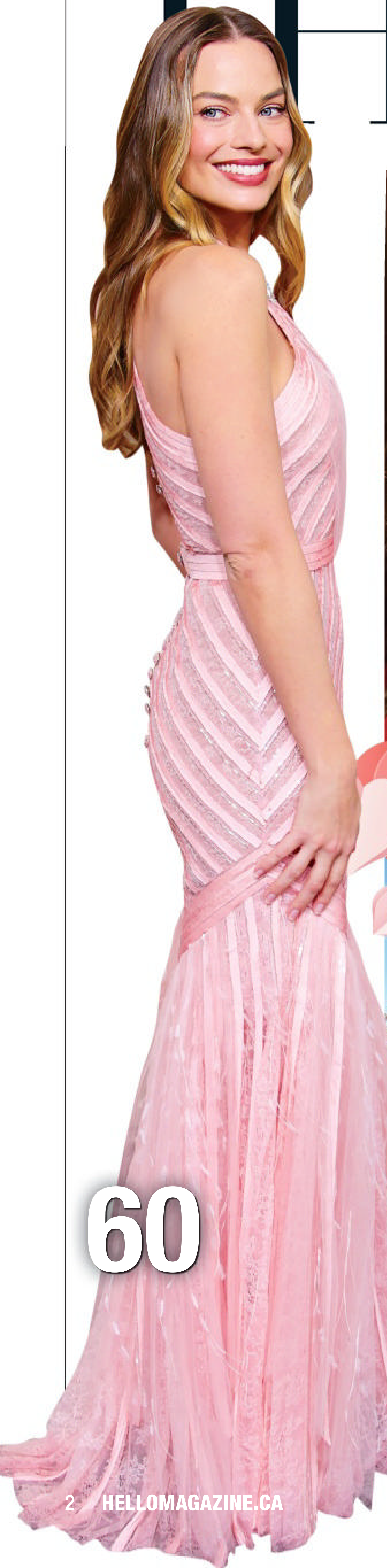
THIS WEEK



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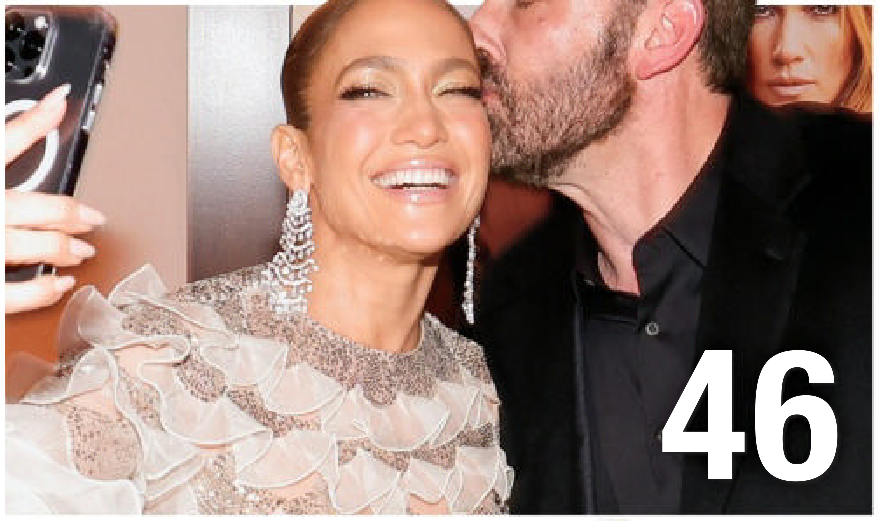
CLOCKWISE FROM LEFT: DANIELE VENTURELLI/GETTY IMAGES; EDDIE MULHOLLAND/GETTY IMAGES; MR JACK BROOKSBANK



FROM TOP: STEFANIE KEENAN/GETTY IMAGES FOR L'ORÉAL PARIS; CHRISTOPHER POLK/GETTY IMAGES; TREVOR LEIGHTON

editor's letter

Forget the February blahs – this is one of our favourite times of the year! Not only are Hollywood's most feted stars stepping out in red-carpet finery as awards season kicks into high gear, but it's also Valentine's month. As we count down to the Oscars, we're also walking up to this year's most anticipated royal weddings (including that of Princess Diana's niece Lady Amelia Spencer) and celebrate the A-list love stories of Ben Affleck and Jennifer Lopez, and Richard Gere and his wife, Alejandra. Flip to the back of the magazine to find an array of gift ideas for that special someone in your life. And you don't have to be dating to try out the recipes for our desserts *à deux* – you can share with friends or just keep them all to yourself!

Our cover star, the Princess of Wales, proves that while it's wonderful to have a supportive partner – as she does in her husband of almost 12 years, Prince William – it's important to stand in your own right. For years, we've been following Kate as she's increasingly stepped into the spotlight to champion the causes she's most passionate about. Now, she's coming to the fore with the launch of her biggest initiative yet, Shaping Us, aimed at tackling the root of mental-health issues by researching and nurturing the psychological development of children under five. It's heart-warming to see all of Kate's hard work come to fruition. At 41, the royal mom of three is more grounded and confident than ever, and we're thrilled for her!

We open this issue at the home of renowned British sculptor Frances Segelman (Lady Petchey), who has created likenesses of everyone from the late Queen to Dame Joan Collins, and whose anecdote about Prince Philip's reaction when she asked him to smile during his sitting will likely make you laugh out loud (as I did while reading).

The last word this week goes to *The Rookie* star Nathan Fillion, who hilariously opens up about his "bromance" with fellow Canadian actor Ryan Reynolds. It really is the season of love!

Sincerely,

Alison

Alison Eastwood, Editor-in-Chief

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Alison Eastwood

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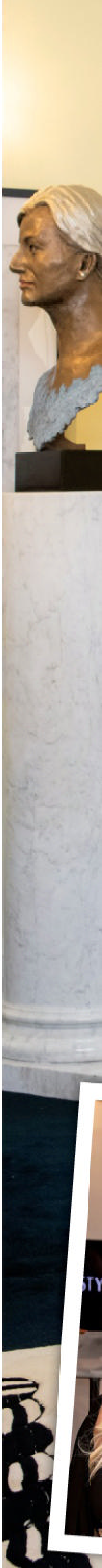
Terry Venables



EXCLUSIVE INTERVIEW & PHOTOS

CELEBRATED SCULPTOR FRANCES SEGELMAN, A.K.A. LADY PETCHEY INVITES US INTO HER LONDON HOME AND REVEALS HER BRUSHES WITH ROYALTY

She is one of the most successful British sculptors of the 21st century – a prolific, self-taught artist whose famous client list reads like a who's who of the elite worlds of entertainment, sports, politics and royalty.

The late Queen and the Duke of Edinburgh, King Charles, Princess Anne and the Countess of Wessex have all sat for Frances Segelman, also known as Lady Petchey and dubbed the "royal sculptor."

When she exclusively invites *Hello!* into her historic four-storey Georgian home in London, brimming with sculptures and spectacular art and panoramic views of Tower Bridge and the Shard, the bronze busts of the Queen and Prince Philip that greet visitors in the magnificent marble hallway take your breath away.

"The duke was my first royal," says Frances as he stares back at us with a lifelike, steely gaze. "He was quite frightening at our first sitting," she admits, recalling her nerve-racking inaugural visit to Buckingham Palace in 2000, when the charity London Youth invited her to create a bust to celebrate Philip's 50th anniversary as patron.

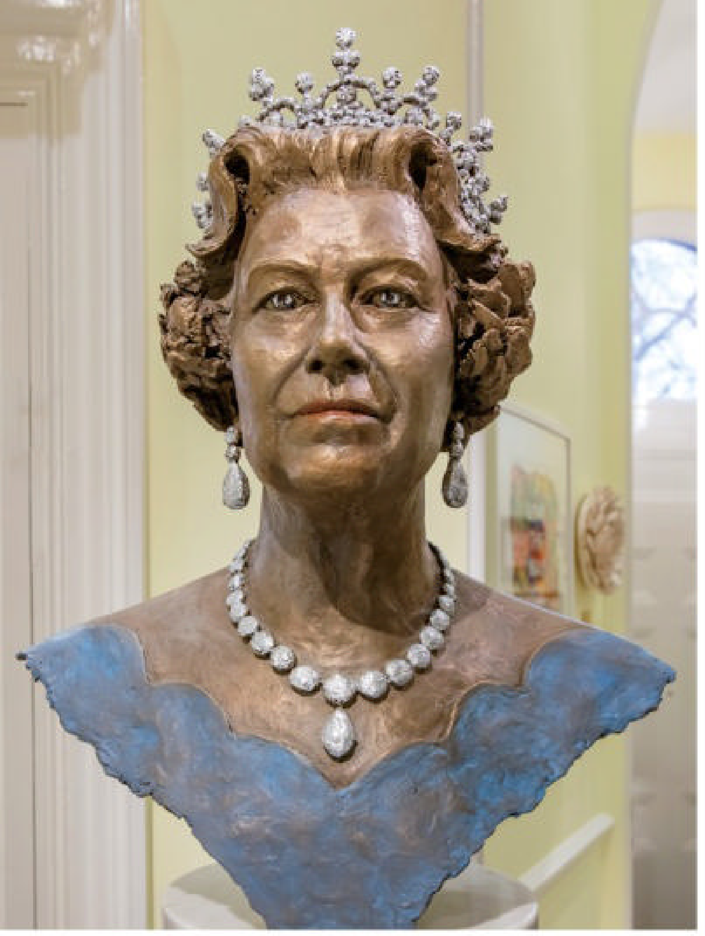
SCULPTING WITH A SMILE

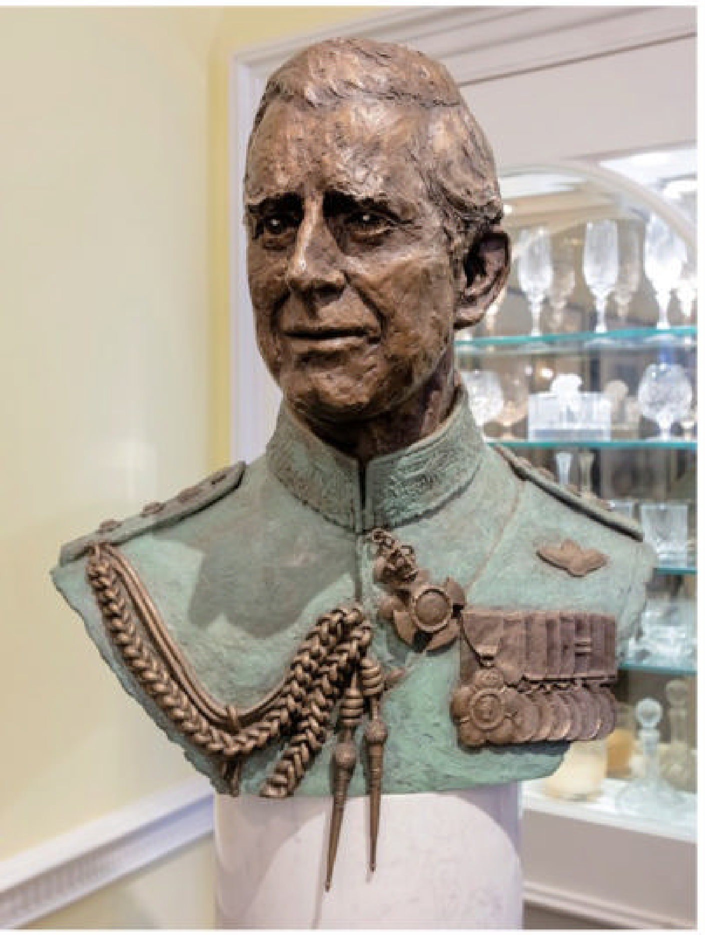
"At my husband's suggestion, I wanted to sculpt him with a smile," continues Frances, who is married to philanthropist and businessman Sir Jack Petchey. "But he didn't like the idea. 'Certainly not!' he replied. 'I really don't like those chocolate ▶

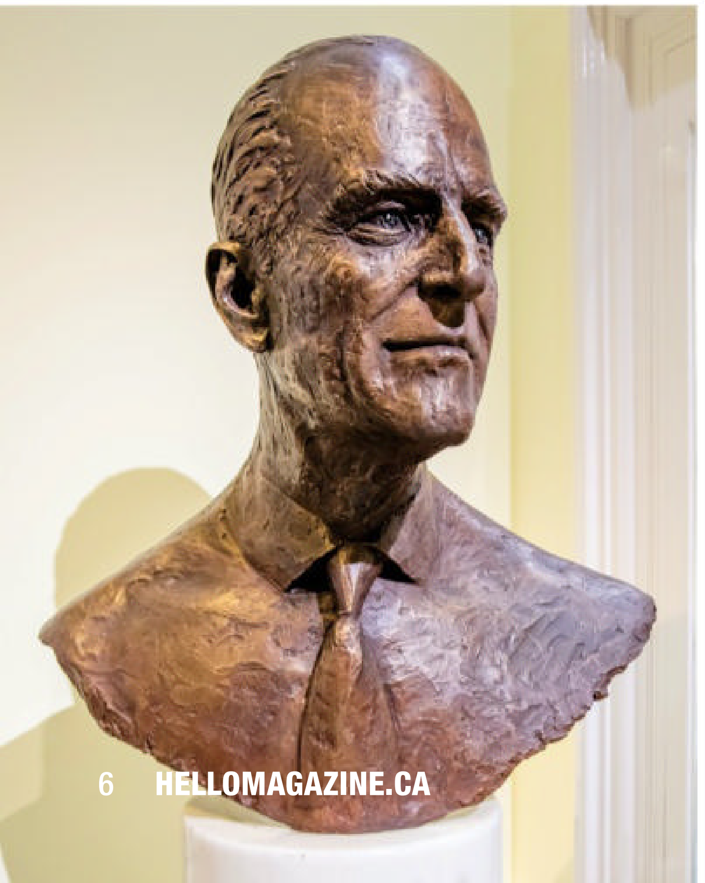
'Sculpting the Queen was the tops – my ultimate dream. But my hands were shaking – it felt surreal!'

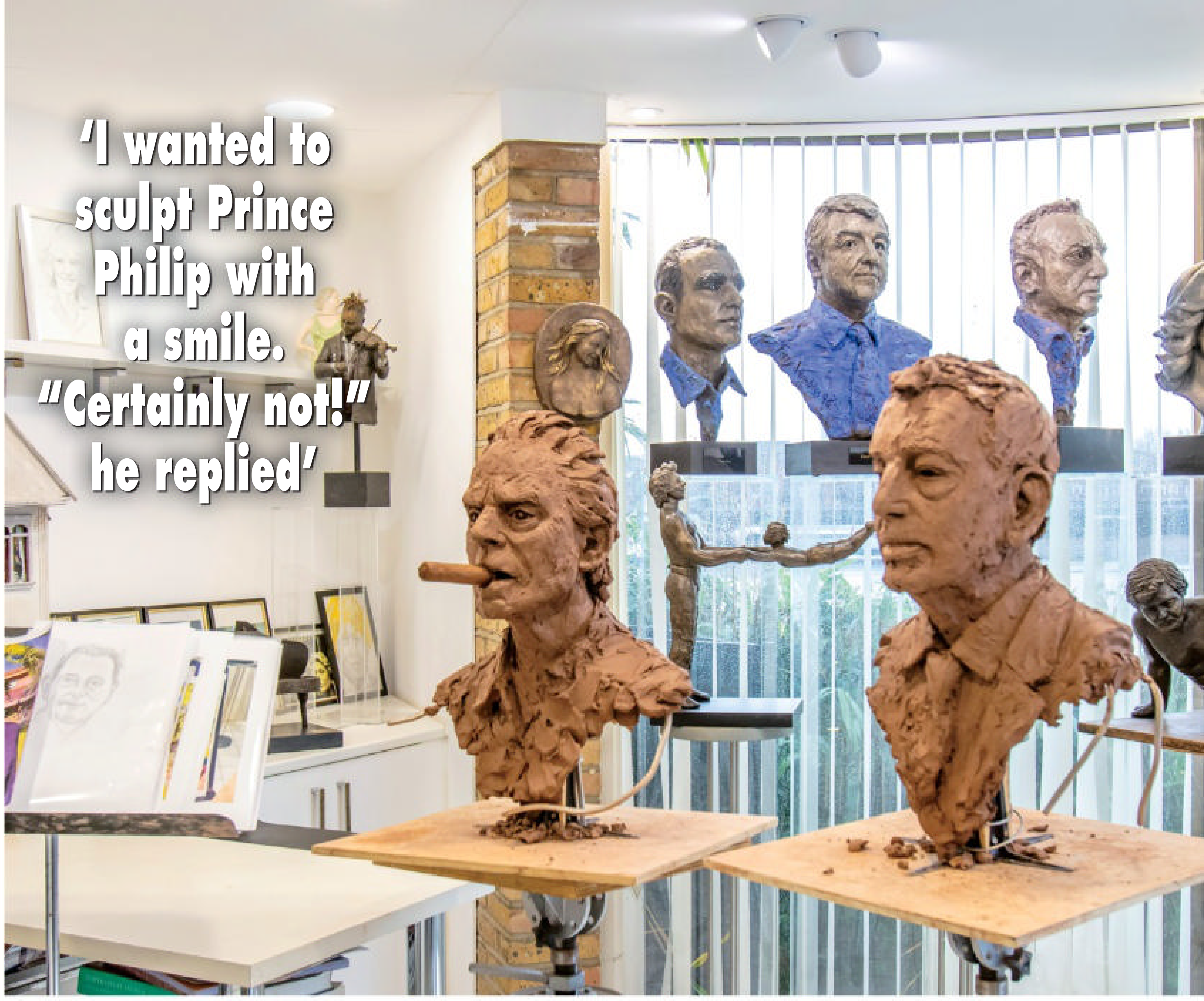
BELOW INSET: DAVID M. BENETT/GETTY IMAGES

Lady Petchey with the sculpture of Dame Joanna Lumley on the mantelpiece in her art-filled living room, and (left) with her bust of the Queen.









'I wanted to sculpt Prince Philip with a smile. "Certainly not!" he replied'

box-type works of art.'

"So that was it. He also took exception to the smell of burgers wafting through from the hot-dog stands outside the palace. But by the fourth sitting, he had warmed up and I really felt like I knew him. He loved his sculpture, and I consider it one of my best pieces."

Frances crafted several bronze busts of the duke, and one can be seen at Buckingham Palace alongside a likeness of the Queen, who sat for her in 2007. "That was the tops – my ultimate dream," she says, beaming. "But my hands were shaking. Can you imagine having to measure Her Majesty's head with calipers? It felt surreal!

"What struck me was how beautifully she walked," she says. "Her skin was a wonderful colour, and her eyes were bright and alert.

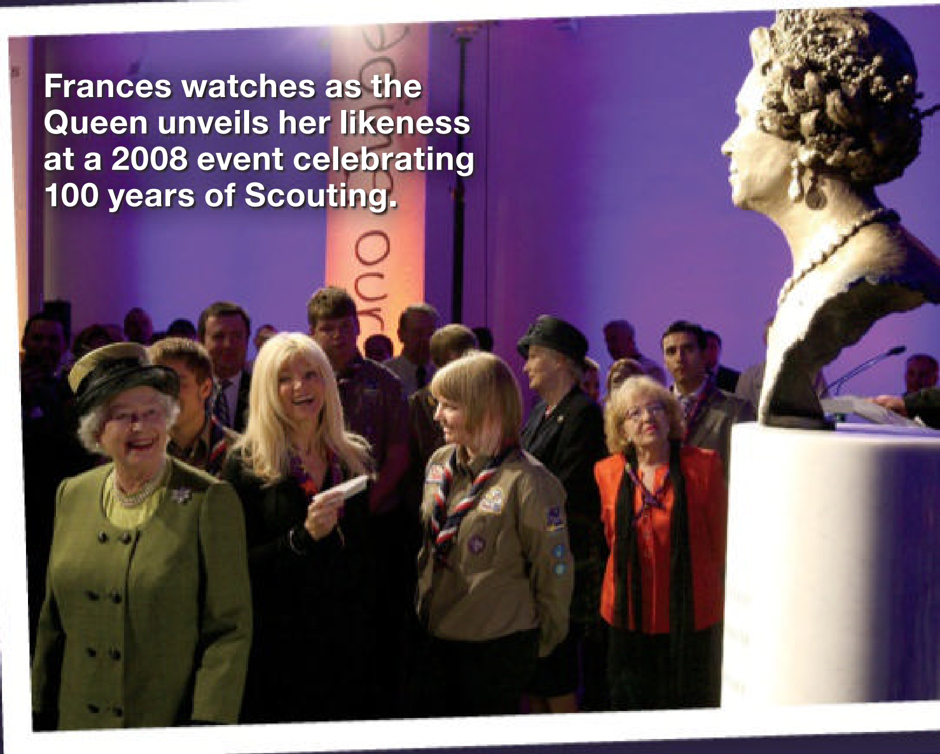
"Before the sitting, I met her senior dresser, Angela Kelly, to select a tiara and jewelry, which was all amazing and laid out on a table. I chose the Queen Mary's Girls of Great Britain and Ireland tiara because it's dainty but dazzling. To capture the sparkle of the diamonds, I used silver glitter nail varnish because it shines."

SAFETY RULES

The Queen sat for Frances three times in the Yellow Drawing Room at the palace, which overlooks the Queen Victoria Memorial – a view that caused Her Majesty some concern.

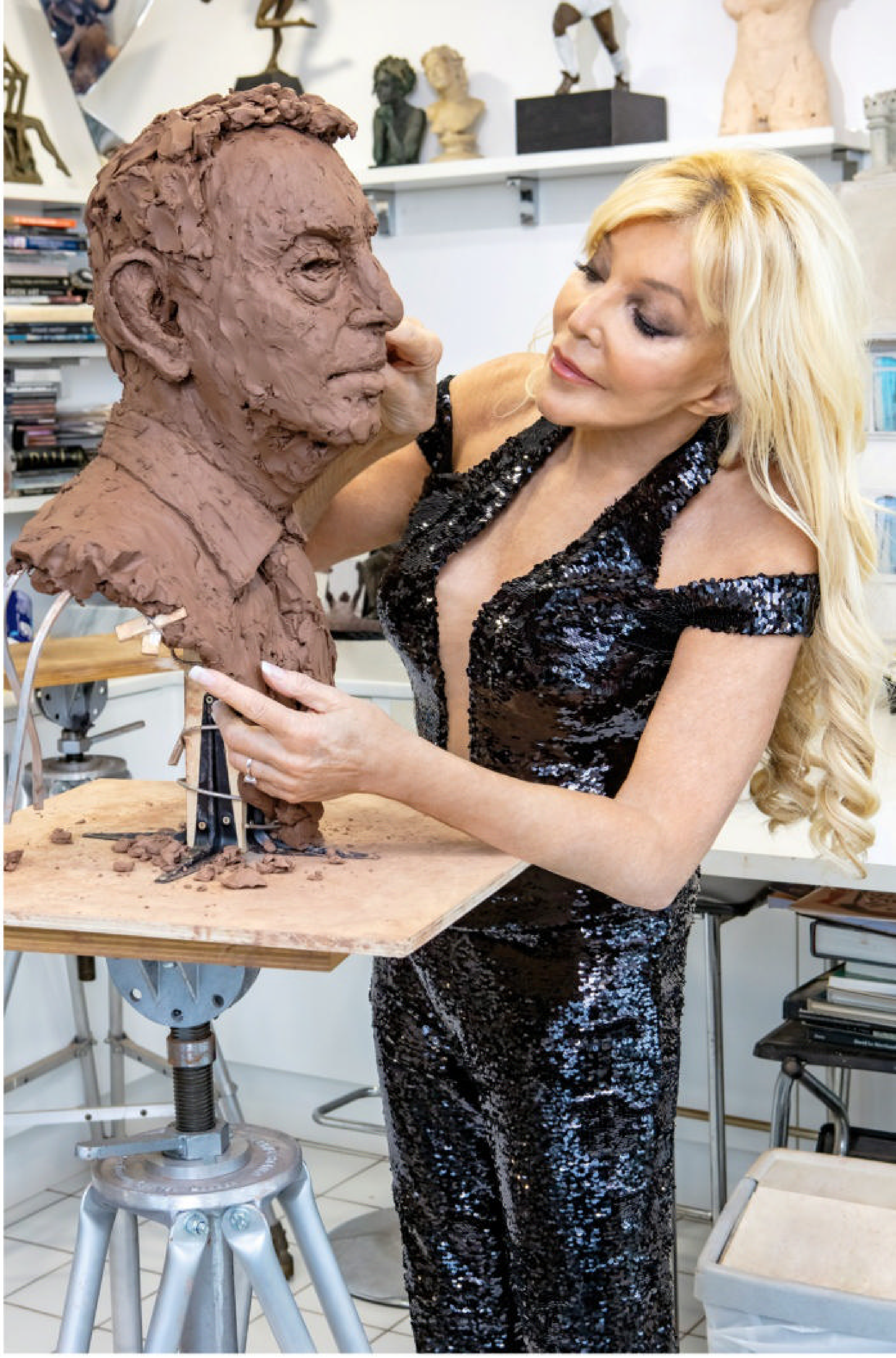
"She was worried about the safety of the tourists," says Frances. "From where she was sitting, she could see that they were crossing the road to look at Buckingham Palace but weren't taking much notice of the cars.

Left, from top: Sculptures of the Queen, King Charles and Prince Philip take pride of place. In Frances's studio (above) are busts of (front row, from L) racehorse owner Raymond Tooth, politician Baron Blunkett and former U.K. prime minister Boris Johnson, as well as (back row, from L) actor Vinnie Jones, soccer great Terry Venables, author Sir Ronald Harwood, former U.K. prime minister Tony Blair's wife, Cherie, musical theatre superstar Elaine Page, TV actor Sir Nigel Hawthorne and philanthropist Joan Brander.



Frances watches as the Queen unveils her likeness at a 2008 event celebrating 100 years of Scouting.

BELOW: DOMINIC LIPINSKI/GETTY IMAGES



'What's happening out there? They're not watching,' she said."

Although royal etiquette meant that Frances couldn't directly ask the Queen for her opinion of the completed bust, she subtly requested if she would like to make her hair shorter.

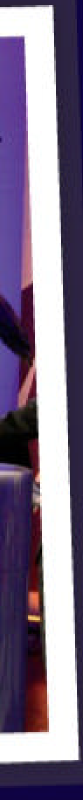
"Yes, a little," she replied, "but don't fiddle with it when you get it back [to the studio]."

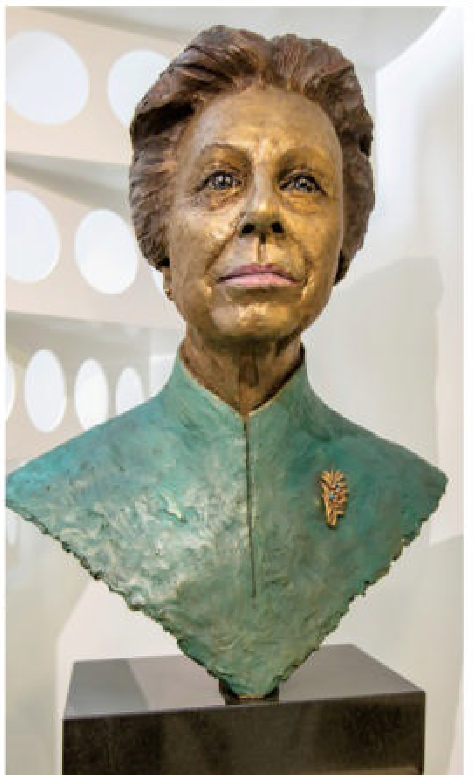
"I knew then that she was happy with it," says Frances, who took the opportunity to show Her Majesty a photo of the bust she'd made of Prince Philip, which was on display in the palace.

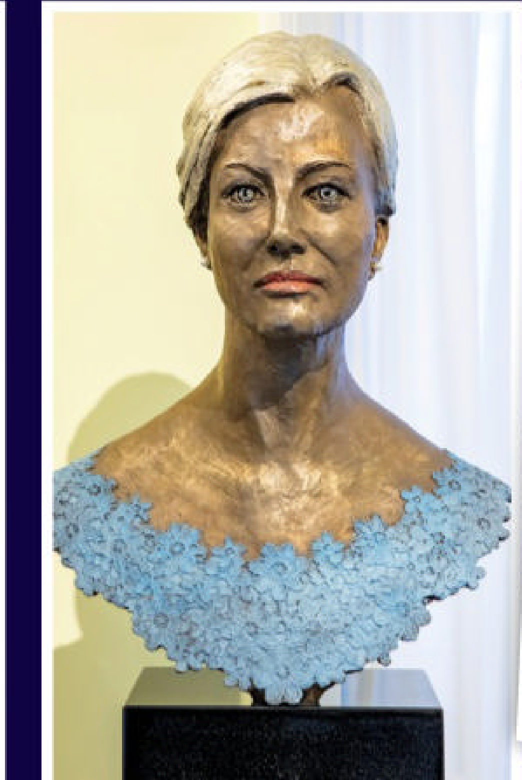
"She looked surprised and said, 'Oh my gosh, I haven't seen it. I'm going to look for it,'" the sculptor recalls. "I made different versions of the Queen, and when she knew that one would be placed next to Philip, who was sculpted wearing a shirt and tie, she said that she preferred to not be wearing a tiara next to him. I thought that was amazing." ▶

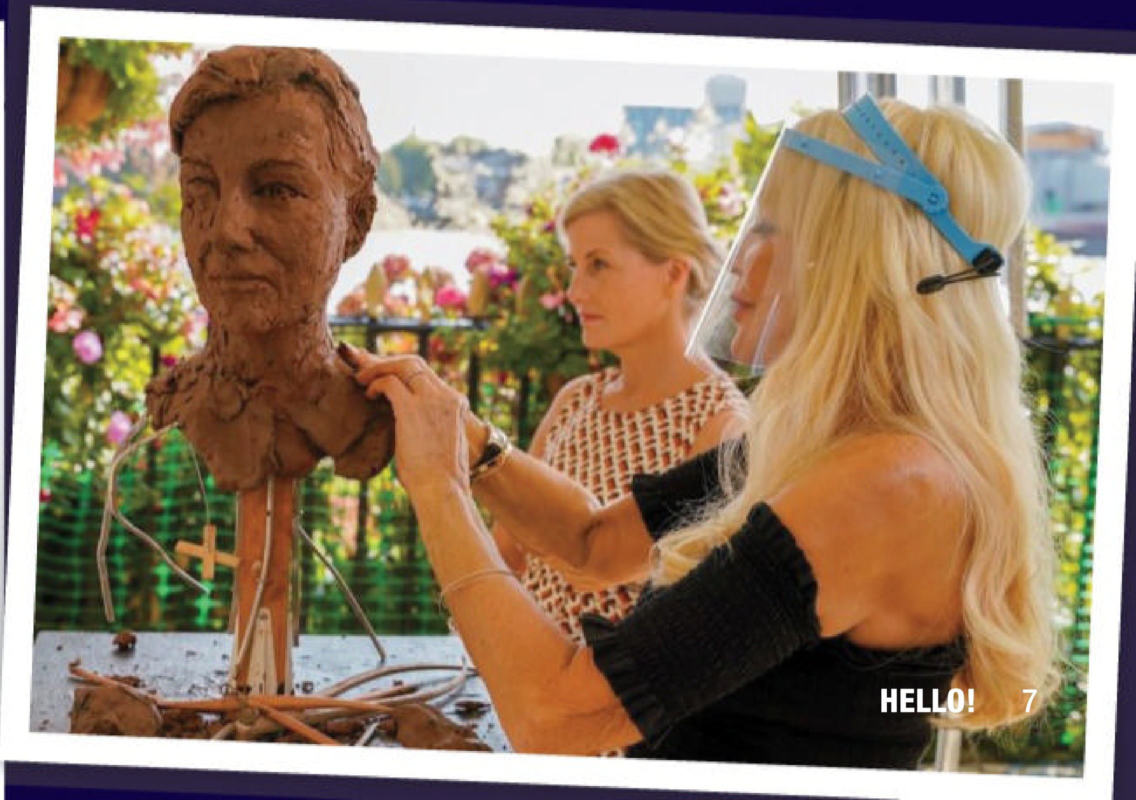
BOTTOM RIGHT: INSTAGRAM

Lady Petchey works on busts of the Countess of Wessex (below and below middle) and former U.K. home secretary David Blunkett (above); both are tactile pieces designed for blind and partially sighted people. She has also sculpted the Princess Royal (below left).









'Camilla loved my sculpture and told me it was the best bust of the Queen she'd ever seen'

The 'royal sculptor' relaxes on a polished steel throne (also pictured right) that she designed herself.

Frances recently sculpted the conductor Sir Simon Rattle (on the mantelpiece) and donated the bust to the charity Help Musicians.

The bust of Her Majesty created for the children's charity Barnardo's was unveiled by then-Duchess of Cornwall, Camilla, who became patron of the charity in 2016. "She loved it and told me it was the best bust of the Queen she'd ever seen," says Frances.

Another sculpture of the Queen resides in the Garrison Chapel at Chelsea Barracks alongside likenesses of the Duke of Edinburgh and the King, created when he was the Prince of Wales.

Frances sculpted then-Prince Charles for the Prince's Trust in 2013 in the Orchard Room at Highgrove House, his home in Gloucestershire, but recalls how disaster struck on the day she was due to meet him.

"It was raining, and the moisture in the air caused the clay foundation I'd made in advance to collapse in the back of my car," she recalls. "So I bought rubber gloves and asked the

King Charles was 'delightful. He came across as sensitive, caring and gentle'

prince's equerry if I could arrive early to put it back together before the sitting was due to take place. I didn't tell Charles what had happened, but he was absolutely delightful. He came across as sensitive, caring and gentle. He talked about how he was most concerned about the world and its people, the food we eat and the environment.

"He sat for me four times, and I took lots of photos so that I could work on the bust in my studio in London," she says. "When I showed him one of him in a suit and tie, he said, 'I love the way you've done the face,' and asked if I would also sculpt him in his ceremonial uniform of the Welsh Guards. That was a first for me. I was invited to view the uniform at St. James's Palace, and one was brought to my home."

On a royal roll, Frances has also created busts of the Princess Royal and Sophie, Countess of Wessex, who both sat for her at her London home.

NO TIARA FOR ANNE

"Princess Anne was being filmed for a documentary to mark her 70th birthday," she says. "She's a strong, matter-of-fact woman and not at all vain. I tried to persuade her to wear a tiara, but she refused as she thought it would take too long. She was coming from one event and going off to another; her life is about duty, with no complaining and just getting on with it.

"I sculpted the countess during the pandemic for Vision ▶

‘Princess Anne is a strong, matter-of-fact woman and not at all vain. The Countess of Wessex was so relaxed and natural’

Visitors to the Petcheys’ historic four-storey Georgian home are welcomed into a magnificent marble-lined hallway brimming with the artist’s work.

Dinner dates: Guests in Frances’s dining room eat alongside (from left) Princess Anne, Boris Johnson and then-Prince Charles.

Foundation, of which she’s patron,” says Frances, who is vice-president of the charity. “She was so relaxed and natural. We had to sit outside, and I wore a visor, which kept steaming up in the heat.”

Given her royal credentials, Frances is now looking forward to working with the Queen Consort. “I’m sculpting her, too, and very excited about it,” she tells us. “I’ve met her many times and I really like her. She’s warm and easy to talk to.”

Among the 200 stars that Frances has sculpted are Dame Joan Collins and Dame Joanna Lumley. “Joan’s a prima donna with amazing bone structure, and I love her,” she says of the *Dynasty* actress, who posed for Frances for a cancer charity.

A small bust of *Absolutely Fabulous* star Joanna is showcased on the mantelpiece in the sculptor’s sumptuously furnished living room alongside conductor Sir Simon Rattle, while sculptures such as the “bad boy” of ballet Sergei Polunin and a polished steel throne, designed by Frances herself, are also eye-catching features.

However, she recalls how the bust of Joanna, speed-sculpted at an event at

the Tower of London, later collapsed in her studio. "I was devastated," she says. "Joanna offered to sit for me again, but I managed to recreate it from photos."

BURSTING WITH ART

The living room is bursting with art – including a bust of Sir Francis Drake that's part of a collection commissioned by Harrods for its Egyptian Room in 1993 – and the walls in the hallway are filled with paintings and sketches, some created by Frances's artist daughter, Victoria. In contrast, her serene, all-white bedroom is the only minimalist room in the house.

"It's the place where I can truly relax," says Frances of her light-reflecting retreat, which features shimmering chandeliers and silver furniture. "There's no artwork to distract me, and I'll never get enough of the fabulous view of the river, even if I lived here for 100 years."

The basement studio, where she works, is reached via a spiral staircase and flooded with natural light. Among the busts are those of Holocaust survivors – she has sculpted 15 so far – and Frances tells us how she is moved by their harrowing stories. "I'd like ▶

'My husband Jack has taught me so much. His ethos is to keep busy and help people'

'My bedroom is the place where I can truly relax. There's no artwork to distract me'

Lady Petchey's bedroom boasts panoramic views of the River Thames. Her bathroom (right), complete with fireplace and wood panelling, is another fine place to relax.

to record their voices so that people can hear them as they look at their faces," she says.

Despite having no formal training, Frances was destined to find fame as an artist. "At school, art was the only subject I liked," she says. "I was always sketching people's faces and, on holidays, making sculptures in the sand."

She was 13 when she drew the front of an ancient Greek building – a stunning work of art that now adorns the wall of her sweeping staircase. "I felt as if I was sculpting because it looked three-dimensional," she says. Her inspiration came from Michelangelo and Leonardo da Vinci, as well as 19th-century French sculptor Auguste Rodin.

In her 20s, the mother of two (now a grandmother of four) attended classes on how to create an armature – the metal framework required to mould clay. "Sculpting became an obsession," says Frances, who went on to make busts of a spectrum of local luminaries, including former prime minister Boris Johnson.

'I'll never get enough of the fabulous view of the river, even if I lived here for 100 years'

The artist remains busy, with a new exhibition coming up in April and plans to paint the King in the style of Andy Warhol to mark the coronation in May.

On display in the grand hallway is a bust of her smiling husband, Sir Jack, whom she met in 1994 and married in 2016. The 97-year-old entrepreneur worked his way up from poverty before setting up the Jack Petchey Foundation in 1999, investing more than $165 million to support young people, and in 2016 he received a knighthood for his services to charity. "Jack has taught me so much. His ethos is to keep busy and help people," says Frances, who supports the mental health charity Mind and its work to help women suffering from trauma.

With the King's upcoming coronation weekend (May 6 to 8) in mind, Frances is staging *The Crown* – a free month-long exhibition from April 27 at the Grove Gallery in London. "I'll be painting HRH in an Andy Warhol-esque style, and these pieces will be for sale," she says. "I also plan to sculpt someone live – and would love that to be Stormzy. I'm a huge fan of his music.

"I'd also like Olivia Colman, who played the Queen in *The Crown*, to sit for me one day," she adds. "But of all my experiences so far, the highlight was sculpting the actual Queen. Nothing has topped that yet."

INTERVIEW: SALLY MORGAN
PHOTOS: TREVOR LEIGHTON

STYLING: ARABELLA BOYCE
HAIR & MAKEUP: ALICE THEOBALD AT ARLINGTON ARTISTS USING MORGAN'S POMADE HAIRCARE, RHUG WILD BEAUTY, EYLURE LASHES & DELILAH COSMETICS

'My parents are here tonight to celebrate. My beautiful children are here to see me perform'

Return to form! Beyoncé wears gold Dolce & Gabbana for a red-carpet arrival at Atlantis The Royal and hits the stage in a red corset bodysuit with matching train from Lebanese designer Nicolas Jebran (top) and a yellow gown with wings from Dubai-based Atelier Zuhra (above right, with Blue Ivy).

WITH DAUGHTER BLUE IVY BY HER SIDE

BEYONCE

RULES THE STAGE FOR THE FIRST TIME IN FOUR YEARS

The eyes of the world were on Beyoncé as she returned to the stage at a star-studded concert in Dubai as part of an extravagant reveal of the new ultra-luxury resort Atlantis The Royal.

There to witness the pop superstar's first concert since 2018 was a bevy of celebrities, including Kendall Jenner, Rebel Wilson, Ellen Pompeo, Letitia Wright and twin sisters Lady Amelia and Lady Eliza Spencer – cousins of the Prince of Wales.

HERE AT LAST

Rising up to the stage in a canary-yellow gown adorned with feathered angel wings, with anticipation in the 1,500-strong crowd reaching a fever pitch, Queen Bey opened her 60-minute set with Etta James's song "At Last."

"There's a utopia of people from all over the world on this stage, and we are so honoured to be here to celebrate this night with you," the singer, 41, said as she reeled off some of her back catalogue, joined by an all-female orchestra and all-female Lebanese dance troupe.

VIPs at the invite-only event included Princess Diana's twin nieces, Lady Amelia and Lady Eliza Spencer, as well as model Kendall Jenner in a Victoria Beckham design and actress Rebel Wilson rocking green Valentino. 'What a weekend with Bey,' the *Pitch Perfect* star posted after the concert.

She made it a real family affair, telling the crowd, "My parents are here tonight to celebrate [and] my beautiful children are here to see me perform, and my beautiful husband," before inviting her daughter Blue Ivy onto the stage.

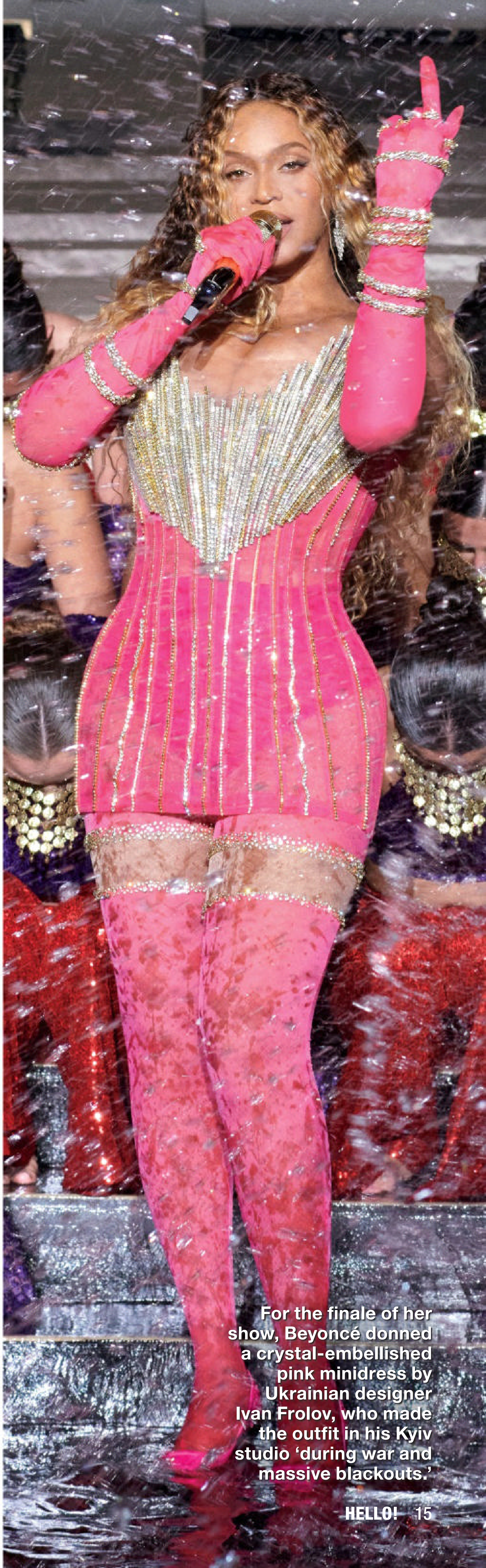
The 11-year-old's surprise appearance marked her first live stage performance, and the visibly nervous youngster was supported every step of the way by her protective mom, who held her hand throughout the Grammy-winning track "Brown Skin Girl."

ROCK OF THE BEY

Celebrities were on a high after witnessing the exhilarating show, which finished off with a spectacular 360-degree fireworks display and an after-party that saw Beyoncé partying until 8 a.m. the next morning. "Atlantis The Royal is BEYond!" wrote actress Rebel, who attended the concert with her partner, Ramona Agruma. "What a weekend with Bey!"

While the reviews were glowing, some fans were disappointed in Beyoncé's decision to perform in the United Arab Emirates considering its anti-LGBTQ+ policies. The star has yet to respond, but her father and former manager, Mathew Knowles, defended his daughter, saying that she has "always stood for inclusiveness," adding that this show brought people together and "united a really diverse crowd." H

REPORT: EMILY HORAN



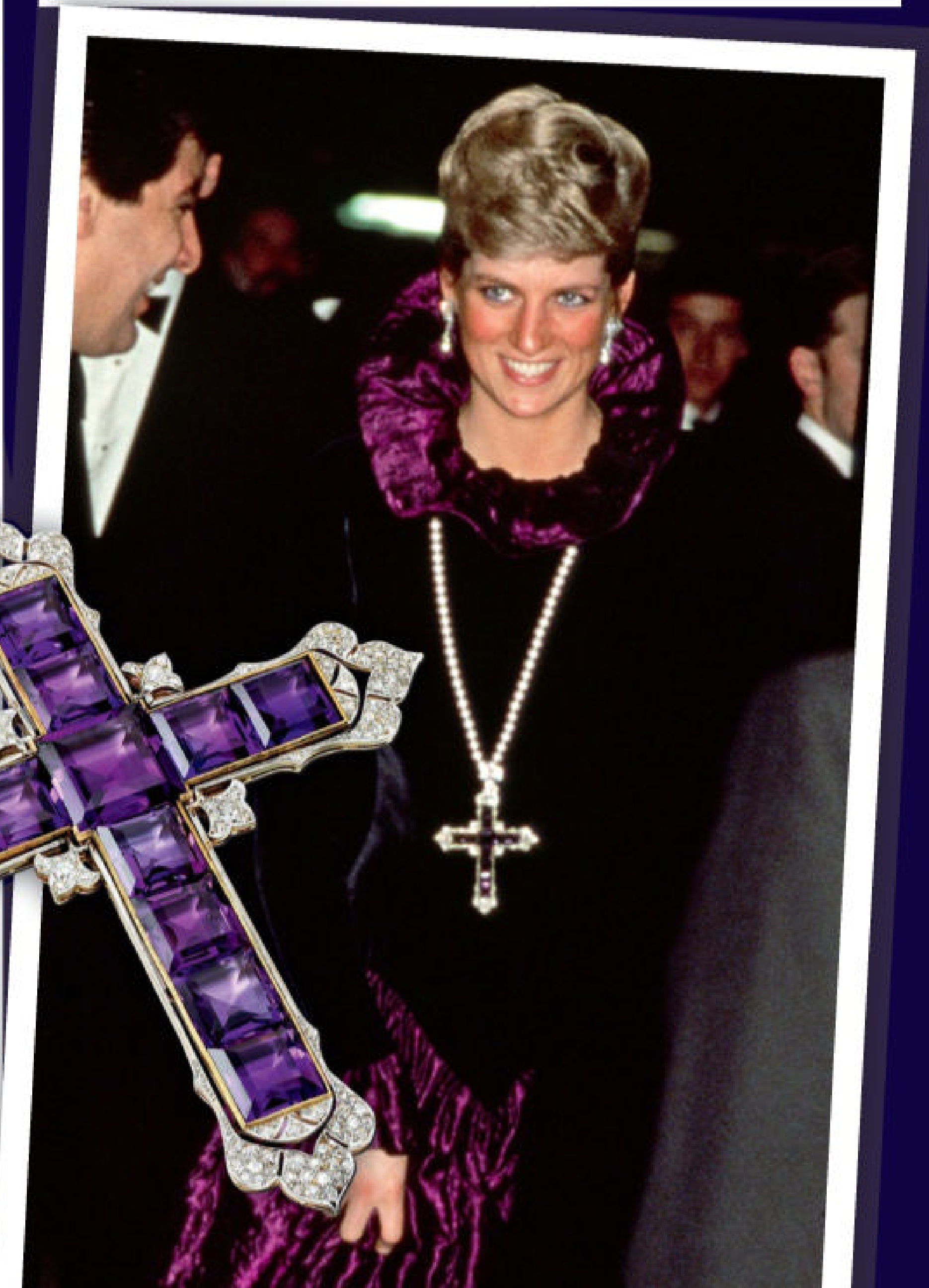
For the finale of her show, Beyoncé donned a crystal-embellished pink minidress by Ukrainian designer Ivan Frolov, who made the outfit in his Kyiv studio 'during war and massive blackouts.'

CLOCKWISE FROM TOP LEFT: MASON POOLE/PARKWOOD MEDIA/GETTY IMAGES; KEVIN MAZUR/GETTY IMAGES; JEFF SPICER/GETTY IMAGES; KEVIN MAZUR/GETTY IMAGES; MASON POOLE/PARKWOOD MEDIA/GETTY IMAGES; JEFF SPICER/GETTY IMAGES; MASON POOLE/PARKWOOD MEDIA/GETTY IMAGES

AND DIANA'S NECKLACE GOES TO…

KIM KARDASHIAN

THE REALITY STAR ADDS A ROYAL JEWEL TO HER COLLECTION



The Attallah Cross had only ever been worn by the former Princess of Wales before it was sold. In 1987 Diana paired the pendant, which hangs on a long string of pearls, with an Elizabethan-inspired velvet dress by Catherine Walker (right).

As a modern-day cultural icon, Kim Kardashian appreciates the value of fashion history. After all, this is the woman who stole the show at New York's Met Gala last year by donning one of Marilyn Monroe's most famous dresses.

Now, the 42-year-old reality-TV star and mom of four has added to her priceless collection of jewelry – which includes pieces once owned by Dame Elizabeth Taylor – by splashing out on a bejewelled gold-and-silver cross once worn by Princess Diana.

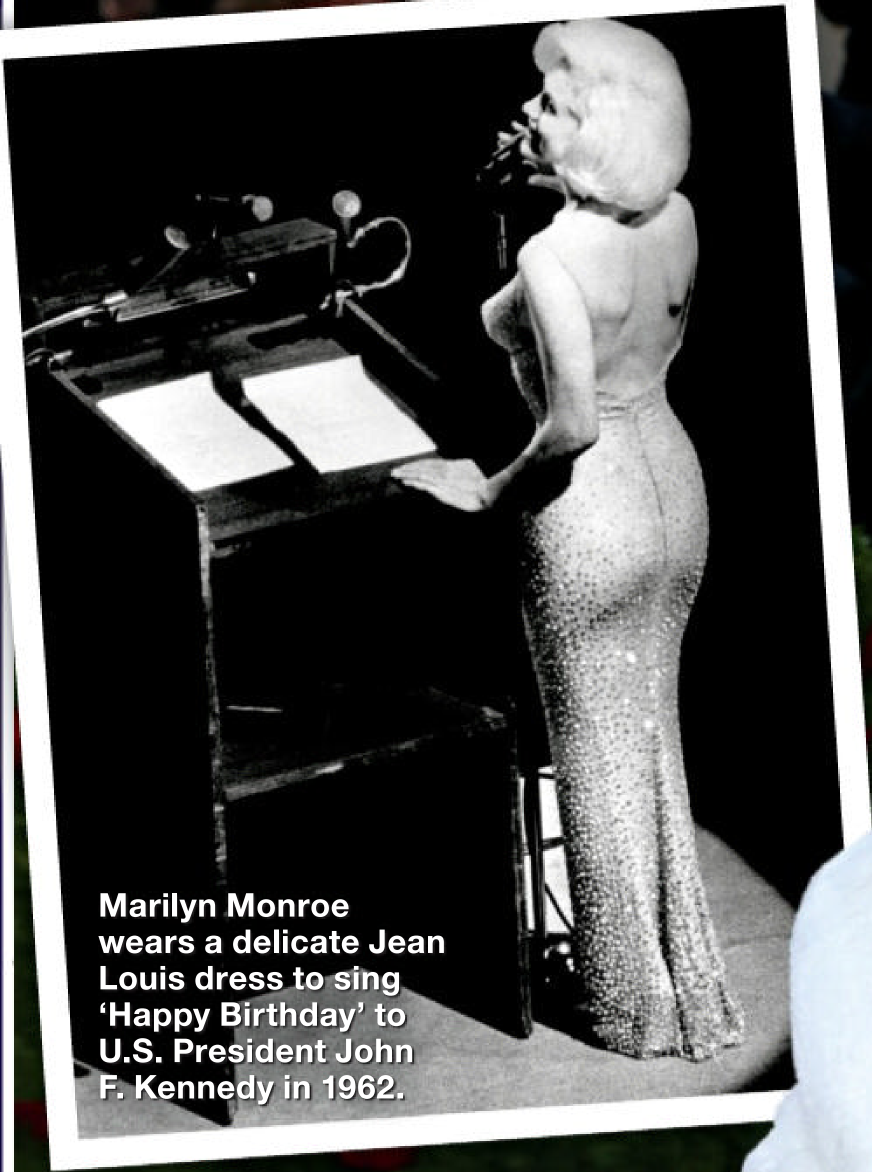
Kim wanted the iconic piece so badly that she paid a reported $260,000 – double the item's pre-sale estimate – to ensure that she took it home.

A PIECE OF MODERN HISTORY

Manufactured in the 1920s by the Royal Family's go-to jeweller, Garrard, the crucifix is set with square-cut amethysts and 5.25 carats' worth of circular-cut diamonds. It was purchased in the 1980s by Naim Attallah, former group chief executive of Asprey & Garrard, who occasionally loaned it to his close friend the Princess of Wales. Its most famous outing was in 1987, when Diana wore it with a matching purple and black velvet Catherine Walker dress at a charity gala in 1987.

"Princess Diana and my father were friends," explained his son, Ramsay Attallah. "She often came to

CLOCKWISE FROM LEFT: ANTONY JONES/GETTY IMAGES; BETTMANN/GETTY IMAGES; GOTHAM/GETTY IMAGES; KEYSTONE/GETTY IMAGES; NO CREDIT; TIM GRAHAM/GETTY IMAGES; SOTHEBYS



Marilyn Monroe wears a delicate Jean Louis dress to sing 'Happy Birthday' to U.S. President John F. Kennedy in 1962.

'I understand how much Marilyn Monroe's dress means to American history'

see him at the historic Garrard store on Regent Street, where his office was, and she would ask to borrow the pendant on several occasions – she really loved the piece."

According to Sotheby's, the Attallah Cross, as it became known, was only ever worn by Diana and has not been seen in public for decades.

KIM'S TREASURE TROVE

This isn't the first time Kim has acquired jewels worn by fashion icons. In 2011, she paid nearly $87,000 at auction for a set of three gold-and-jade bangles by Lorraine Schwartz that were once owned by Dame Elizabeth. And her interest in past style icons doesn't just extend to jewelry. Last May, Kim donned the rhinestone-encrusted Jean Louis dress that film icon Marilyn wore to sing "Happy Birthday" to U.S. President John F. Kennedy in 1962.

The dress was bought by Ripley's Believe It or Not! for $6.4 million in 2016, and Kim lost 16 pounds to fit into it for the star-studded gala.

"I understand how much this dress means to American history," she said at the time. "With the theme being American, I thought, 'What's more American than Marilyn Monroe singing "Happy Birthday" to the President of the United States?'"

While some questioned Kim's choice and feared she might damage the dress, she actually changed into a replica once she was off the red carpet.

REPORT: LAURA BENJAMIN

Kim caused a stir by wearing Marilyn's dress on the red carpet at the Met Gala in 2022.

Gold-and-jade bangles (below), worn by Dame Elizabeth Taylor, are also in Kim's collection.

HOLLYWOOD ROYAL

DAME HELEN MIRREN

ON HER MEETINGS WITH THE QUEEN – AND HOW SHE'S BRINGING AMERICAN HISTORY TO LIFE WITH HARRISON FORD

Dame Helen Mirren gives new meaning to the phrase "boyfriend shirt." The 77-year-old star of stage and screen recently admitted she's an amateur tailor who's tried her hand at making men's shirts. "All my boyfriends had to have a shirt made by me," she told *AARP* magazine, singling out former beaus Peter O'Toole and Liam Neeson, as well as her husband, director Taylor Hackford, 78, as lucky recipients. "I've always loved clothes."

A true force of nature, the British icon loves surprising her fans with these kinds of tidbits about her life – whether it's the fact that she takes her daily 12-minute workout routine from the Royal Canadian Air Force or that, when it comes to marriage, her mind turns to root vegetables. "I have nothing against marriage; it just wasn't to my taste, like turnips," she once said about waiting until the age of 52 to tie the knot. "It took me a very long time to come around to acquiring the taste. I just had to meet the right turnip."

Onscreen, though, Helen has always embraced matrimony, especially when paired with Harrison Ford, 80. The two stars first played husband and wife in the 1986 film *The Mosquito Coast*. And now, they're a Mr. and Mrs. again in the TV western series *1923* – a prequel to the megahit *Yellowstone* – portraying Montana ranchers Jacob and Cara Dutton during a turbulent time in American history.

While Helen and Harrison's chemistry came flooding back, a few things had changed in the four decades since they worked together. "I think we're both a bit more achy," she told the *Hollywood Reporter* with a laugh. "We loved working together then, but we were very different. He was a huge movie star and I was, sort of, comparatively unknown. There was a big difference in our status. I've caught up a little bit, luckily."

Here, Helen, who won an Oscar for her starring role in *The Queen*, recalls her childhood in Southend-on-Sea, what inspired her to become an actress and the time she ended up sitting "between the Duke of Edinburgh and a sheik."

What drew you to the world of *Yellowstone* and the Duttons? We get an insight into American history through the eyes of the Dutton family and how America became America over several hours of television, not just a two-hour movie. I see it as an American version of a Russian saga, like *War and Peace.*

What do you appreciate about your character, Cara? She has a very even keel. She has to in order to live and work in that inhospitable climate, with the violence and spontaneous nature of the environment, which is a huge challenge. But we see how she is forced to take control of the situation. Plus, there's the warmth she shares with her husband, Jacob.

What did it feel like to be back onscreen with Harrison? Chemistry is a unique and strange thing, but we have it! And we love working together, probably because we approach the work similarly. We arrive prepared, put all our energy into what we must do and perform to the best of our abilities – that's what being professional is all about.

What led you into acting? Were there other performers in your family? My family was not in the entertainment business or even the theatre. We weren't well off, but they took me, at about age five, to see these variety shows – with dancers, puppets, comedians – on the end of this long pier in Southend-on-Sea, where we lived. And I found myself transported by the magic of what was happening. And at around age 14, my dear mum took me to a very amateurish production of *Hamlet*, but the story and characters transfixed me. It was like a thriller, as I didn't know what would happen, that Ophelia goes mad and that Hamlet ends up dying.

So it was a "bad" *Hamlet* that sealed your fate. I hadn't read any Shakespeare. But when we got home, I devoured this massive book of his plays and I found these amazing characters who came to life off those pages, and that led me to want to become an actress.

Like Shakespeare, your work often involves portrayals of the Royal Family, including both Queen Elizabeths. What is it like to play your country's monarch? It's a complex relationship that the British people have with the monarchy. There's great love and respect, but they also want to tear them down. So if you step into the role of playing part of the monarchy, then you're placing your head above the parapet.

Tell us about the first time you met the real Queen Elizabeth. I had very briefly met her at a big tea party with 300 people or so before I even did *The Queen*. She came across calm and disciplined, but I detected a twinkly thing going on underneath. And if you looked closely, you sometimes saw her fingers tapping, counterbalancing the calm exterior.

Were you invited to any other gatherings? She kindly invited me to a small high tea [after the film came out], which I feel was a sign of her approval. It was a high horsey thing, and I know nothing about horses. I sat between the Duke of Edinburgh and a sheik. Because the duke had been somewhat poorly treated in the movie, I was petrified he was going to mention it. It was tea and sandwiches, but the milk was far from me and across from the duke. I don't really recall what anyone said, as all I was focused on was, how do I get the milk for my tea? Is it all right to ask His Highness to pass the milk?

What's the best thing about playing famous people? The brilliant thing about playing real characters is that there is a backstory there. But the downside is, you'll never be as good as they are at being them.

INTERVIEW: ASHLEY JUDE COLLIE

CLOCKWISE FROM MAIN: STEFANIE KEENAN/GETTY IMAGES FOR L'OREAL PARIS; JAMES MINCHIN III/PARAMOUNT+; DOMINIC LIPINSKI/GETTY IMAGES; AXELLE/BAUER-GRIFFIN/GETTY IMAGES

'The British people have a complex relationship with the monarchy'

Sensational in her 70s, Helen is happily married (opposite, with husband Taylor Hackford) and a reigning queen of the silver screen (right, greeting the monarch in 2011). Now, she's ruling the American frontier alongside Harrison Ford in the TV series *1923* (far right), which is currently streaming on Paramount+.

A FAREWELL AT GRACELAND
LISA MARIE PRESLEY
MOM PRISCILLA AND SARAH, DUCHESS OF YORK PAY TOUCHING TRIBUTE

It was an emotional day in Memphis, Tenn., as friends and family of Lisa Marie Presley came together to say their final goodbyes.

The late singer-songwriter, who died of cardiac arrest on Jan. 12 at age 54, was remembered 10 days later at a poignant memorial held on the grounds of Graceland, the former estate of her beloved father, music icon Elvis Presley.

Standing before the gathering of mourners – including Lisa Marie's daughters, actress Riley Keough, 33, and 14-year-old twins Finley and Harper, and mother, Priscilla Presley – Sarah Ferguson, the Duchess of York, was one of the first to speak at the service.

"I stand here with great honour because we called each other 'sissy,'" she said, reflecting on their close bond and going on to quote her late mother-in-law, the Queen. "[She] used to say that nothing [that] can be said can begin to take away the anguish and the pain of these moments, because grief is the price we pay for love. And how right she was."

'MAMA WAS MY ICON'

Despite Lisa Marie's own wishes – her friend, producer Joel Weinshanker, said she had requested one thing: "Don't make it sad" – there were tears, especially as Priscilla, 77, gave a reading of words penned by one of her granddaughters. "I have no idea how to put my mother into words, truth is there are too many," read the passage. "But Mama was my icon, my role model, my superhero in much more ways than one."

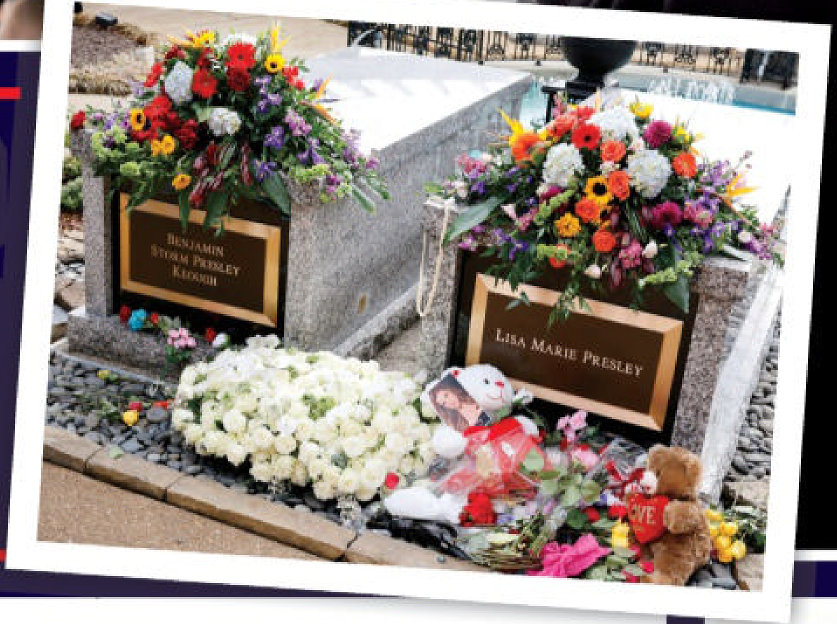
She went on to read a poem by her grandchild that ended with a reference to Lisa Marie's "survivor's guilt" (her son, Benjamin, died from suicide in 2020). "A broken heart was the doing

Friends and family of Lisa Marie united for a memorial service at Graceland, where she was laid to rest near her late father, King of Rock 'n' Roll Elvis Presley (together, right, when she was a child).

CLOCKWISE FROM LEFT: JEFFREY MAYER/GETTY IMAGES; JOHN AMIS/THE CANADIAN PRESS; JASON KEMPIN/GETTY IMAGES (5); LISA MARIE PRESLEY/INSTAGRAM

Priscilla Presley and Sarah Ferguson (below) take the podium to deliver touching tributes. Left: Following the ceremony, Lisa Marie was laid to rest next to her son, Benjamin.

> **'Thank you for giving me strength…I'm a product of your heart'**
>
> ***– LISA MARIE'S DAUGHTER RILEY KEOUGH***



of her death," it read, in part. "Now, she is home where she always belonged."

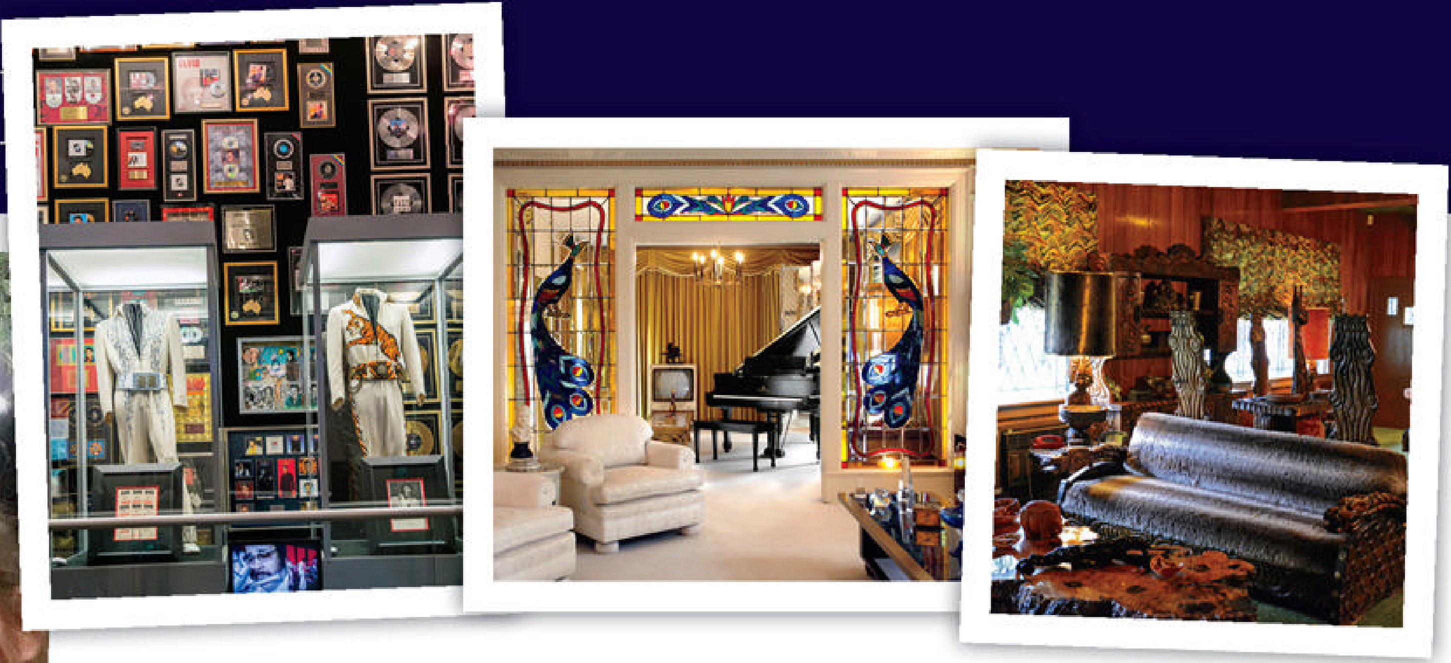
Riley reflected on her mom in a speech delivered by her husband, Ben Smith-Petersen. "Thank you for giving me strength, my heart, my empathy, my courage," she wrote. "I'm a product of your heart."

Open to the public and live-streamed on YouTube, the occasion featured musical tributes as well, thanks to famous friends such as the Smashing Pumpkins star Billy Corgan and Canada's own Alanis Morissette.

Guns N' Roses frontman Axl Rose, meanwhile, also took the stage near the end of the service, taking a moment before his performance to speak from the heart. "We are gathered here today to… celebrate the life of a friend, a loved one, a beautiful soul," he said, echoing what so many mourners were feeling. "Lisa is loved and missed by many and will continue to be loved and missed by all those whose lives she touched." H

REPORT: SARAH TRUMBLEY

The singer's life was celebrated with emotional performances. From left: Billy Corgan delivers a rendition of the Smashing Pumpkins' 'To Sheila' and Axl Rose sings 'November Rain.' Middle top: Alanis Morissette performs her song 'Rest.'



LISA MARIE PRESLEY
KEEPING GRACELAND IN THE FAMILY

Lisa Marie Presley was only nine years old when she inherited Graceland from her father, Elvis, who passed away in 1977. Now, following her tragic death last month, the Memphis, Tenn., mansion and 14-acre estate will be passed down to Lisa Marie's three surviving daughters, Riley Keough, 33, and 14-year-old twins Harper and Finley Lockwood (left, together).

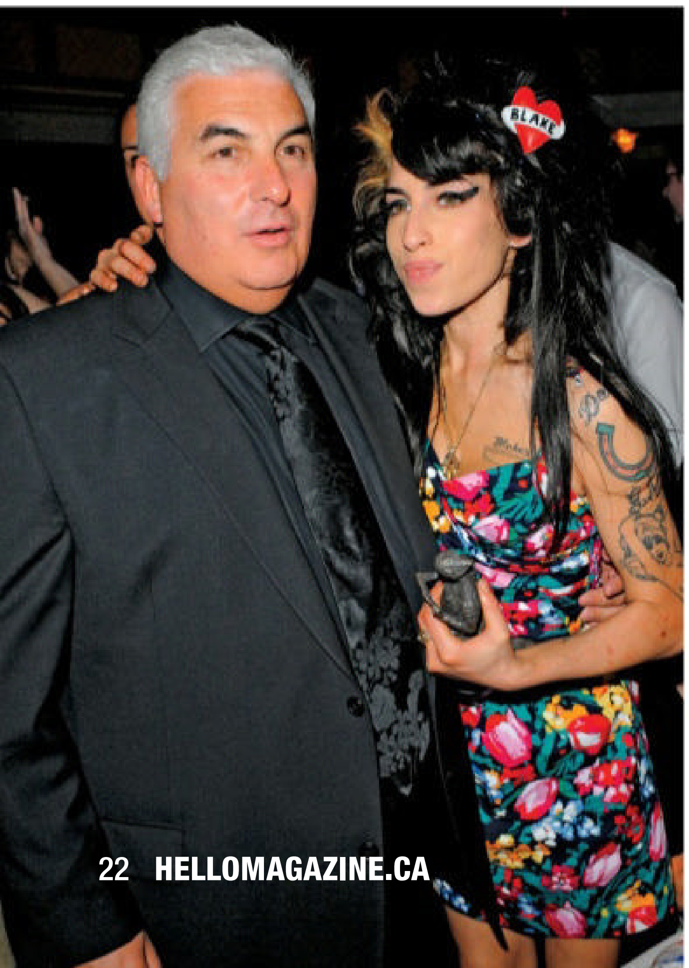
The property will hold poignant memories for the girls, as it's where their mother has been laid to rest, as well as their late brother, Benjamin (who died in 2020), and their famous grandfather.

Purchased by the King of Rock 'n' Roll in 1957 for just over US$100,000, the iconic home has been open to the public as a museum since 1982, with visitors offered tours in certain areas of the house, including (top, from left) the Trophy Building, the living room and Elvis's tropical man cave, the Jungle Room. The upper level of the house, however, where both Elvis's and Lisa Marie's bedrooms were located, has always remained off limits.

"It's a special place," Lisa Marie said of Graceland in a 2017 interview with *Variety*, adding that she used to visit her old childhood bedroom whenever she needed a "breather."

"Sometimes I'd just go there and go upstairs and stay there for, like, three days and not come down… I'd lock the door and I was completely safe. [It's] a feeling that I could never get anywhere else."

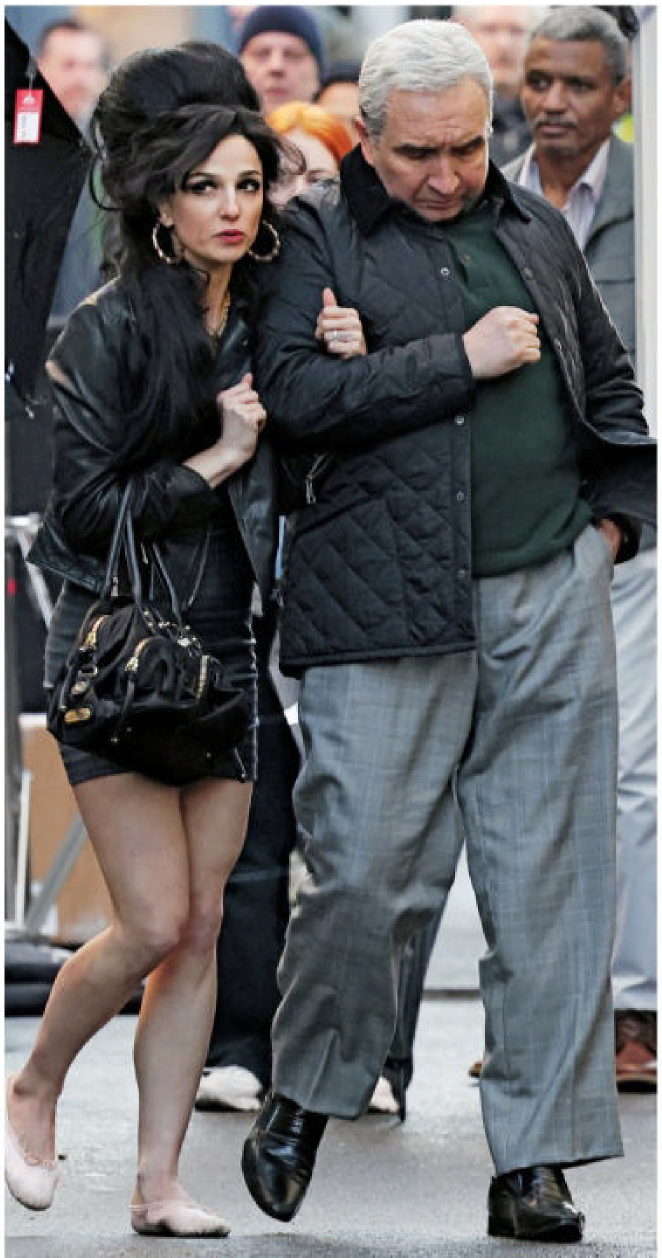
AMY WINEHOUSE
NEW FILM ABOUT THE 'REHAB' SINGER STAYS TRUE TO HER STYLE



Twelve years after Amy Winehouse's death at age 27, a new biopic is in the works that promises to showcase the "Rehab" singer's talent and meteoric rise to fame.

Back to Black is being shot in London, with British actress Marisa Abela stepping into the Grammy winner's ballet flats. While some fans question the *Industry* star's resemblance to Amy (left, with her dad, Mitch, in 2008), photos from the set show Marisa looking the part, rocking Amy's signature beehive, black eyeliner and hoop earrings (right, with actor Eddie Marsan playing Mitch).

Directed by Sam Taylor-Johnson, who also made the John Lennon film *Nowhere Boy*, the production was approved by the singer's family, with her dad saying they're "excited" about the film. "It will be amazing for fans to relive her genius and introduce her music to a whole new generation," said Mitch, a former taxi driver. As for the casting, "[she] loved championing artists," he added, "so she would have been so excited to see what Marisa brings to the role and would be very supportive of her."



CLOCKWISE FROM TOP LEFT: LISA MARIE PRESLEY INSTAGRAM; HEMIS/ALAMY; MARTIN THOMAS/ALAMY; D GUEST SMITH/ALAMY; CLICK MEDIA/DEAN/SPLASHNEWS.COM; DAVID FISHER/SHUTTERSTOCK

GINA LOLLOBRIGIDA

FAREWELL TO A SILVER SCREEN ICON

Hollywood is mourning one of its last golden-age icons following the death of film star Gina Lollobrigida (far right, in 1954), who passed away at 95 in a clinic in Rome. Fellow Italian actress Sophia Loren, 88 (bottom, with Gina), long considered Gina's rival, said she was "deeply shaken and saddened" by the news.

Nicknamed "La Lollo," Gina was among the most sought after leading ladies in the '50s and '60s, gracing the screen with everyone from Frank Sinatra in 1959's *Never So Few* to Rock Hudson ("the most adorable person I ever worked with," she told *Vanity Fair*) in 1961's *Come September* (right).

The daughter of a furniture maker, she studied sculpture in Rome before being spotted by a talent scout and moving into acting, first in her native country and then making waves stateside. As her film career slowed in the 1970s, she embraced new passions, including photography and politics. She secured a rare photoshoot and interview with Cuban leader Fidel Castro, worked for UNICEF and stood, unsuccessfully, for the European Parliament and the Italian senate.

Her personal life was equally eventful. Pursued by many suitors, including film producer Howard Hughes, Gina first married doctor Milko Skofic in 1949 and divorced in 1971 after welcoming their son, Milko Jr. In 2006, she announced in our sister magazine *Hola!* that she was engaged to businessman Javier Rigau y Rafols, who was 34 years her junior; after much legal wrangling, that marriage was annulled.

In her later years, Gina could be found at her sprawling villa in Rome with a handsome young companion, enjoying the final chapter of a beautiful life.

CLOCKWISE FROM TOP RIGHT: ARCHIVE PHOTOS/GETTY IMAGES; PARIS HILTON INSTAGRAM; NO CREDIT; PARIS HILTON INSTAGRAM; ULLSTEIN BILD DTL./GETTY IMAGES; HENRY GRIS/FPG/GETTY IMAGES

PARIS HILTON

PARIS HILTON

HAS MOTHERHOOD WELL IN HAND

Paris Hilton is having a ball as a new mom! A day after posing at a Hilton golf tournament in Orlando, Fla., the entrepreneur and DJ announced the exciting news that she and her husband, Carter Reum, had welcomed a baby boy via surrogate. While the couple haven't released the baby's name, Paris, 41, gushed, "You are already loved beyond words," and posted an adorable photo of mom and baby holding hands, along with a blue heart emoji.

The *Simple Life* star has been open about her desire for a big family. Before marrying Carter in November 2021 – which she told *Hello!* (right) was "the best day of my life" – she admitted in her *This Is Paris* documentary, "I'm not really interested in billions anymore; I'm interested in babies."

Later, in an interview with podcast host Mara Schiavocampo, Paris said they intended to use IVF and a surrogate to make her dream of having "three or four children" a reality and praised her husband, 42, for the way he interacts with their nieces and nephews. "I know [Carter] is going to be the best dad."

YOUR EXCLUSIVE WEDDING INVITATION
HELLO! CANADA
MAGICAL 18-PAGE PHOTO ALBUM
INSIDE THE FAIRYTALE CEREMONY
PARIS HILTON & CARTER REUM
'I NEVER IMAGINED I COULD BE THIS HAPPY,' SAYS THE HEIRESS AND TV STAR
MEG RYAN
A CELEBRATION OF AMERICA'S SWEETHEART AS SHE TURNS 60
HARRY & MEGHAN
WIN HEARTS AND REVEAL ARCHIE'S
PLUS THE QUEEN'S FIRST ANNIVERSARY WITHOUT PHILIP

LEA THOMPSON AND STACEY FARBER

TWO 'NOSY REDHEADS' TEAM UP

They play a mother-and-daughter private-eye team who often get mistaken for being close in age – hence the name of Lea Thompson and Stacey Farber's new show, *The Spencer Sisters*. And the two stars – who could easily pass as siblings – joke to *Hello! Canada* that they're filling a void in the TV landscape.

"There aren't any shows with two nosy redheads," Lea, 61, says with a laugh. She plays a mystery writer turned local sleuth, while Stacey's character is a former police officer who longs to be a detective.

On location in Winnipeg, the *Back to the Future* star and *Degrassi: The Next Generation* alum formed a lasting friendship, spending much of their downtime discovering the natural beauty of Manitoba.

"Lea's a lake girl," explains Toronto-born Stacey, 35. "She would pick me up in her car and drive me out to a lake and we would hang out there. It was gorgeous!" Minnesota native Lea adds that she and Stacey also spent a lot of time eating fish in Winnipeg's restaurants. "I just love the pickerel here," says the star, who is married to director Howard Deutch and has two daughters, actresses Madelyn and Zoey. "Manitoba is a pickerel paradise!"

The pair have plenty in common besides their auburn locks, including being instantly recognized for their roles in coming-of-age classics.

"*Back to the Future* is the best part to be known for – it was such a great movie," Lea says of playing Michael J. Fox's mom in the '80s blockbuster. "None of us really expected that movie to carry on as much as it has, but I think people like to show it to their kids."

As for Stacey, she will forever be Ellie Nash to legions of *Degrassi* fans. "I spent seven of the most awkward years of my life on the show," she says of the Canadian teen-drama staple. "And I get stopped nearly every day by someone who grew up watching it. It makes me happy that I could be part of their awkward years, too."

HAILEY BIEBER

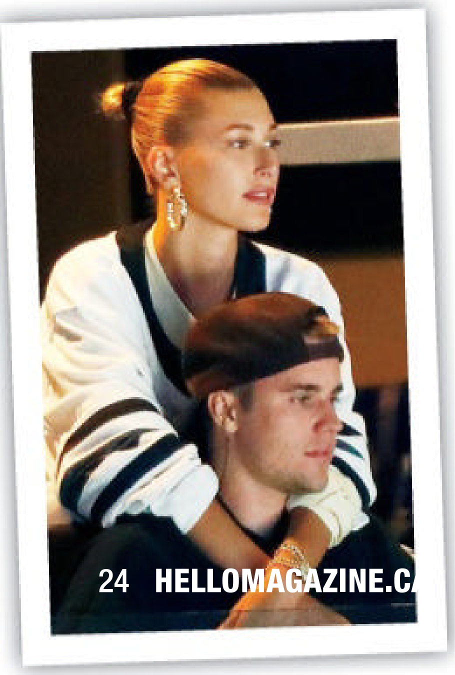
SPARKLING IN CANADA

Hailey Bieber is no stranger to Toronto, thanks to her Canadian-born superstar spouse, Justin Bieber. The pair, who married in 2018, have often been seen everywhere from coffee shops to Toronto Maple Leafs games in the city. But in January, the striking model, 26, turned heads without the "Boyfriend" singer by her side.

Along with a handful of boldface names – including an abs-baring Simu Liu (the Canadian star of *Kim's Convenience* and Marvel Cinematic Universe fame, right) – the Rhode skin-care founder attended the Tiffany & Co. Lock party, which celebrated the launch of the jewelry brand's first gender-neutral collection. "You can dress it up or down, which is why I really like it," she told *Hello!*'s sister magazine, *Fashion*, about the line.

Glamorous in Saint Laurent with glittering Lock accessories, the star opened up about another style point: her new shoulder-length bob, which she'd revealed to social media fans just days earlier.

"I was like, 'All right, I'm just gonna do it,'" Hailey told *Fashion* of the decision to cut her hair. "Because if I don't do it, I feel maybe I'll never do it!"



CLOCKWISE FROM TOP LEFT: CTV; GEORGE PIMENTEL FOR TIFFANY & CO. (2); OMAR RAWLINGS/GETTY IMAGES

JULIANNE MOORE
MAKES EYEBROW-RAISING CONFESSION

If she could turn back time, Julianne Moore would tell her younger self to put down those tweezers!

"I pretty much destroyed my eyebrows when I was a teenager and then I let them grow in and then I destroyed them again," said the Oscar winner in the latest episode of *Vogue*'s *Beauty Secrets* video series (top left) while admitting that she spent years over-plucking her brows. "And now they won't grow back. Drawing in my eyebrows is a major, major feat for me … it takes forever."

Julianne, 62, also opened up about her daily skin-care routine, which includes sunscreen and a light-coverage foundation. "I don't like a lot of coverage," she explained. "I like to be able to see the freckles in my skin."

The proud mom of son Caleb, 25, and daughter Liv, 20 (whom she shares with her husband, director Bart Freundlich, 53), was happy to share her beauty do's and don'ts with fans. And, yes, she's the kind of parent who passes down her tricks and tips to her kids as well.

"My daughter actually applies makeup beautifully," said the *Dear Evan Hansen* star (above, with Liv last July). "The one thing I always say to her is don't ruin your eyebrows like I did. I tell her to take care of her skin – don't rub your eyes, wash your face and wear sunscreen. All the boring mom stuff."

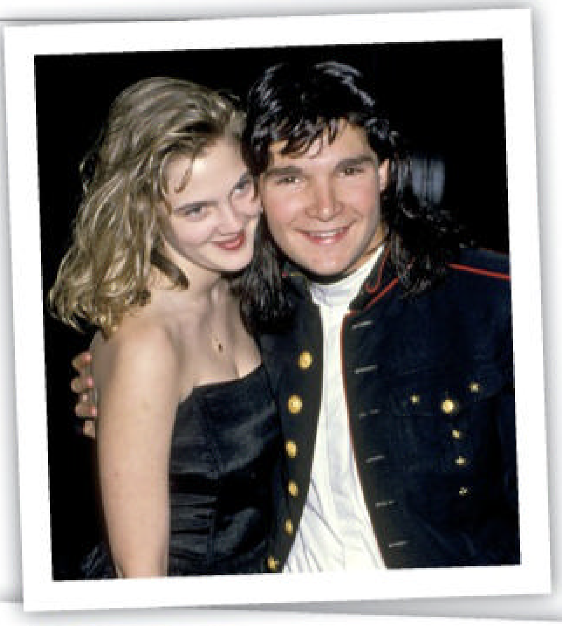
DREW BARRYMORE
REMEMBERS YOUNG LOVE WITH COREY FELDMAN

Two '80s icons are taking a stroll down memory lane! After 25 years, Drew Barrymore and Corey Feldman reunited for an episode of *The Drew Barrymore Show* – and it was as if no time had passed. "I'm so happy to see you, I can't even tell you," the *Charlie's Angels* star, 47, gushed after she gave Corey a big hug.

The two were smitten while reminiscing about their meet-cute decades ago, when director Steven Spielberg set up the famous preteens on a "playdate."

"I got a call from Steven's office: 'The little girl from *E.T.* wants to meet you because she's got a crush on you,'" recalled Corey, 51, who was famous for his roles in *Gremlins* and *The Goonies*. "It was so cute," he told Drew. "I remember taking you to the movies … We walked across the street and you put your little hand up for me to hold."

The stars also recalled how, as teens, they "dated properly" (right, at the 1989 Oscars and top right, that same year). Looking back on the three-month romance, Drew told Corey, "We had that kind of relationship where they say, 'Date your friend.' You were such a safe place for me."



CLOCKWISE FROM TOP LEFT: *VOGUE*/YOUTUBE; HOURGLASS COSMETICS; STEPHANE CARDINALE/GETTY IMAGES; JIM SMEAL/GETTY IMAGES; STEVE GRANITZ/GETTY IMAGES; COREY FELDMAN INSTAGRAM

ZARA TINDALL TALKS MOM GUILT AND GOALS

A work-life balance isn't easy to achieve – and Zara Tindall doesn't mind saying so.

In a candid new interview, the successful equestrian and mom of three (left) – she and her retired rugby star husband, Mike Tindall, 44, have daughters Mia, 9, Lena, 4, and son Lucas, 23 months (below, in 2022) – opened up about the struggle as a guest on his new YouTube series, *Mike Drop*.

Zara, 41, who won a silver medal as part of the eventing team at the London 2012 Summer Olympics, said she found it difficult to resume her sporting career after giving birth to Mia in 2014. Getting back into shape was "hard work," she admitted. But the other challenge was psychological. "Mentally, you feel guilty as a mother, leaving your child to go and do something else."

In the end, though, juggling personal and professional goals (her next one is to qualify for the 2024 Olympics in Paris) has been rewarding.

"I think I'm lucky that, in our sport, I could do both and still be able to ride at the top … I think – I'm hoping – it makes me a better mother because the children can experience it with us and with me."

PRINCESS INGRID ALEXANDRA FLYING HIGH AS SHE TURNS 19

Crown Prince Haakon of Norway likes to describe his daughter as "fearless." And now we know why!

In celebration of her birthday, the royal family took to Instagram to share a never-before-seen photo of Princess Ingrid Alexandra, taken in Rena, Norway, on one of her thrill-seeking expeditions. The picture shows the future queen wearing a proud smile after completing her first skydive (right). "Happy 19th birthday!" read the caption, which revealed that skydiving had been one of her "bucket list" items. "This summer, she got to try herself from a height of 20,000 feet … together with the Defence Special Command at Rena."

Second in line to the throne, the royal is quite an adventurous teenager, whose passions include everything from skiing to swimming, as well as the outdoors, as her proud father noted.

"You have loved nature since you were born … always slept best outside, preferred to sleep in a tent," he said at her 2019 confirmation. "Nature calms you, gives you a sense of control."

CLOCKWISE FROM LEFT: KARWAI TANG/GETTY IMAGES; YOUTUBE; GEOFF ROBINSON/SHUTTERSTOCK; THE ROYAL HOUSE OF NORWAY INSTAGRAM; THE ROYAL HOUSE OF NORWAY

FROM LEFT: KIRSTY WIGGLESWORTH/GETTY IMAGES; ARTHUR EDWARDS/THE CANADIAN PRESS; TIM GRAHAM PHOTO LIBRARY/GETTY IMAGES

PRINCE WILLIAM

FOLLOWING IN DIANA'S FOOTSTEPS

In a visit that would have made his beloved mother proud, the Prince of Wales showed his dedication to supporting young people who face the prospect of homelessness.

Learning that the charity Depaul UK in South London – which Princess Diana visited three times (top right, in 1995) – sees children as young as nine, the prince was visibly shocked. "It starts so young, it's terrifying," said the father of three.

William, 40, has supported homeless charities since he was a young boy, having been introduced to the issue by his mother in the 1990s.

"She was so passionate about [those] falling through the cracks of a system," said Depaul's chief executive, Mike Thiedke. "I think that upset her a lot, whether she engaged with homeless people or with people who were HIV-positive, and it seems her sons have stepped into this."

Another recent outing saw the royal connecting with youngsters at Together As One, a charity that specializes in conflict resolution. There, he donned an apron (top left) to help teenage cooks prepare chicken teriyaki. "It smells good in here," he said. "It's making my tummy rumble."

The heir to the throne told his hosts that while he doesn't spend a lot of time in the kitchen, he does make breakfast and "a mean steak."

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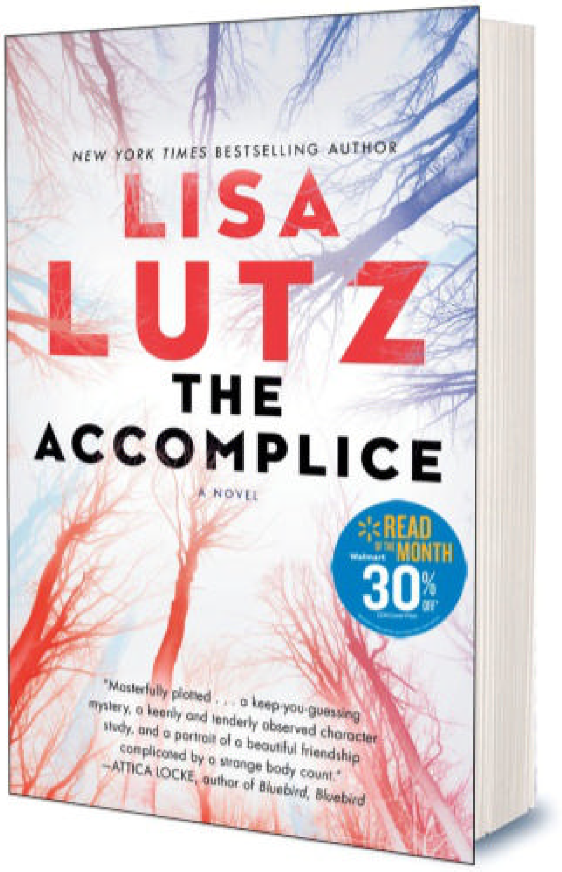

In this riveting new thriller from *New York Times* bestselling author, every answer raises a new, more chilling question

From the moment Owen meets his no-nonsense best friend Luna in college, their lives are forever entangled. Along with their own trove of personal secrets, there's a deadly one they share that forges a lifelong bond.

Years later, Owen is married to his wife Irene, and Luna is now an assistant to an eccentric and reclusive artist who also happens to be Irene's stepfather. When Luna finds Irene dead — the victim of a brutal crime — it unleashes a torrent of secrets from the past that could tear them apart. If they let them.

Optioned for TV by Amazon Studios and starring Lily Collins, *The Accomplice* is **"...both a keep-you-guessing mystery and a keenly and tenderly observed character study." —Attica Locke, author of *Heaven, My Home***

Previous pick

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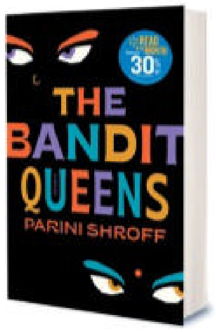

A young woman finds the false rumours that she killed her husband surprisingly useful — until other women start asking her to help get rid of their own husbands.

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Date night! The Prince and Princess of Wales make a picture-perfect couple at a pre-launch event for Kate's Shaping Us campaign at the British Academy of Film and Television Arts (BAFTA) headquarters in London. Top: William gazes proudly at his wife.

DAZZLING ON HER BIG NIGHT

THE PRINCESS OF WALES

KICKS OFF HER MUCH-ANTICIPATED CAMPAIGN WITH A HEARTFELT PLEA

Tackling the biggest venture of her royal career so far, the Princess of Wales exuded confidence – and glamour – as she stepped out on the eve of her Shaping Us campaign launch. Spearheaded by Kate's Royal Foundation Centre for Early Childhood, the initiative hopes to shine a spotlight on how our childhood years shape us as adults.

Celebrating the launch with a special reception at BAFTA's iconic London headquarters, the princess, 41, looked absolutely stunning for the occasion, wearing a bright red power suit by her go-to designer, Alexander McQueen. She completed the monochromatic look with a pair of red pumps, a matching purse and eye-catching earrings by Chalk Jewellery.

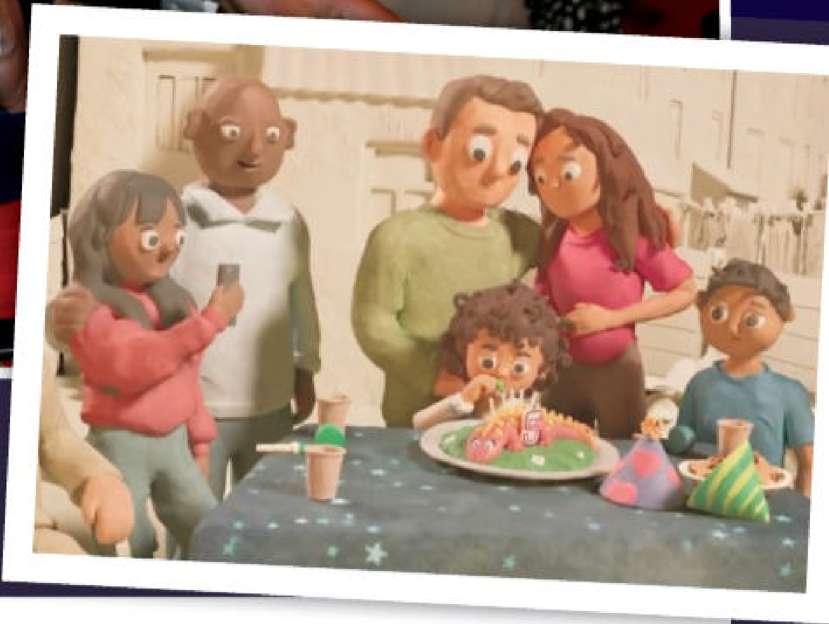
There to support his wife on her big night was the Prince of Wales, 40, who looked handsome in a navy suit, with a red tie to match Kate's outfit. The pair were joined by U.K. celebrities for the screen- ▶

ED MULHOLLAND/GETTY IMAGES (3)

The princess exuded confidence and glamour as she stepped out with Prince William by her side

Kate turned heads in a vibrant red suit by Alexander McQueen and dazzling earrings by Chalk Jewellery. With her campaign, she hopes to shine a light on the importance of early childhood development. '[It] shapes our whole lives.'

'By understanding our own childhoods, we are better placed to play our part'



Placing a grateful hand on her heart, Kate sits next to BAFTA president Prince William for the screening of the short film *Shaping Us: Layla's Story* (right). Below: The princess meets singer Rochelle Humes and her nine-year-old daughter, Alaia-Mai, who gushed that Kate has 'the best hair.'

ing of a 90-second Claymation film called *Shaping Us: Layla's Story*, which followed the development of a young girl from the age of zero to five. Afterward, Kate made her way to the stage to speak passionately about the "critical importance" of early childhood and how it shapes the adults we become.

"During this time, we lay the foundations and building blocks for life. It is when we learn to understand ourselves, understand others and understand the world in which we live," said the princess – mom to Prince George, 9, Princess Charlotte, 7, and Prince Louis, 4. "This is why it is essential to not only understand the unique importance of our earliest years but to know what we can all do to help raise future generations of happy, healthy adults."

Describing the campaign as a "long-term project" that will "explore in more depth the importance of a child's social and emotional world," she added, "By understanding our own childhoods – what has shaped our own beliefs, relationships, behaviours and feelings – we, as adults, are better placed to play our part in positively shaping future generations."

In the lead-up to the launch, Kate had laid the groundwork in an open letter that she released alongside a series of charming photos that showed the princess laughing and playing with children at a school in East London.

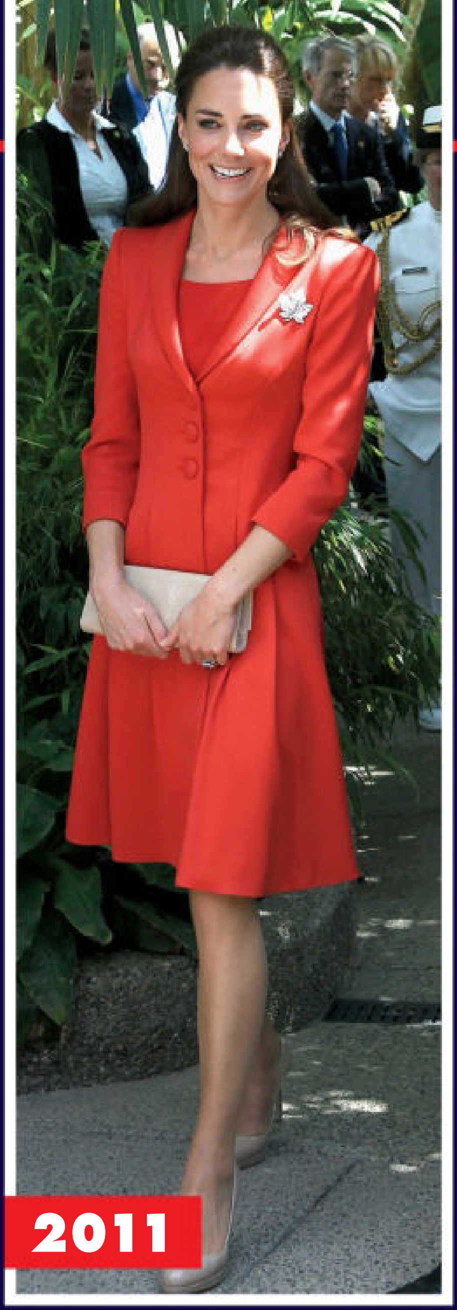
"As a society, we currently spend much more of our time and energy on later life," she wrote. "I am absolutely determined that this long-term campaign is going to change that. I urge everyone reading this… to ask yourselves what you can do to make the world a more supportive and loving place for our children. Because healthy, happy children shape a healthy, happy future."

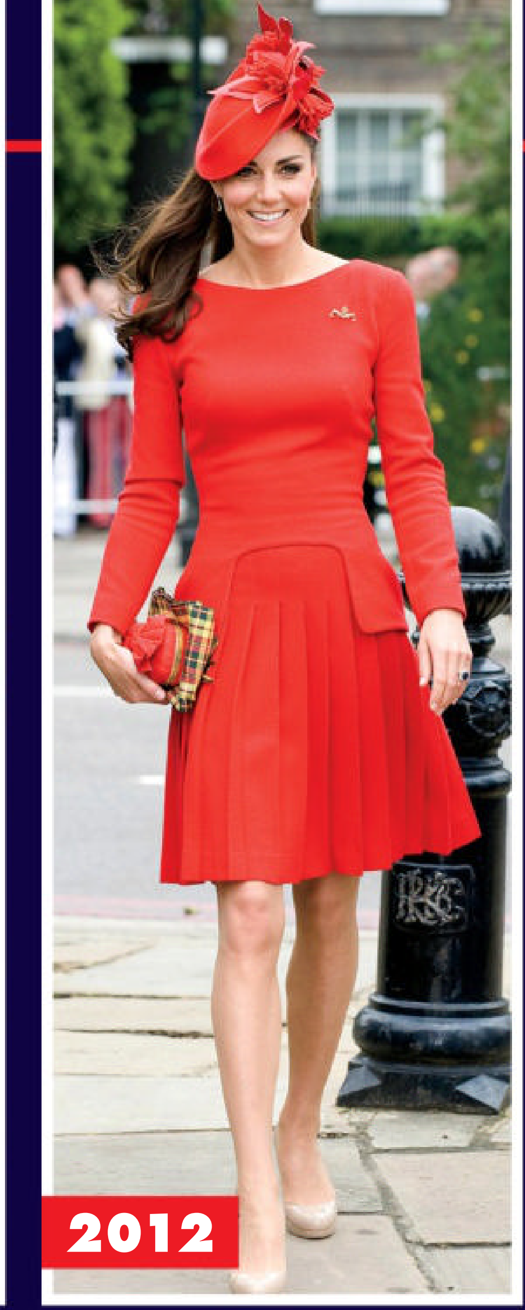
PUTTING IN THE WORK

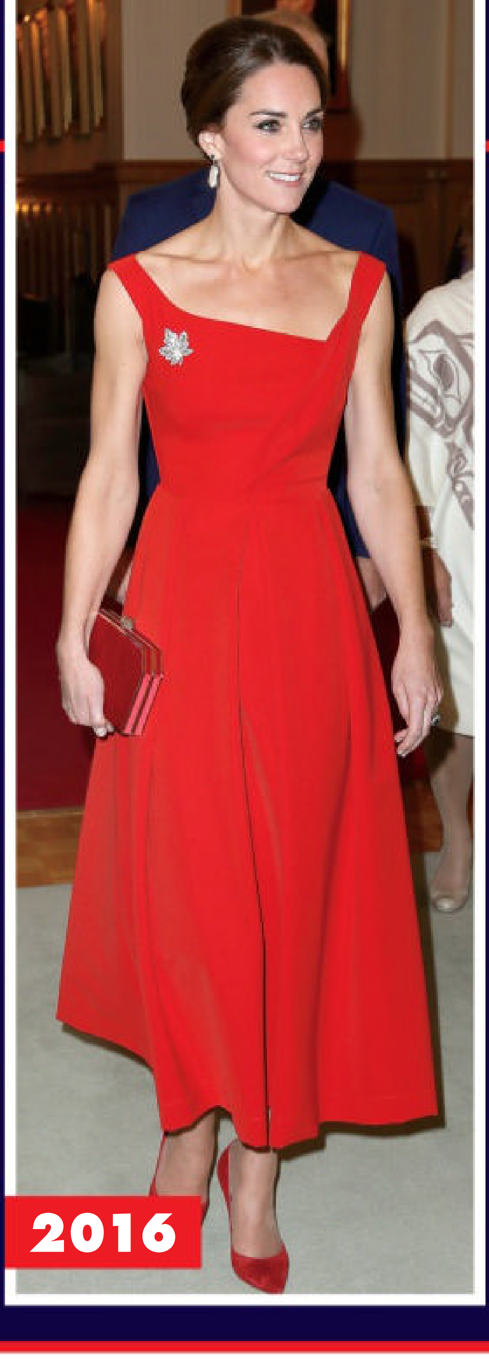
Kate has been counting down the days – indeed, years – to the launch of her campaign. Meeting with a new group of experts advising her Royal Foundation Centre for Early Childhood a few days before, she shared her excitement. "I feel a bit nervous about it, but excited, too," she admitted. "I was talking to the children this morning – the excitement and nervousness get mixed up together in the same pot."

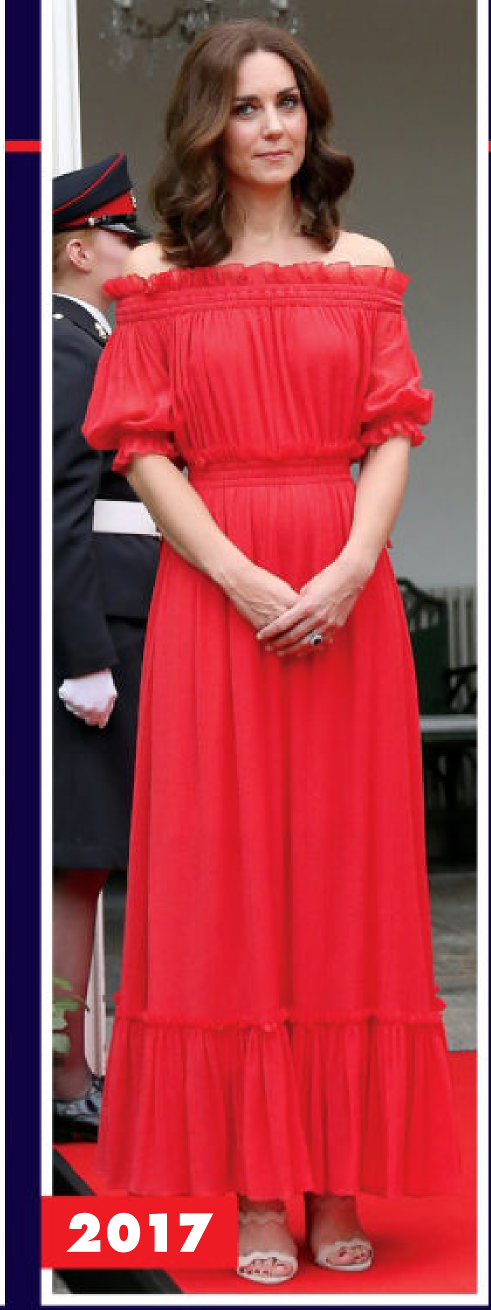
During the meeting, at which she looked elegant in a black Alexander McQueen blazer and Roland Mouret trousers, the ▶

FROM TOP: ED MULHOLLAND/GETTY IMAGES; THE ROYAL FOUNDATION CENTRE FOR EARLY CHILDHOOD; ED MULHOLLAND/GETTY IMAGES



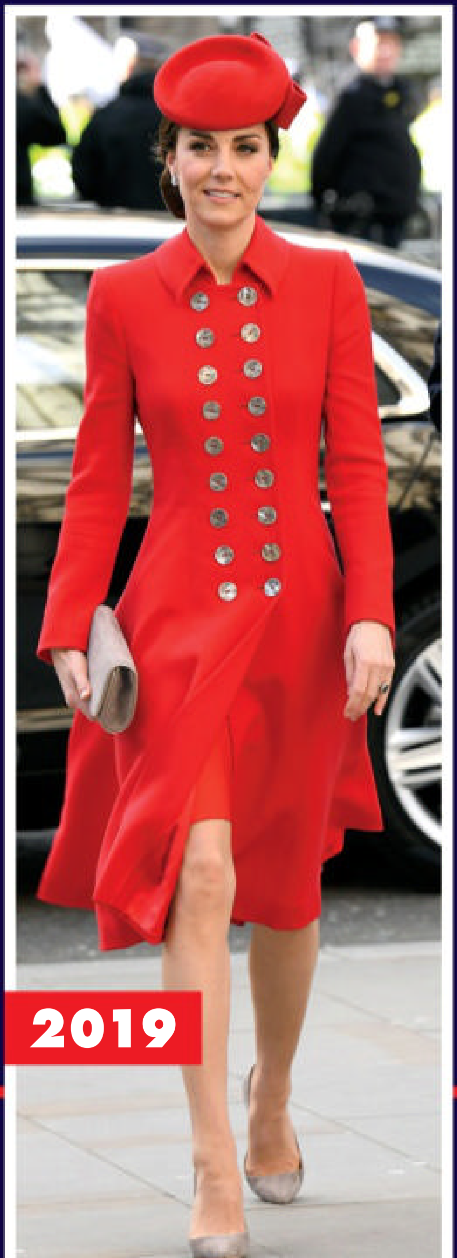


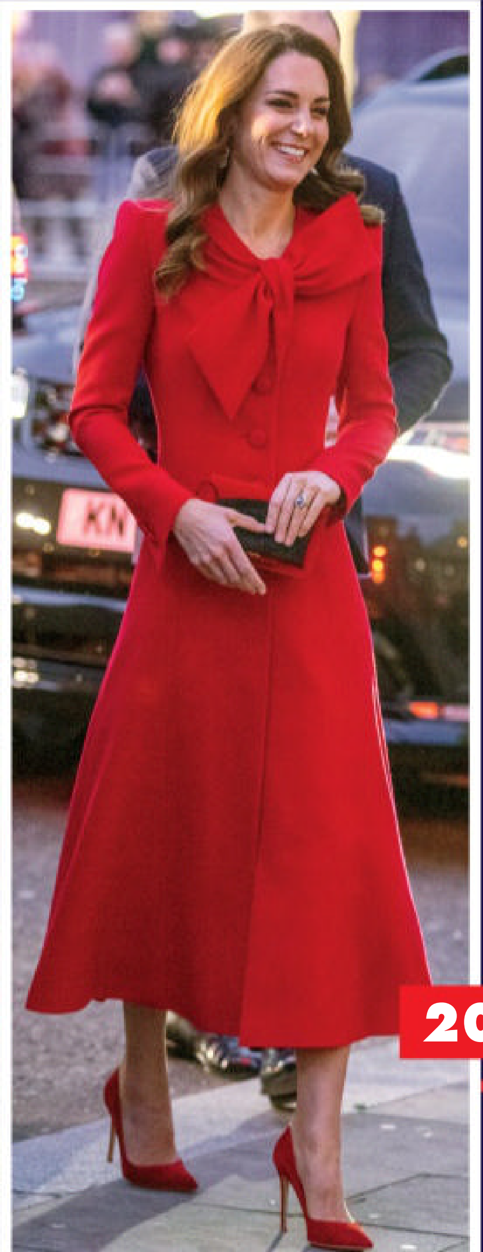


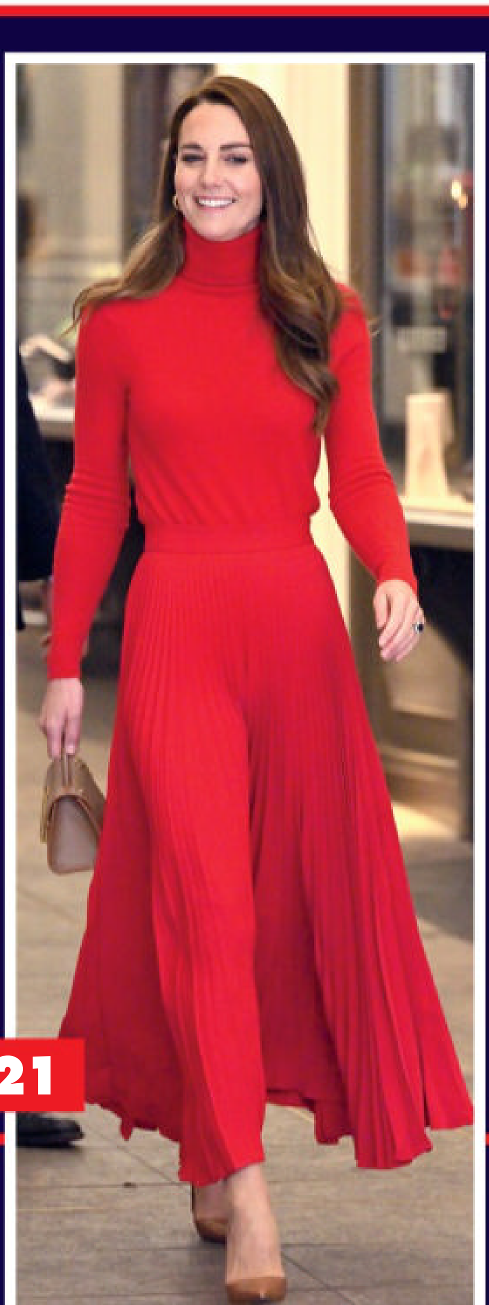


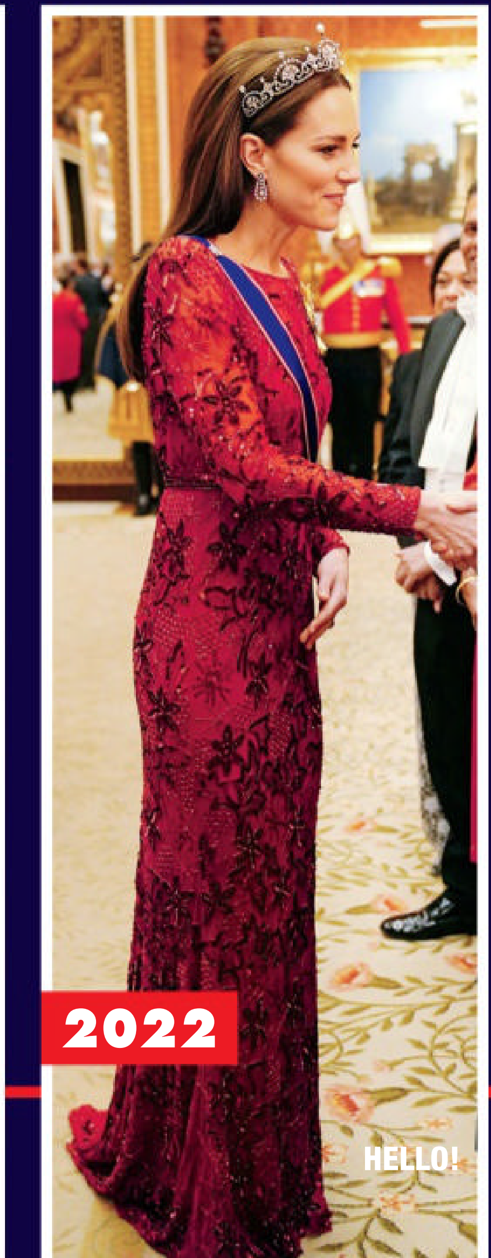
PRINCESS IN RED

The colour of love! This isn't the first time Kate has embraced the fiery shade. Above (from L): Bold at the Calgary Zoo; an English rose in Alexander McQueen; Canada proud in Victoria, B.C.; ruffled red in Germany. Below (from L): Buttoned up for Commonwealth Day; feeling festive in Catherine Walker; going with the flow in Christopher Kane; a royal ruby affair at Buckingham Palace.









CLOCKWISE FROM TOP LEFT: CHRIS JACKSON/GETTY IMAGES; DAVID CRUMP/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES (2); VICTORIA JONES/GETTY IMAGES; KARWAI TANG/GETTY IMAGES; KARWAI TANG/GETTY IMAGES; HEATHCLIFF O'MALLEY/GETTY IMAGES; KARWAI TANG/GETTY IMAGES

'Healthy, happy children shape a healthy, happy future'
- THE PRINCESS OF WALES

Bonding with kids at a school in East London (above), the princess shares a joke with a young boy (left). Below: Hosting the inaugural meeting of her panel on early years development in the Green Drawing Room at Windsor Castle. 'She has spent most of the past year working on this,' a source tells *Hello!*

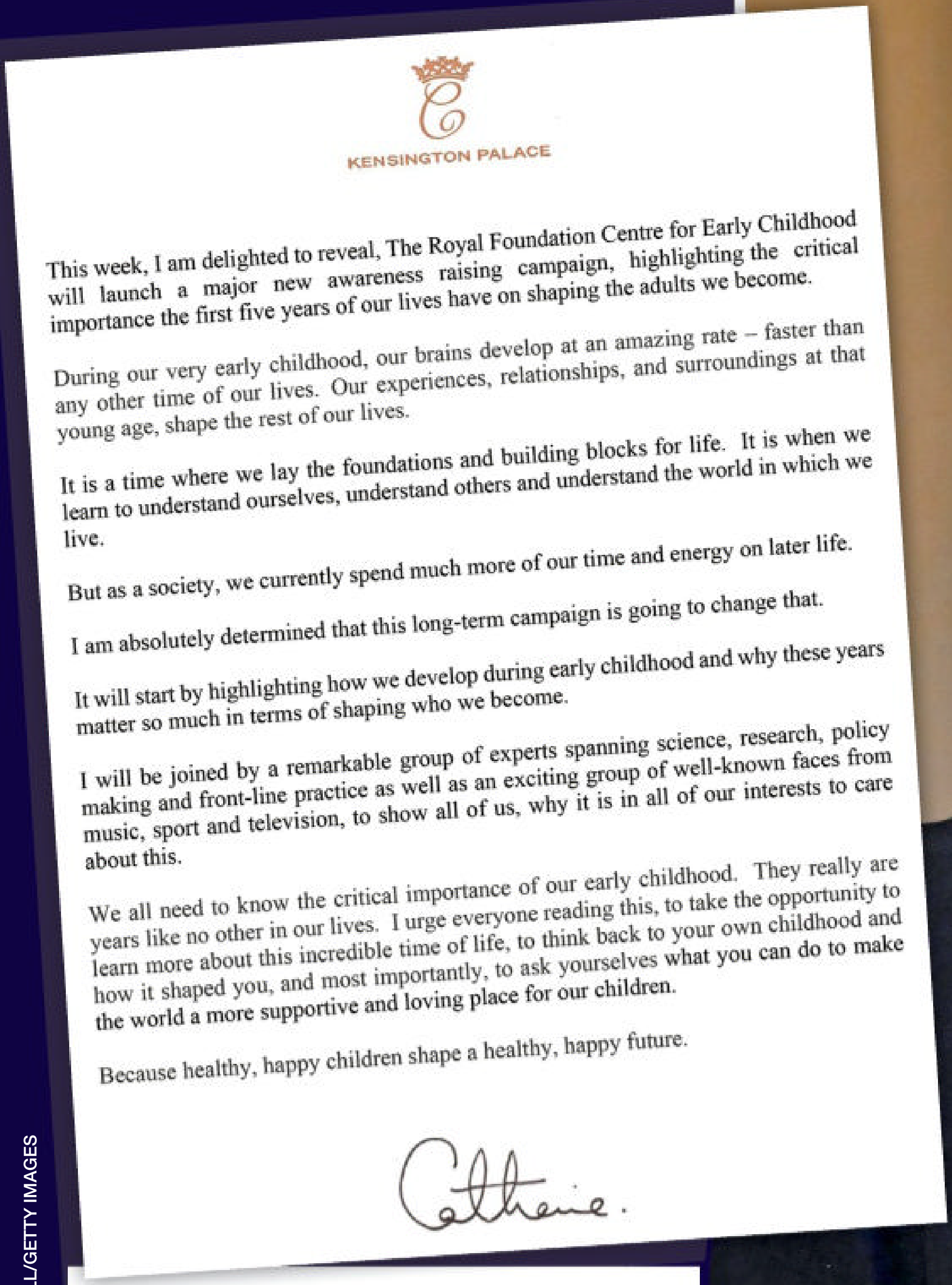
princess sounded grateful as she welcomed the new eight-person advisory board – made up of experts from academia, science and the early years sector – to the Green Drawing Room at Windsor Castle (her first time hosting at the late Queen's residence since becoming the Princess of Wales).

"I think from the centre's point of view, one of the main key areas is: how do we develop the social and emotional skills which are vital for later life? How do we better manage and regulate our emotions? How do we build better relationships?" she told the panel.

"So big questions, big topics. Complicated. But I feel really excited to start the journey!"

The princess, who spearheaded a U.K.-wide public survey in 2020 called *5 Big Questions On the Under Fives*, has made it her mission to ensure that every child

CLOCKWISE FROM TOP: KENSINGTON PALACE; SAMIR HUSSEIN/GETTY IMAGES; DANIEL LEAL/GETTY IMAGES; KENSINGTON PALACE



KENSINGTON PALACE

This week, I am delighted to reveal, The Royal Foundation Centre for Early Childhood will launch a major new awareness raising campaign, highlighting the critical importance the first five years of our lives have on shaping the adults we become.

During our very early childhood, our brains develop at an amazing rate – faster than any other time of our lives. Our experiences, relationships, and surroundings at that young age, shape the rest of our lives.

It is a time where we lay the foundations and building blocks for life. It is when we learn to understand ourselves, understand others and understand the world in which we live.

But as a society, we currently spend much more of our time and energy on later life.

I am absolutely determined that this long-term campaign is going to change that.

It will start by highlighting how we develop during early childhood and why these years matter so much in terms of shaping who we become.

I will be joined by a remarkable group of experts spanning science, research, policy making and front-line practice as well as an exciting group of well-known faces from music, sport and television, to show all of us, why it is in all of our interests to care about this.

We all need to know the critical importance of our early childhood. They really are years like no other in our lives. I urge everyone reading this, to take the opportunity to learn more about this incredible time of life, to think back to your own childhood and how it shaped you, and most importantly, to ask yourselves what you can do to make the world a more supportive and loving place for our children.

Because healthy, happy children shape a healthy, happy future.

Catherine.

gets the best possible start in life. Research shows that the first five years of childhood fundamentally shape adulthood, with social challenges such as addiction, violence, family breakdown, homelessness and mental health having their roots in that time.

"She has spent most of the past year working on this, so she has very much begun in the driving seat for this campaign," a royal source tells *Hello!*

"Early years is a real focus for the princess and will continue to be throughout her working life.

"It's amazing seeing her passion for it and how hard she's been working on it," adds the source. "It's really a key focus for her, and she's been putting everything into it." H

REPORT: EMILY NASH WITH FILES FROM SARAH TRUMBLEY

'I was talking to the children this morning – the excitement and nervousness get mixed up in the same pot'

Businesslike in an Alexander McQueen blazer, Kate is ready to take the lead, sharing an open letter (above left) about the importance of early years development. Bottom left: The royal mom of three gets hands-on at a London children's centre in 2017 and (far left) visits a farm in Northern Ireland in 2020 as part of her Early Years Foundation survey.

CLOCKWISE FROM TOP LEFT: KENSINGTON PALACE; DANIEL LEAL/GETTY IMAGES; BEN STANSALL/GETTY IMAGES

LENDING A HELPING HAND IN WINDSOR

WILLIAM AND KATE

LEARN ABOUT LIFE ON THE COST-OF-LIVING FRONT LINE

The Prince and Princess of Wales took a hands-on approach to making a difference in their community when they joined volunteers on a visit to their local food bank.

The pair, who moved to Windsor last summer, filled shopping carts and packed parcels with everything from pantry staples to fresh produce at Windsor Foodshare at Dedworth Green Baptist Church, which has seen demand rise by 18 per cent in the past 12 months. While Kate sorted packaged goods into date order, William prepared a parcel for a family of four. And when asked if he wanted to pack another, the future King didn't hesitate. "I'm here," he said. "I'm your man."

As they learned, the food bank – which is marking its 10th anniversary this year – is a vital resource for about 200 people each week. For some, their parcel is their only source of fresh food. And for others, the contact with volunteers can be equally meaningful. "People come here and this might be the only person they see all week," said Foodshare chief executive Sarah Kember, to which Kate replied, "This really is a wonderful place for bringing people together."

The royals' kindness was truly appreciated. "They were down-to-earth and friendly and really put us at ease, " said Sarah. "One was probably a better packer than the other, but I wouldn't like to say which one.

"They are welcome back any time," she added. "We are always grateful for a pair of hands."

REPORT: TRACY SCHAVERIEN

Elegant in a vibrant turtleneck and coat from retailer Hobbs, the princess arrives at Windsor Foodshare at Dedworth Green Baptist Church, near her home in Windsor. She joined husband Prince William (top) in making food parcels for people in need.

CLOCKWISE FROM FAR LEFT: NUNN SYNDICATION; ALASTAIR GRANT/GETTY IMAGES; NUNN SYNDICATION

MOURNING HIS BELOVED DOG ELLA

JAMES MIDDLETON

REVEALS HOW SISTERS KATE AND PIPPA JOINED HIM IN SAYING A FINAL GOODBYE

'For 15 years, Ella has been at my side'

James Middleton is sharing his heartbreak with the world following the death of his beloved dog Ella. Opening up about the loss, the brother of the Princess of Wales revealed that his eldest cocker spaniel, whom he's credited with saving his life, "slipped away" in his arms after a short illness.

"For 15 years, Ella has been at my side, from my darkest days to my happiest. I'm going to miss her terribly," he posted on Instagram alongside two heart-rending black and white photos. "Good night, my darling Ella," he wrote. "Alizée and the dogs will take good care of me."

James and his wife, fellow animal lover Alizée Thévenet, still have six dogs, which he'll surely lean on during this time. He's also receiving unconditional support from his sisters, Kate, 41, and Pippa, 39, both of whom attended Ella's funeral.

"All the family came to say their goodbyes," James, 35, wrote in a heartfelt tribute published in *The Sunday Times*. "I can't speak for them, but I believe she influenced their lives, too," he added, noting that both Kate and Pippa have puppies from Ella's litter. He also revealed that his sisters had accompanied him to therapy sessions while he was battling severe depression.

"They were at my side during the hardest of times," said James. "For that, I am forever grateful." But, he says, it was his four-legged companion who really got him through those difficult times. "Describing how I felt out loud to Ella helped me talk to my therapist, family and friends." H

REPORT: SARAH TRUMBLEY

James shared poignant words and photos, including a snap taken just hours before his beloved dog died (above). Ella, a therapy dog, also served as a flower girl at his 2021 wedding to Alizée, whom he met in 2018 after Ella 'made a beeline' for her at the South Kensington Club in Chelsea.

JAMES MIDDLETON INSTAGRAM (3)

ROYAL BABY COUNTDOWN

SHARING JOYFUL NEWS

PRINCESS EUGENIE

REVEALS THAT LITTLE AUGUST WILL SOON BE A BIG BROTHER

'We're so excited to share that there will be a new addition to our family this summer'

Beaming with joy as her toddler son kisses her growing baby bump, Princess Eugenie couldn't contain her excitement while letting the world know she's pregnant with her second child.

Making the announcement to her 1.7 million Instagram followers, the 32-year-old royal confirmed the happy news alongside the adorable photo of herself with little August, who turns two this month. "We're so excited to share that there will be a new addition to our family this summer," wrote Eugenie.

Buckingham Palace also released a statement, saying, "The family are delighted and August is very much looking forward to being a big brother."

'EVERYTHING CHANGES'

Hours after the announcement, the expectant mom was seen looking chic in a floral minidress, camel coat and knee-high boots as she left trendy London hotel and restaurant Chiltern Firehouse after a celebratory dinner with husband Jack Brooksbank, 36, and her mother, Sarah, Duchess of York. Clearly excited about becoming a grandmother for the third time, Sarah, 63, also took to social media to express her delight.

"You will be sharing puddles, Augie!" wrote the duchess, sharing a sweet picture of her grandson playing in a puddle. "Superb news, Granny heaven…So deeply grateful."

Eugenie's first child, August, who turns two on Feb. 9, kisses his mom's bump in the photo she shared to announce her pregnancy.

CLOCKWISE FROM LEFT: MR JACK BROOKSBANK; PRINCESS EUGENIE AND JACK BROOKSBANK; BACKGRID; UK PRESS POOL/GETTY IMAGES

Eugenie and husband Jack Brooksbank present baby August in February 2021 (above), and together at Sandringham at Christmas (below). The princess celebrates in London (right) after sharing the news that her family is growing.

Eugenie's baby news came as she explained how becoming a mother has fuelled her passion for protecting the environment and driven her to change the way she lives.

"Every decision we now make has to be for August, what he's going to be able to look at and do and how he's going to live his life," she said. "But I think also, as a mother, you all of a sudden totally change, your hormones change, everything changes. Now I'm scared of flying and things like that and I never would have been before."

Speaking at the World Economic Forum in Davos, Switzerland, last month, Eugenie revealed that she and Jack are trying to cut back on plastics at home and teaching August about the importance of protecting the environment.

"My son's going to be an activist from two years old, so everything is for them," she said. "At home, we try as much as possible to have no plas- ▶

'Our hearts are full of love, words can't express'

Baby August flies the flag as he watches the Queen's Platinum Jubilee Pageant in London last June with his mom.

tic, and I'm trying to teach him that. But it's a battle."

PROUD PARENTS

Eugenie and Jack became parents to August Philip Hawke Brooksbank – whose second name honours his great-grandfather the Duke of Edinburgh – in February 2021, and their "hearts have been full of love" ever since. On her son's first birthday, the King's niece paid tribute to "our little hero, Augie," saying, "You are such a special soul that brightens every room with your smile and wave. You have made us so very proud.

sky ocean rescue
#Pass
assOnPlastic
size?

Eugenie, a dedicated environmentalist, launches the Pass on Plastic campaign with Sky Ocean Rescue in 2018.

We love you!"

Grandmother Sarah, meanwhile, opened up to *Hello!* about her pride in Eugenie and her older sister, Princess Beatrice, 34, who, with her husband Edoardo Mapelli Mozzi, 39, welcomed Sienna Elizabeth in September 2021.

"My children were great children, but now they're phenomenal mothers," said Sarah. "And now I have these two exceptional grandchildren, all in one year."

The duchess also shared how, like many new parents, Eugenie and Jack had taken some time to adapt to life with a little one. "As any new parents out there know, it's very challenging, isn't it?" she said. "They worry so much about night duty and getting it right. And Eugenie is really a great mother, so I'm very proud of her."

LUCKY NUMBER 13

The princess's new baby will be 13th in line to the throne, one place behind big brother August, and, like him, not have a royal title. The children will, no doubt, be inspired by their mom, Eugenie, who does not carry out royal duties but is known for her charitable activities while also being a director at London art gallery Hauser & Wirth. Dad Jack works for U.S. property developer Discovery Land Company, and last year his job required him and Eugenie to split their time between the U.K. and the luxurious CostaTerra Golf and Ocean Club, one of Discovery's developments on Portugal's southwest coast – an idyllic location for their growing family. H

REPORT: TRACY SCHAVERIEN

Eugenie discusses the environment with Professor Gail Whiteman and Reuters editor-at-large Axel Threlfall in Davos (below). The princess (right, with her mother, Sarah, Duchess of York) is teaching her son to care for the planet.

CLOCKWISE FROM LEFT: CHRIS JACKSON/GETTY IMAGES; PA IMAGES/ALAMY; SARAH FERGUSON INSTAGRAM; YOUTUBE

CROWN PRINCE HUSSEIN OF JORDAN

Valentine's Special

YOUR EXCLUSIVE WEDDING INVITATION

HERE COME THE BRIDES

IT'S A BUMPER YEAR FOR ROYAL WEDDINGS AS WE LOOK AT THE CELEBRATIONS PLANNED FOR 2023

For many families, one of the joys of the new year is knowing that wedding season is right around the corner – and that couldn't be more true for Queen Rania of Jordan, who has not one but two children set to walk down the aisle!

Mother of four Rania, 52, was bursting with pride when she revealed on Instagram that her eldest son, Crown Prince Hussein of Jordan had set June 1 as the date for his marriage to Rajwa Al Saif – just nine days before her own landmark 30th wedding anniversary with Hussein's father, King Abdullah II.

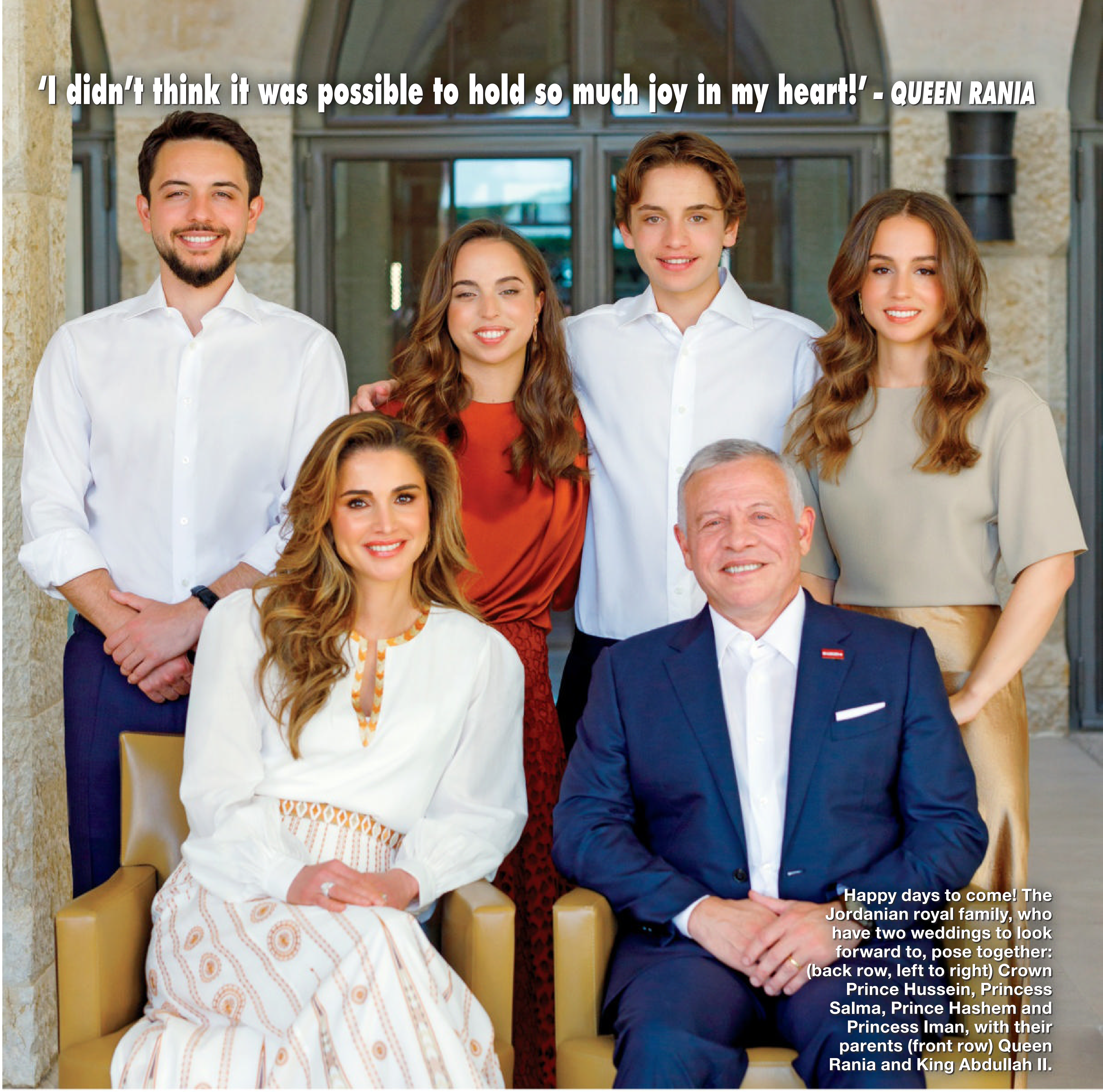
Although the guest list for the joyful occasion has not been made public, a representative of the British Royal Family is expected to attend due to the Windsors' close connections with the Jordanian royal house.

VIPs from around the world will jet in for the celebrations for the 28-year-old heir apparent, who enjoys a friendship with Prince William – as does his mother the queen (Rania serves on the Prince of

Prince Hussein (above) with fiancée Rajwa Al Saif; Prince William spent time with Hussein during his visit to Jordan in 2018 (below right). Princess Iman (below) and her betrothed, Jameel Alexander Thermiotis, have yet to set a date.

PRINCESS IMAN OF JORDAN

CLOCKWISE FROM BOTTOM LEFT: ROYAL HASHEMITE COURT (3); REX


'I didn't think it was possible to hold so much joy in my heart!' - QUEEN RANIA

Happy days to come! The Jordanian royal family, who have two weddings to look forward to, pose together: (back row, left to right) Crown Prince Hussein, Princess Salma, Prince Hashem and Princess Iman, with their parents (front row) Queen Rania and King Abdullah II.

Wales's Earthshot Prize Council).

Once considered one of the world's most eligible bachelors, Hussein took himself off the market last August when he popped the question to 28-year-old designer Rajwa, daughter of a Saudi Arabian businessman.

Both families were present to witness the traditional betrothal ceremony at the bride-to-be's family home in Riyadh, where the prince placed a diamond engagement ring on the fourth finger of Rajwa's right hand, in keeping with Arab custom.

"I didn't think it was possible to hold so much joy in my heart!" wrote Queen Rania alongside photos of the engaged couple and of herself standing next to her future daughter-in-law. "I prayed to Allah – like me, like every mother – to grant you good and to find the one you love. Rajwa came."

Meanwhile, Rania and Abdullah's second eldest child, Princess Iman, 26, will soon wed Venezuelan financier Jameel. Now that her older brother has set a date, the country hopes the couple, who got engaged last July, will follow suit.

It would be even more special if they were to marry in Amman's magnificent Zahran Palace, where Rania and Abdullah's wedding took place in 1993 and where Iman's grandfather King Hussein's marriage was also blessed.

Sharing an image of Iman and her fiancé on Instagram at the time, Rania wrote, "Your smile has always been a gift of love that I've cherished since the day you were born. I wish you and Jameel a life filled with love and laughter!"

BOUQUET FOR AN ENGLISH ROSE

Lady Amelia Spencer – niece of Diana, former Princess of Wales – will also marry this year, in March. The 30-year-old socialite, who is the daughter of Earl Spencer and cousin to the Prince of Wales and the Duke of Sussex, met fiancé Greg Mallett at the University of Cape Town. They were together for more than a ▶

LADY AMELIA SPENCER

Lady Amelia Spencer said of fiancé Greg Mallett, 'Everything about him makes me feel like the luckiest person in the world.' Guests are sure to include (top) her twin, Eliza (L), and their older sister, Lady Kitty (C). Left: The bride-to-be at her poolside Cape Town bachelorette party.

decade before the 32-year-old real-estate agent popped the question in July 2020 at South Africa's exclusive Clouds Wine and Guest Estate in Stellenbosch. "The day Greg proposed was the most romantic day of my life," Amelia exclusively told *Hello!*

Earl Spencer, 58, couldn't be more thrilled for the couple, who have since relocated to London, and took to Twitter to express his joy. "So happy for my daughter Amelia, engaged to her boyfriend of 11 years, Greg – it's wonderful to hear them both so excited about their future," he wrote. "Sending them both love and every good wish for their life together.

"I love that Greg asked my blessing before proposing," he added. "Very sweet."

While the couple haven't revealed the location of their nuptials, Amelia's older sister, Lady Kitty, 32, chose Rome as the perfect romantic setting when she wed South African businessman Michael Lewis two years ago. She and Eliza, who were raised in Cape Town by their mother, Victoria Aitken, recently returned there for a sun-soaked bachelorette party with Kitty and a few close friends. "Dream bachelorette. Thank you for one of the best days of my life with my favourite girls," Amelia posted afterwards.

LOVE IN LUXEMBOURG

Also set to say "I do" this spring – not once, but twice – are Princess Alexandra of Luxembourg and Nicolas Bagory, who hails from France. Their April 22 civil ceremony at Luxembourg City's Hôtel de Ville will be followed a week later by a religious wedding at St. Trophyme church in Bormes-les-Mimosas on France's Côte d'Azur.

The wedding for the 31-year-old professional linguist – the only daughter of Grand Duke Henri and Grand Duchess Maria Teresa of Luxembourg and sixth in line to the throne – will be the first in her family for a decade. She said "yes" to Nicolas, who works on social and cultural projects in Paris, last November. He proposed with a

CLOCKWISE FROM BOTTOM LEFT: AMELIA SPENCER INSTAGRAM (2); DAVID M. BENETT/GETTY IMAGES; SOPHIE MARGUE/MAISON DU GRAND-DUC; PATRICK VAN KATWIJK/GETTY IMAGES

‘Great pleasure to announce the engagement’
– GRAND DUCHESS MARIA TERESA

diamond-encrusted gold ring.

“Great pleasure to announce the engagement of our daughter, Alexandra, with Nicolas Bagory,” her mother the grand duchess, 66, wrote on Twitter, posting a photo of the smiling couple.

A BIG GREEK WEDDING

Princess Theodora and her husband-to-be, U.S. lawyer Matthew Kumar, have also announced their wedding date. The former Greek royal family’s Twitter page shared photos of the couple as they marked their November 2018 engagement, stating: “The wedding of Princess Theodora of Greece and Mr. Matthew Kumar will take place in early summer 2023 in Porto Heli, Greece.”

The 39-year-old daughter of the late ex-King Constantine and ex-Queen Anne-Marie of Greece met her fiancé after moving to Los Angeles to pursue an acting career. Theodora, who goes by the stage name Theodora Greece and has appeared in the thriller *The Great Awakening* and the TV soap *The Bold and the Beautiful*, said, after announcing their engagement, “Words ▶

PRINCESS ALEXANDRA OF LUXEMBOURG

Grand Duke Henri and Grand Duchess Maria Teresa of Luxembourg line up for a portrait flanked by their children (below) – their only daughter, Princess Alexandra, and fiancé Nicolas Bagory (here) will marry in April.

PRINCESS THEODORA OF GREECE

> **'Words can't express our happiness and excitement'**
> ***– PRINCESS THEODORA***

Princess Theodora poses with fiancé Matthew Kumar at an event in Copenhagen for Queen Margrethe II of Denmark's golden jubilee. Left: The couple mark what would have been their wedding day in May 2020 (it was postponed due to the pandemic).

CLOCKWISE FROM BOTTOM LEFT: PRINCESS THEODORA INSTAGRAM; IDA MARIE ODGAARD/GETTY IMAGES; PRINCE LUDWIG OF BAVARIA/HAUS BAYERN (2)

can't express our happiness and excitement. I can't wait to marry this wonderful man."

LOVE IN THE ALPS

Wedding bells may also ring this year for another European royal, Prince Ludwig of Bavaria. Last summer, he proposed to Dutch-Canadian PhD student Sophie-Alexandra Evekink in the Bavarian Alps. News of the engagement was shared by the Bavarian royal house, alongside photos of the couple posing in traditional outfits and with Sophie sporting an emerald engagement ring.

The 40-year-old prince, who will one day become head of the House of Bavaria and inherit the family seat of Nymphenburg Palace, studied law before setting up Learning Lions, a digital empowerment program he describes as providing "opportunities to learn, earn and innovate" for young adults in rural Kenya.

His 32-year-old bride-to-be is equally dynamic. The Oxford University criminology student has worked for the United Nations and the World Health Organization.

The couple have the blessing of Ludwig's father, Prince Luitpold. "Ludwig made a good choice," he said. "My future daughter-in-law is a very intelligent and educated woman. I hope they start a family soon."

REPORT: SALLY MORGAN

PRINCE LUDWIG OF BAVARIA

'A very intelligent and educated woman' - PRINCE LUITPOLD

Prince Ludwig of Bavaria is pictured with his fiancée, Dutch Canadian PhD student Sophie-Alexandra Evekink, and (above left) in traditional costume against the scenic backdrop of the Bavarian Alps to mark the announcement of their engagement last August.

SHOTGUN WEDDING
prime video

Tied up with a bow! J.Lo arrives at the première of her latest film in sheer Valentino. She wore a second dress by the designer to the after-party with her husband of seven months, Ben Affleck (opposite, top).

EXCLUSIVE INTERVIEW

‘WE LOVE BEING TOGETHER’ JENNIFER LOPEZ

REVEALS WEDDING DETAILS AND WHY LIFE WITH BEN IS A DREAM

Anyone who has planned a wedding knows it comes with its fair share of stress – and Jennifer Lopez can attest to that.

The singer and actress secretly tied the knot with Oscar winner Ben Affleck when they eloped to Las Vegas last July. Then, five weeks later, they celebrated with friends and family at a spectacular Old Hollywood-themed wedding at Ben’s 87-acre estate in Georgia.

“I think that’s why we ran off to Vegas and got married there first,” reveals Jennifer, who is currently starring in the film *Shotgun Wedding*. “It took all the pressure off the big family wedding we were having. Ben planned the whole Vegas thing. The big party one, we did together.”

TEAM EFFORT

Jennifer reunited with her actor-director beau in spring 2021, almost 20 years after the A-list couple first found love on the set of their film *Gigli*. “Everything we do, we try and do it together,” she says of their wedding planning. “He has an amazing eye and incredible taste.

“Planning a wedding is a lot. It’s very stressful – as you can see from [my latest] movie,” adds the 53-year-old star with a laugh.

Set on a tropical island, *Shotgun Wedding* stars Jennifer as bride Darcy and Josh Duhamel as her groom, Tom. While Darcy would have rather eloped, “groomzilla” Tom talks her into gathering their eclectic families together for an extravagant beach celebration, which turns sour pretty quickly.

“I liked the idea of flipping the gender roles, where instead of a bridezilla, you have a groomzilla,” she says. “It is the woman who is afraid of commitment and not sure about the actual idea of marriage.”

There were no cold feet when it came to Jen and Ben’s big days, with the singer describing her Las Vegas nuptials as “the best possible wedding we could have imagined – one we dreamed of long ago and made real at very, very long last.”

Now, the newlyweds are up for a little fun! They recently attended the Hollywood première of *Shotgun Wedding*, where J.Lo showcased a sheer Valentino Haute Couture dress embellished with sequins and worn over a nude bodysuit and yellow ribbon belt.

And at the after-party, she changed into a second Valentino couture outfit to celebrate alongside her love. “I’m here with my hubby,” she said in a video from the soiree before Ben came over to give her a loving kiss on top of her head. “We’re having a good time.”

DREAM COME TRUE

The early days of married life, says J.Lo, feel like “all [our] dreams coming true.” But is there a chance the couple could make their fans’ dream come true and team up onscreen again? “We love being together and working together,” the actress said at the première, “so you never know.”

For now, though, she’s gushing over the cast of her latest flick, from having a blast on-set with Josh to getting to know *The White Lotus*’s Jennifer Coolidge to chumming around with Lenny Kravitz. In the film, the legendary rocker plays her ex-boyfriend, who is invited to the wedding by the bride’s father –

CLOCKWISE FROM LEFT: AXELLE/BAUER-GRIFFIN/GETTY IMAGES; CHRISTOPHER POLK/GETTY IMAGES (2); ANA CARBALLOSA/LIONSGATE; ON THE JLO

> ‘That’s why we ran off to Vegas…it took all the pressure off’

something Jennifer said did not happen at her own wedding. “I don’t think my dad would ever do that – ever,” she says. “My dad is the quiet, calm dad – he doesn’t ruffle feathers. Now if you said my mom, then I would be like, ‘Oh, maybe!’”

BEST DRESSED

One thing J.Lo knows about weddings, both onscreen and off, is that it’s all about the dress – she wore three Ralph Lauren gowns at her Georgia ceremony and put a lot of thought into her wedding attire in the film. “I really felt like the dress itself was a character,” she says. “It represented what Darcy was going through.

“I wanted it to start off as super uncomfortable: it was the biggest, most cumbersome kind of beautiful but also not ‘her’ at all. And then, as she was more honest with Tom about who she was and what she wanted and stepped into her own power and authenticity, pieces of the dress started coming off.

“By the end, she’s this badass and she’s taken off the hair extensions and she’s like, ‘All right now, everybody listen to me!’” H

REPORT: EMILY HORAN

Whether at a wedding chapel in Las Vegas (below left, with husband Ben) or onscreen in *Shotgun Wedding* (below right, with co-star Josh Duhamel), Jennifer knows how to rock a wedding dress.

STEPPING OUT FOR A RARE DATE NIGHT

RICHARD GERE

AND WIFE ALEJANDRA LEAD A 'QUIET AND HAPPY LIFE' WITH THEIR TWO YOUNG SONS

Richard Gere and wife Alejandra prefer to keep their loving relationship out of the spotlight. But every once in a while, like at the New York City première of Richard's latest rom-com, *Maybe I Do*, we see these sweethearts out on the town and looking as smitten as ever.

"Such a fun night," Alejandra posted of their red-carpet date. The publicist and political activist looked ravishing in a red Galvan London dress paired with David Yurman jewels as her husband of four years cuddled up beside her.

Since marrying in a secret civil ceremony in 2018 after dating for three years, the *Pretty Woman* star, 73, and the Spanish beauty, 39, have been quietly enjoying their thrilling journey. Both had been married previously – he to supermodel Cindy Crawford and then actress Carey Lowell, she to entrepreneur Govind Friedland – but came into each other's lives at the right time.

"I was a little lost, without light, and knowing him gave meaning to my life," Alejandra confessed to *Hola!* (*Hello!*'s sister magazine) about her leading man after they tied the knot. "It was feeling that someone was reaching out and showing me my true path."

RUNAWAY FUN

Today, parenthood is their priority, with the pair doting on their young sons, Alexander, 3, and a two-year-old whose name they haven't revealed. Both have older children from previous relationships: Alejandra's son Albert, 10, and Richard's son Homer, 23 (with former Bond girl Carey).

There's no doubt the kids have the run of the couple's sprawling New York City home, as do two curious cats who recently joined the family.

And for the *Runaway Bride* star, it just doesn't get any better: "I have found the quiet and happy life that I have always sought." H

REPORT: SUZANNE WINTROB

MERRY CHRISTMAS

Richard and Alejandra only have eyes for each other as they step out for the première of his new rom-com, *Maybe I Do* (opposite). The pair said 'I do' quietly in 2018 (top) and now share two young sons (above, in their recent holiday greeting).

FROM LEFT: JAMIE MCCARTHY/GETTY IMAGES (2); ALEJANDRA GERE INSTAGRAM (2)

IN THE SPOTLIGHT

King Charles's coronation plans revealed

Less than 100 days to go! With the coronation of King Charles III fast approaching, Buckingham Palace has shared exciting details about what's in store for the historic weekend.

Taking place at Westminster Abbey on Saturday, May 6, the coronation, which will also see Camilla be crowned Queen Consort, is expected to be "a solemn religious service," as well as an "occasion for pageantry." The ceremony will be followed by a procession to Buckingham Palace, where Charles, 74, and Camilla, 75, and other members of the Royal Family will make an appearance on the balcony to conclude the day's celebrations.

The following day's events will include the Coronation Concert at Windsor Castle (featuring "global music icons and contemporary stars") and the Coronation Big Lunch, which invites neighbours and communities across the country to "share food and fun together." Coronation Weekend concludes on May 8, a bank holiday in the U.K., with the Big Help Out, an event that encourages people to volunteer within their community.

1. GEORGE CLOONEY

Reveals past medical condition

George Clooney has opened up about suffering from a facial ailment as a teenager. The Oscar winner, 61, shared the fact on a segment of *Jimmy Kimmel Live!*'s 20th anniversary episode, where the host showed photos of a young George, including one picture that featured a slanted smile. "I have Bell's palsy there and half of my face is paralyzed," pointed out George. He reportedly lived with the condition for nine months.

2. BLAKE LIVELY

Set to star in the romance *It Ends With Us*

As she awaits the arrival of her fourth child with husband Ryan Reynolds, 46, Blake Lively, 35, is gearing up for another exciting role. The actress will star in the film *It Ends With Us* based on the bestselling 2016 romance novel. "She's my dream Lily," said author Colleen Hoover, 43, of Blake's character. Starring as Blake's onscreen love interest is *Jane the Virgin*'s Justin Baldoni, 39, who is also directing the film.

Quote of the week

"We are here to lead by love because Miranda is love and, as a lot of you know, love comes in many family iterations"

Singer Katy Perry (L) has nothing but co-parenting praise for fiancé Orlando Bloom's ex-wife, model Miranda Kerr

3. MEGHAN TRAINOR

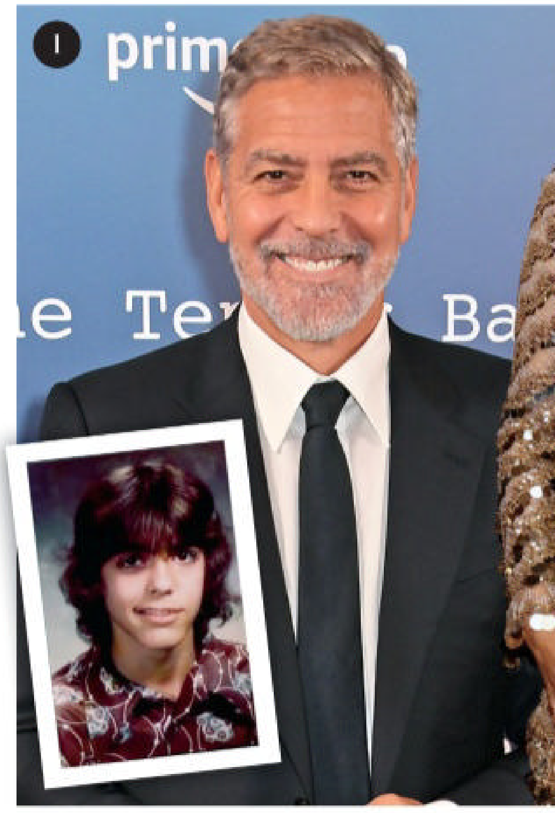
Expecting second child this summer

It's all about the babies for singer Meghan Trainor. "I'm pregnant. We did it!" Meghan, 29, said on *Today*, where she also unveiled plans for an upcoming book, *Dear Future Mama*, a guide for expectant moms. Though she didn't reveal her second child's gender, she delighted fans by taking to Instagram with ultrasound pics. Meghan and her husband, *Spy Kids* actor Daryl Sabara, 30, also have a son, Riley, who turns two on Feb. 8.

4. HELEN WORTH

Awarded prestigious MBE

After nearly 50 years on *Coronation Street*, Helen Worth received royal approval at Windsor Castle, where the Prince of Wales presented her with an MBE for services to drama. "He was so lovely, so easy…very complimentary," she said. Helen, 72, who plays Gail Rodwell (née Potter) on TV's longest-running soap, added, "To have had a job and one that I love, and to be able to work in it is quite extraordinary – and then to get an award for it is just the icing on the cake."



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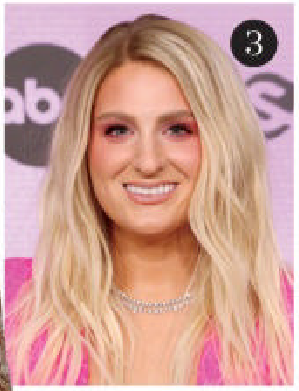

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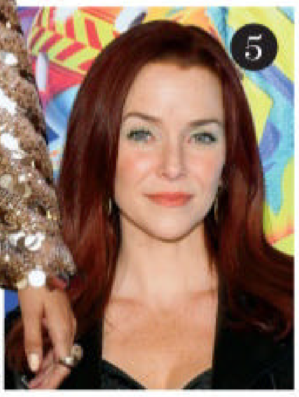

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5. ANNIE WERSCHING

Passes away from cancer

At 45, Annie Wersching, known for roles on TV hits like *24*, has lost her battle with cancer. The news was announced by her husband, actor Stephen Full, 53. Annie – whom Canadian *24* star Kiefer Sutherland called "one of the greatest actors I've ever had the pleasure of working with" – continued acting after her 2020 diagnosis, with roles in *Star Trek: Picard* and *The Rookie*. A GoFundMe page has been set up to support sons Freddie, 12, Ozzie, 9, and Archie, 4.

6. JAAFAR JACKSON

Set to play his uncle Michael in new biopic

Following a global casting call, Michael Jackson's 26-year-old nephew has been chosen to portray the late King of Pop in an upcoming film. "I'm humbled and honoured to bring my Uncle Michael's story to life," penned singer Jaafar Jackson, son of singer Jermaine, 68. The choice drew praise from family matriach Katherine, 92. "Jaafar embodies my son," she said. "It's so wonderful to see him carry on the Jackson legacy of entertainers and performers."

LEFT TO RIGHT, TOP TO BOTTOM: JON BOND/GETTY IMAGES; MONICA SCHIPPER/GETTY IMAGES; DAVID M. BENETT/GETTY IMAGES; TAYLOR HILL/GETTY IMAGES (2); ANDREW MATTHEWS/GETTY IMAGES; NO CREDIT; RODIN ECKENROTH/GETTY IMAGES; GABRIEL OLSEN/GETTY IMAGES; FRANK EDWARDS/GETTY IMAGES

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Set up camp anywhere with this wearable shelter.

RAISING THE ROOF

This collection doesn't exist.
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KICKING OFF HER WORLD TOUR IN CANADA

MADONNA

HITS THE RIGHT NOTE WITH FANS AS SHE GETS INTO THE GROOVE FOR A 40TH ANNIVERSARY CELEBRATION

She's back! Madonna will touch down in Vancouver on July 15 and play Toronto and Montreal in August. The Queen of Pop has an exciting history with Canada since first rocking here in her *Desperately Seeking Susan* days (right).

When Prince Harry and Meghan moved to Vancouver Island with baby Archie after stepping down as senior royals, many people applauded their choice. Leave it to Madonna, though, to go against the flow.

"Hey, Harry, don't run off to Canada. It's so boring there," the Material Girl joked on Instagram. "I'll let them sublet my apartment on Central Park West."

Three years on, she's changed her tune. Shortly after announcing three Canadian concerts on her upcoming global tour, *Madonna: The Celebration* – marking the 40th anniversary of her debut album – the star, 64, delighted fans by adding more dates to the mix. The extra shows sold out in minutes.

LUCKY STAR

Like the other countries in which she's scheduled to perform, Canada has warmly embraced Madonna – ever since she performed "Holiday" and "Lucky Star" as part of her very first world tour (*The Virgin*) at Toronto's now-defunct Maple Leaf Gardens in 1985.

And the Queen of Pop has reciprocated that affection. On her 1987 *Who's That Girl* world tour, she drew on her Québécois roots, speaking French onstage – her late mother, Madonna Louise Fortin, came from a long line of French Canadians who moved to the U.S. in the 1880s.

Fast-forward to 2012, when Madonna became the first performer to be allowed to charge admission at Quebec City's historic Plains of Abraham site. (Fellow superstars, including Celine Dion and Sir Elton John, had played the outdoor venue for free, per longstanding tradition.)

In 2015, she revved up West Coast fans during the *Rebel Heart Tour*, downing alcohol shots onstage as her ex-husband Sean Penn sat front row at Vancouver's Rogers Arena.

By now, the Material Girl had been busy on the domestic front, too, tending to an ever-growing family. She welcomed daughter Lourdes in 1996 with fitness trainer Carlos Leon and son Rocco in 2000 with her then-husband, Guy Ritchie; they also

1985

FROM LEFT: KEVIN MAZUR/GETTY IMAGES; COLIN MCCONNELL/GETTY IMAGES

Madonna was allowed to charge admission at Quebec's hallowed Plains of Abraham site

adopted son David in 2006 before divorcing two years later. Madonna would go on to adopt daughter Mercy in 2009, and twins Estere and Stella eight years later.

LIVE TO TELL

But it was back before she had kids that Madonna actually ruffled a few Canadian feathers. Of course, we're referring to the infamous 1990 *Blond Ambition* world tour, which still has locals – and the singer herself – talking decades later. After the second of her three Toronto shows, some audience members complained of Madonna's sexual antics onstage, and police threatened to lay obscenity charges and cancel her final show. She captured the ensuing drama in her 1991 documentary, *Madonna: Truth or Dare*, in which she's heard calling Toronto a "fascist state."

While Madonna has dazzled in Canada on many more occasions (including an appearance at the Toronto International Film Festival for her directorial effort, *W.E.*, in 2011), she has never forgotten that fateful day. In town in 2014 for the grand opening of her upscale gym, Hard Candy Fitness, she couldn't help but reminisce. "I think Toronto finally learned to accept me," she told reporters. "I love Toronto."

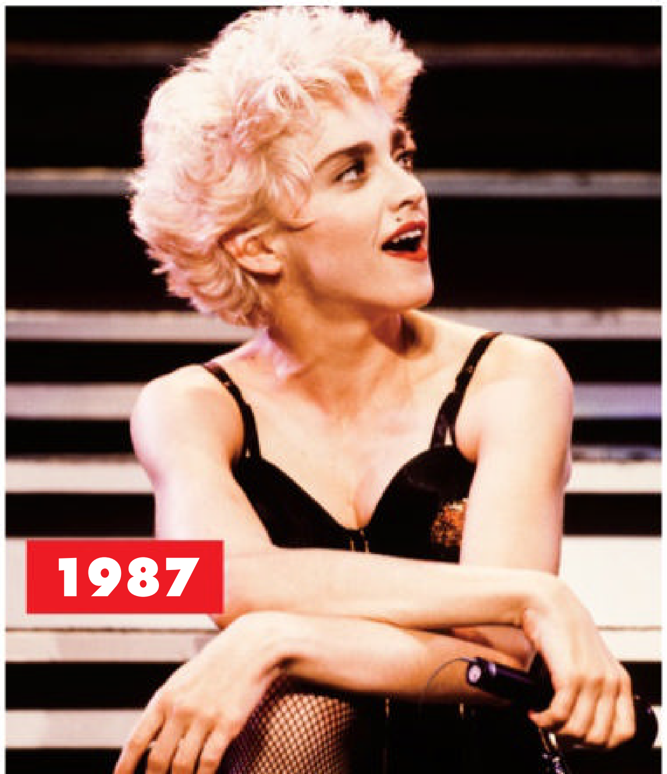
We're sure the city – and the rest of Canada – will reciprocate the love when she heads our way this summer! H

REPORT: SUZANNE WINTROB

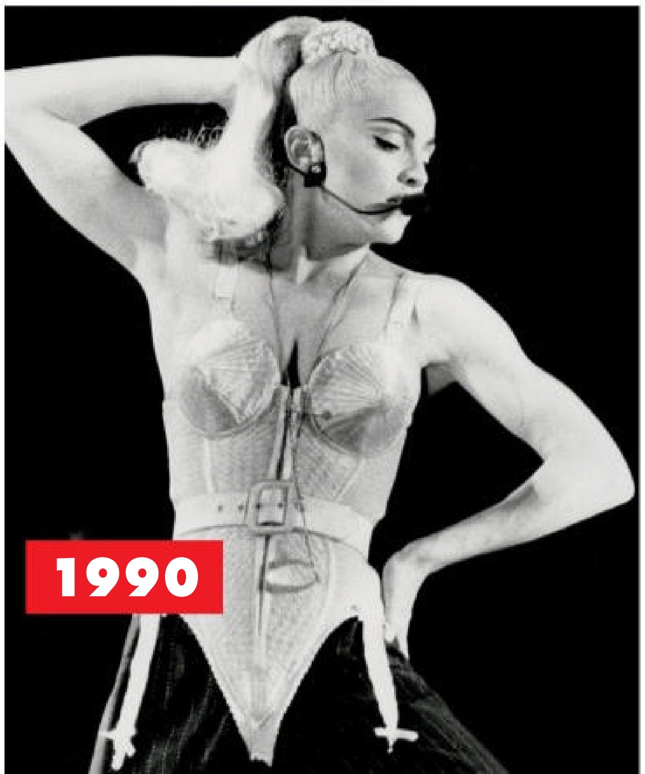
2015

2004

It's been nearly eight years since Madonna last took the stage in Canada (above, in Vancouver). Though her look has evolved over the years, it was her racy 'Vogue'-era concert (below, middle) in Toronto that almost got her arrested. But we still loved the Material Girl! On her *MDNA* tour, 72,000 fans saw her perform at the Plains of Abraham (below).



1987



1990

2012

CLOCKWISE FROM TOP RIGHT: SPLASH NEWS; FRANCIS VACHON/THE CANADIAN PRESS; COLIN MCCONNELL/GETTY IMAGES; PONOPRESSE/GETTY IMAGES; AARON HARRIS/THE CANADIAN PRESS

HELLO!

HOROSCOPES

BY OSCAR CAINER

AQUARIUS

Jan. 21 - Feb. 19

Have you ever had one of those dreams where you're waking up from a dream? Sometimes it feels like you're stuck in an alternate reality you can't wake up from. But with the full moon (in your opposite sign) energizing your ruler, Uranus, you have the rare opportunity to fulfil a secret ambition. Identify it, and not only will you break the cycle but your week will feel like a dream come true.

JENNIFER ANISTON TURNS 54 ON FEB. 11

LIBRA

Sept. 24 - Oct. 23

Alien invasions are a common movie theme. The idea of strange beings taking over fascinates us. But we mustn't fret – the other inhabitants of our galaxy are very likely more nervous about us! And they might very well be puzzled by our tendency to overcomplicate simple things. This week, you can overcome this habit. As something simple unfolds, trust it. Imagine the best and it's what you'll get.

PISCES

Feb. 20 - March 20

What can you do with a little bit of good fortune? It depends on your luck-to-success conversion rate! The fact is, we all have different needs and welcome opportunities at different speeds. You're not a greedy consumer of chances – when a strong possibility opens up, you make the most of it. The full moon brings a positive proposition. Take hold and use it to improve your chance of success.

ARIES

March 21 - April 20

They say "what goes around comes around." It's true – even in the world of fashion, where trends resurface and remind us of past (and perhaps questionable!) choices. You'd like to think you've seen the back of a silly situation, but you'll face it again, albeit with a twist. Take the opportunity to learn from this experience. Then, next time, you'll be able to smile and just move it to the back of your mental closet.

TAURUS

April 21 - May 21

We don't need to be perfect to feel good. Unhappiness doesn't stem from the absence of personal perfection; it's often simply a result of believing that things "should" be better than they are. High expectations, based on superficial comparisons, result in pain, while high levels of acceptance, based on tolerance, lead to joyfulness. This week, the full moon encourages you to cherish all you have. Enjoy!

GEMINI

May 22 - June 22

You're not obliged to be the person you used to be. No one's forcing you to play by the same rules. But old habits die hard. And when we're under pressure, we tend to fall back into familiar behaviour patterns. This full moon brings a chance to break with tradition. It's going to require faith and self-assurance. Give yourself permission to do things differently. The results will be empowering.

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CANCER

June 23 - July 23

The cosmetics industry promotes thousands of products designed to make us look younger. There's also a vast selection of goods meant to make our homes look better and brighter. But how reliable are such fixes? If you're hoping to look and feel good, only one option guarantees results: happiness. And with the full moon bringing a chance to sort out a source of stress, that's attainable this week.

LEO

July 24 - Aug. 23

Having the full moon in your sign is exciting. This annual event brings an extra boost of energy. With your outgoing personality at its most sparkly, this is a week to get out and about. You can be confident that you'll find creative ways to resolve routine issues – even surprising challenges will be relatively simple to sort out. Just don't be so busy that you discount an idea that could take you on a fast track to success.

VIRGO

Aug. 24 - Sept. 23

Sometimes, we are in "backpacker" mode. Wherever we go, we find trinkets and souvenirs of our journey, which we add to the load we carry. Today, you're toting a lot of weight on your shoulders – your consideration for others has resulted in you holding so many people's problems that you're struggling to keep moving. The full moon brings a chance to lighten the burden and take a well-deserved break.

SCORPIO

Oct. 24 - Nov. 22

It's mind-boggling to think we can buy lactose-free milk and alcohol-free beer and that they'll taste good even without their defining ingredients! If only we could adapt our approach to life so that we're happy with outcome-free experiences and destination-free journeys! This week, as you set your sights on a result – and manage expectations – the full moon lets you accept a different, but still positive, outcome.

SAGITTARIUS

Nov. 23 - Dec. 21

Reading, writing and arithmetic is all well and good, but sometimes you have to give a child's imagination free rein and let them colour outside the lines. And the same goes for adults. You've found yourself in a situation that looks good on paper but has you stifling your natural exuberance. The full moon will reveal an escape route that frees you to be yourself. Let the real you shine through!

CAPRICORN

Dec. 22 - Jan. 20

Don't waste your chance to take a big step forward this full-moon week. Why would a diligent Capricorn do that? Well, maybe because you're so conscientious. You're caught up in a drama that isn't particularly relevant to you or your goals, and the immediacy of the crisis might lead you to overlook your own needs. No matter how obliged you feel, don't negate a chance to make a difference in your future.

PUZZLE SOLUTIONS

JANUARY 23 (855)

CROSSWORD

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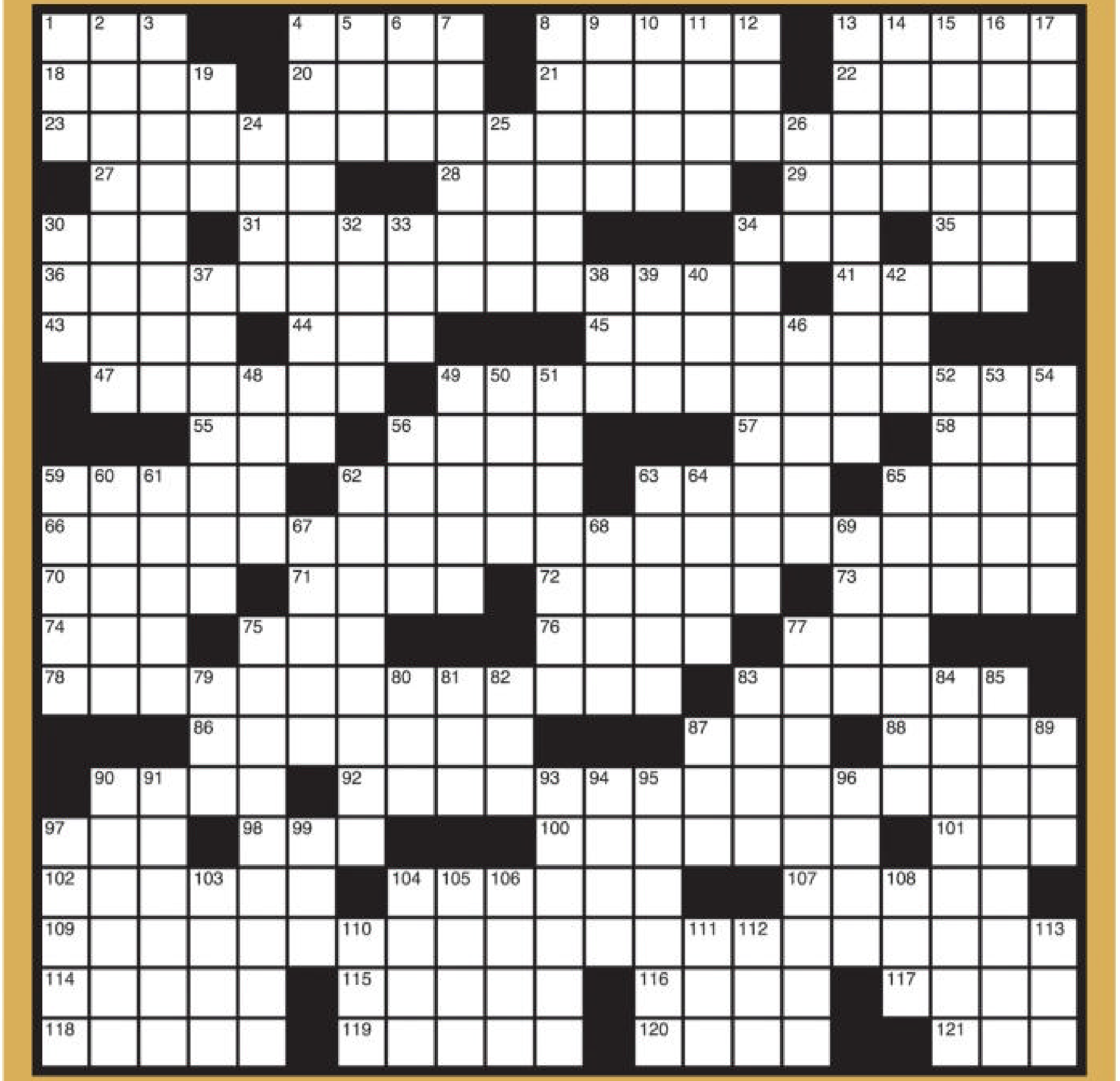
AMY SUSSMAN/GETTY IMAGES

OPPOSITE DAY

CROSSWORD

BY BRIAN THOMAS & BROOKE HUSIC



ACROSS

1 Cat's attention-getter, maybe
4 Car once advertised as a "well-built Swede"
8 End point for some boots and skirts
13 Like cookies soon after the Cookie Monster spots them
18 Equine parent
20 Anti-censorship org.
21 Provençal mayo
22 Only just
23 Drill sergeant, perhaps?
27 New York, for one
28 Lubricate
29 Return
30 Audrey Hopburn letters
31 Distribution parties
34 Ellington composition
35 Inning's trio?
36 Collective action by society women?
41 French bread?
43 Part of an underwater forest
44 One-eighty
45 Movie trailer?
47 Pick up
49 Farm bird that never topples?
55 Wrath
56 Honeycomb unit
57 Rep. from the Bronx
58 WWF, e.g.
59 Mountain goats' terrain
62 Temperamental
63 Org. with the largest-circulation magazine in the U.S.
65 Corner store
66 Amendment proposed by a technophile?
70 Cut and paste, say
71 Ibex range
72 Drops
73 Invite for
74 Gretchen of *Boardwalk Empire*
75 La Liga cheer
76 Contact __
77 Carol contraction
78 Like a typical ride on a mechanical bull?
83 Some Japanese TVs
86 "I don't care!"
87 Terr. divided in 1889
88 Kiwi-shaped
90 Colour of Montana's flag
92 Endure within a group of peers?
97 __ carte
98 *Hair Love* voice actress Issa
100 Strapless bralette
101 __ *Lasso*
102 Passing remark?
104 Slides (over)
107 Hides in plain sight?
109 Death and taxes, per Benjamin Franklin?
114 Contributed
115 French 101 verb
116 Ziggurat level
117 Shoestring catch?
118 Creates a Maillard reaction on a steak, say
119 Gave back, as land
120 Be worthy of
121 Nestlé's __-Caps

DOWN

1 Nintendo : DS :: Sony : __
2 Measure typically given in knots
3 Like some data disks
4 Chili-based Vietnamese condiment
5 The "A" of LGBTQIA+, for short
6 The "A" of 30-Across
7 __ cord
8 Maximally vanilla
9 "Howdy there!"
10 Cyclotron particles
11 "I'm rubber, you're __ . . ."
12 That guy
13 Fired up
14 Prefix with Mexico
15 BOGO deal
16 Weather-affecting Pacific current
17 Politburo nos
19 Noblezada of *Easter Sunday*
24 Bumping heads
25 Drops the ball, say
26 __-free plastic
30 Brief "Beats me!"
32 Fit of pique
33 Great Basin native
34 Sends off the soccer pitch
37 Far from relaxed
38 Colour TV pioneer
39 Offline, briefly
40 Kenan's *Good Burger* co-star
42 Sch. that competes against Notre Dame for the Jeweled Shillelagh
46 [Crossing my fingers!]
48 German "first"
49 Bright shades
50 Ye __ Shoppe
51 Eschew a co-pilot
52 Real talent
53 Wading bird
54 "Au contraire!"
56 Member-owned grocery
59 Espresso froth
60 Free from
61 Fleet of foot
62 Chemistry class model
63 Filling with wonder
64 Children's song marchers
65 Text in a long-distance relationship, maybe
67 Tibia neighbour
68 Spilled salt, to some
69 Thinking a song is about oneself, say
75 Music store supply
77 Roll the dice, say
79 Pacific Northwest sch.
80 Hawaiian for "white"
81 Texting tech
82 "If we must die, O __ us nobly die": McKay
83 Herb used in some smudging rituals
84 Big hands?
85 Word in an Arthur Miller title
87 RPG with a 20-sided die
89 Acid initials
90 Strawberry __
91 Highfalutin
93 "All __!"
94 Rolls in yoga class
95 In the office
96 Word after rage or force
97 __ frescas: fruit drinks
99 Passover's month, often: Abbr.
103 Even once
104 Back up
105 Graceless one
106 The Four Tops singer Benson
108 Some laptops
110 __ fly
111 Spy-fi org.
112 Not 'neath
113 Nwodim of *SNL*

SUDOKU

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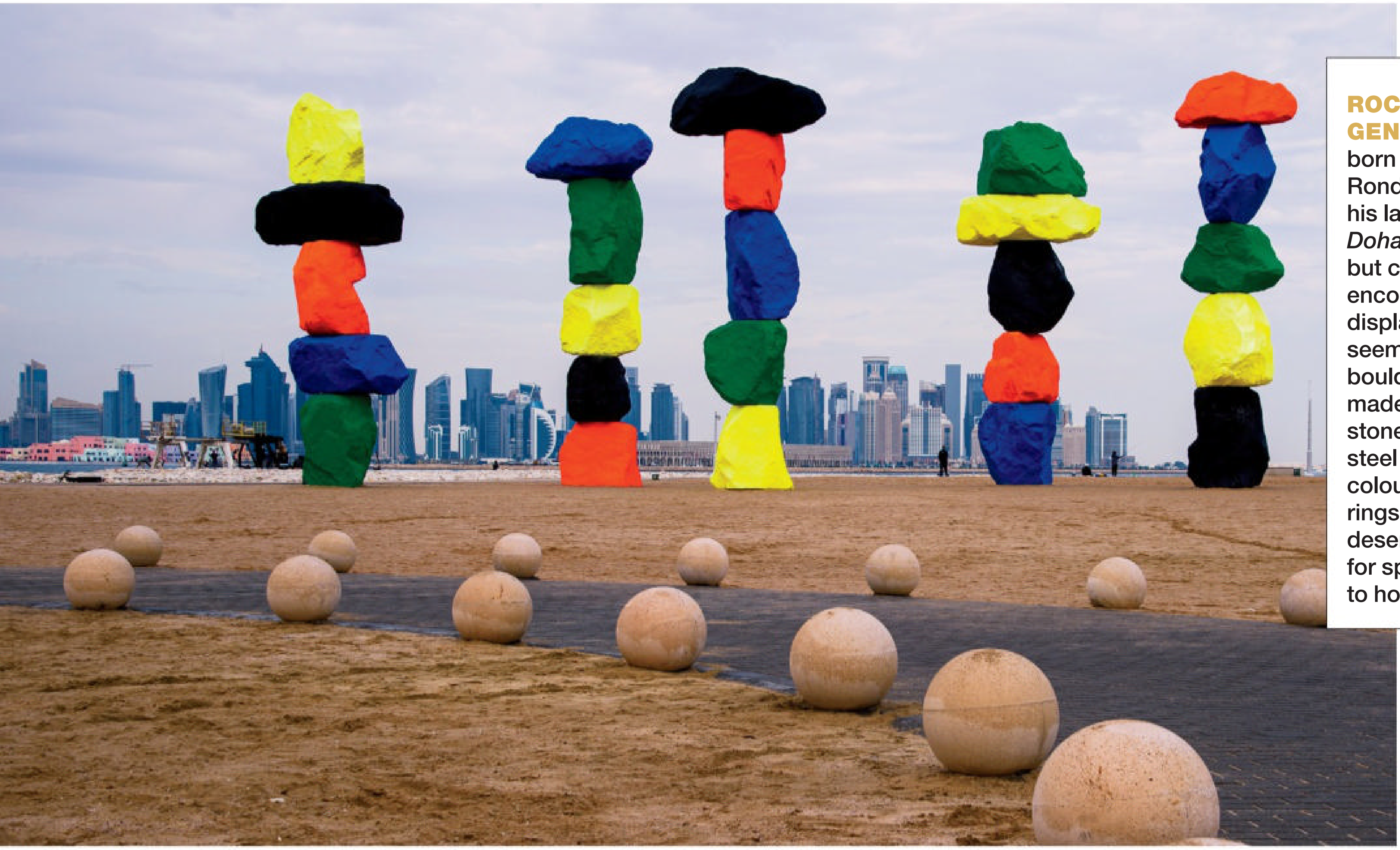
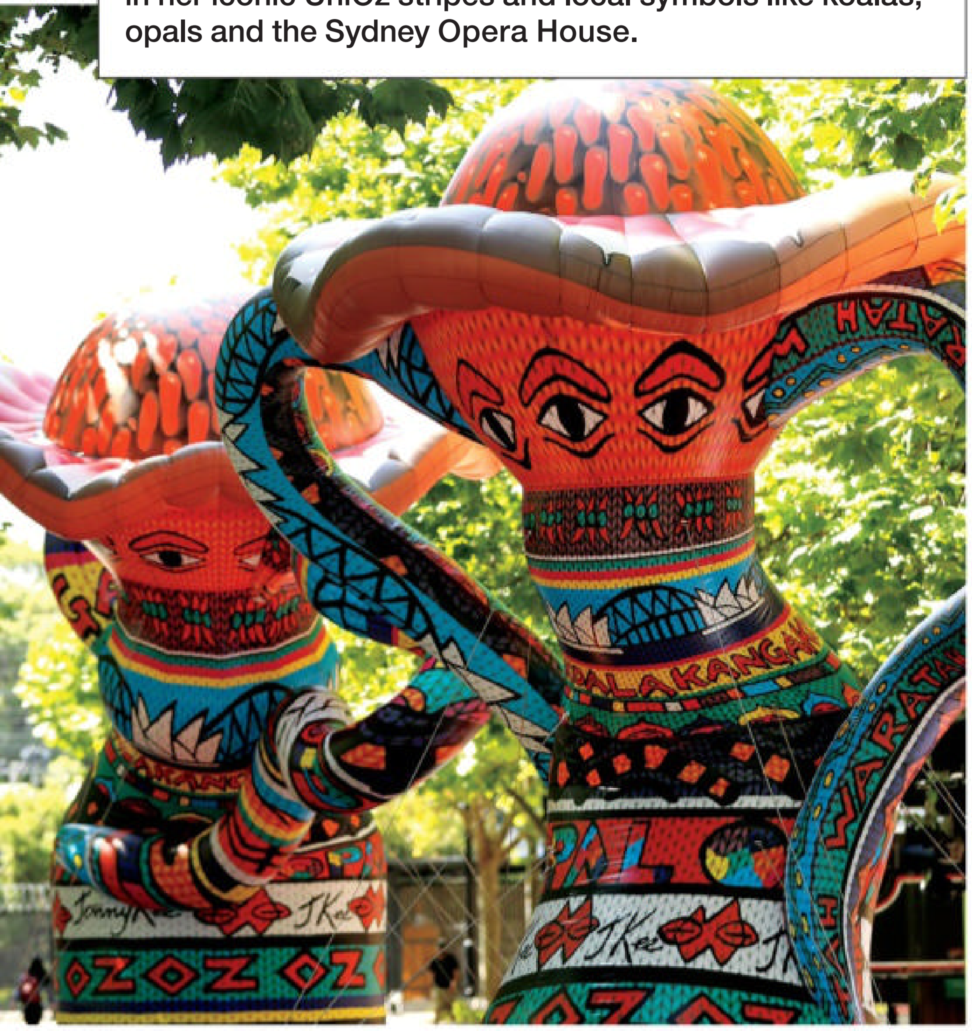
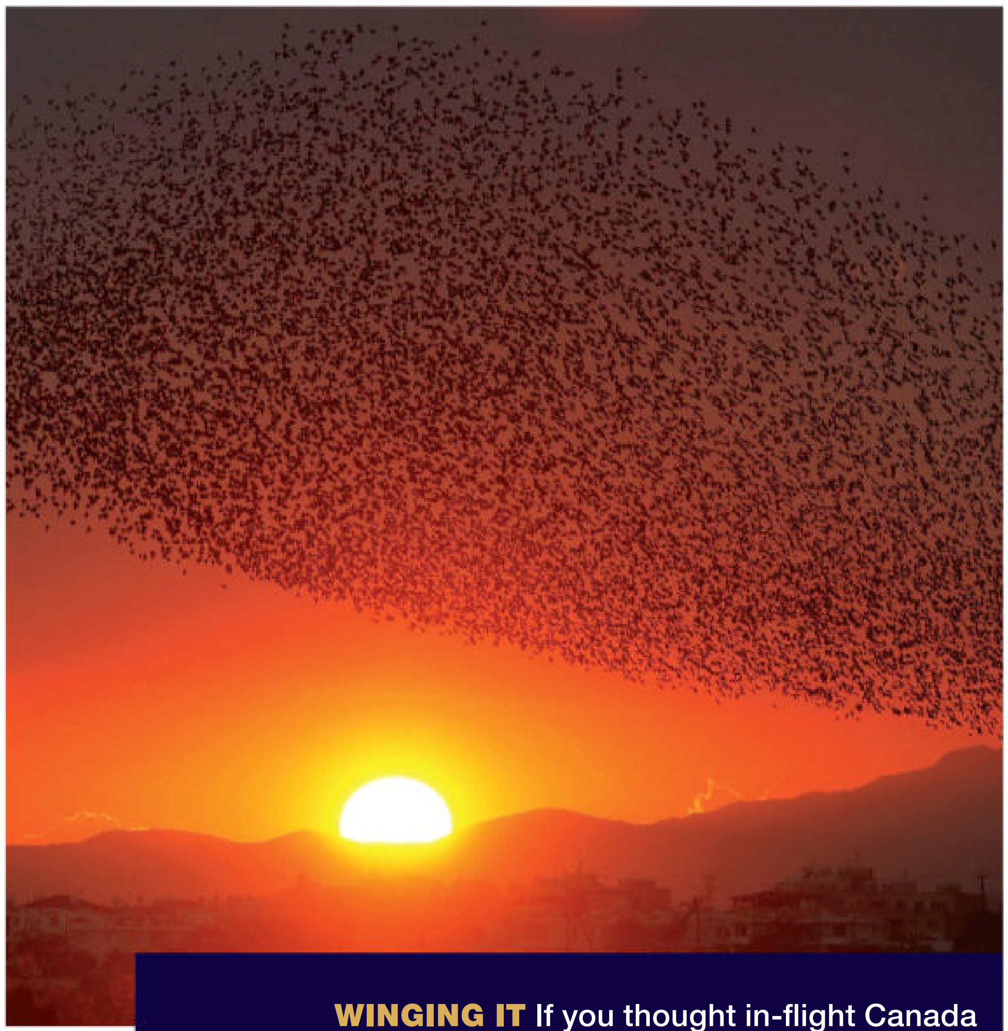


ROCK ME GENTLY Swiss-born artist Ugo Rondinone named his latest work *Doha Mountains*, but climbing isn't encouraged! On display in Qatar, the seemingly teetering boulders – actually made of painted stone and stainless steel – radiate the colours of Olympic rings to reflect the desert city's passion for sports and desire to host the Games.

PAINTED LADIES Jenny Kee's giant inflatables, *The Aunties*, take pride of place at this year's Sydney Festival. The fashion designer – whose career was inspired by the sewing skills of her mom's sisters – decked out the duo in her iconic UniOz stripes and local symbols like koalas, opals and the Sydney Opera House.





WINGING IT If you thought in-flight Canada geese were a tight bunch, take a gander at this thousand-plus-strong starling murmuration, which soars near Larnaca, Cyprus. The stocky birds fly en masse to avoid predators while exchanging deets on prime feeding spots.

OVER THE HUMP Like a scene out of the movies, tourists ride Bactrian camels at the Crescent Spring on China's snow-covered Mingsha Mountain. Travellers brave the cold at the picturesque spot along the ancient Silk Road trading route to get up close and personal with this rare variety of camel, of which there are fewer than 1,000 left in the wild.

ON THE DOT A larger-than-life sculpture of Japanese "polka-dot" artist Yayoi Kusama hangs around Louis Vuitton's flagship store on Paris's Champs-Élysées, marking their latest collaboration. At 93, the reclusive Yayoi is a veritable giant in the art world, having made more money at auction than any other female artist.

FREE HAND "This piece is a call to action, or call to love," says American artist Hank Willis Thomas of *The Embrace*, his massive bronze sculpture in Boston Common that reimagines the intertwined hands of Martin Luther King Jr. and wife Coretta Scott King when the civil rights leader won the 1964 Nobel Peace Prize.

CLOCKWISE FROM TOP LEFT: NURPHOTO/GETTY IMAGES; VCG/GETTY IMAGES; MEDIAPUNCH/ALAMY; EDWARD BERTHELOT/GETTY IMAGES; REUTERS/ALAMY; BRENDON THORNE/GETTY IMAGES

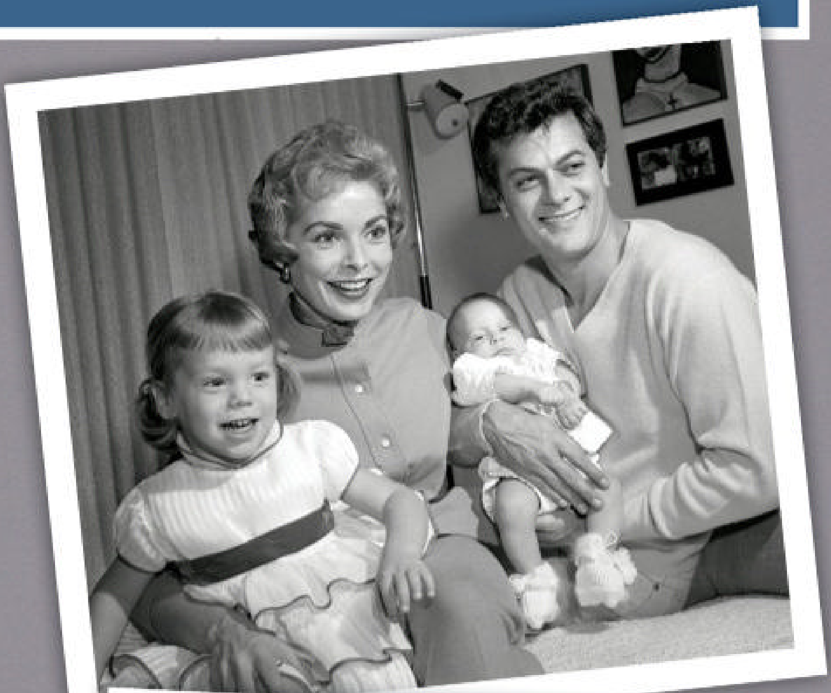
OVER THE MOON AT HER FIRST OSCAR NOD

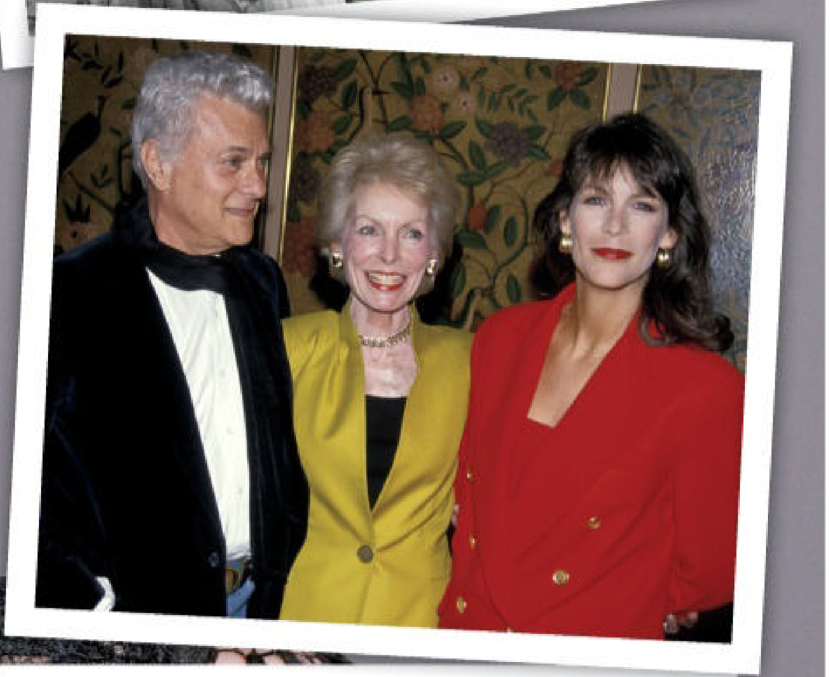
JAMIE LEE CURTIS

PAYS TRIBUTE TO HER FAMOUS PARENTS AS THIS YEAR'S ACADEMY AWARD NOMINATIONS ARE ANNOUNCED

'It was never even in my wildest dream box'
- JAMIE LEE CURTIS

As a newly minted Oscar contender, *Everything Everywhere All at Once* star Jamie Lee Curtis (below, with the cast) follows in the footsteps of her Oscar-nominated parents, Tony Curtis and Janet Leigh (right, from top, with Jamie Lee as an infant and adult).





With Oscar gold on the horizon, Jamie Lee Curtis is glowing like never before.

"It was never even in my wildest dream box," she shared with fans when she learned she'd been nominated in the best supporting actress category for *Everything Everywhere All at Once*. Jamie Lee, 64, plays an IRS inspector and other alternate-universe personas in the hit sci-fi comedy about an immigrant family's struggles, which garnered 11 nominations, including best picture.

For the star who has reigned in Hollywood for more than four decades as a funny lady and *Halloween* scream queen – and won two Golden Globes and a BAFTA award for films such as *True Lies* and *Trading Places* – her first Academy Award nod is the icing on the cake.

It also had her reminiscing about her late parents, screen legends Tony Curtis (*Some Like*

Elvis's eight nominations were poignant as they came shortly after the death of Lisa Marie Presley (3rd L, with her mother and daughters at last year's première). 'This is for her,' declared best actor nominee Austin Butler (left).

It Hot) and Janet Leigh (*Psycho*), whom she described as "children of immigrants from Hungary and Denmark whose families came here and sacrificed for their children to achieve their dreams."

Added the emotional mom of two: "I can only imagine what it would feel like for them and their parents to hear that their daughter [and] granddaughter was nominated this morning for an Oscar."

'BITTERSWEET MOMENT'

Familial ties were strong for other films in contention, too. Three-time Oscar winner Steven Spielberg, whose best-picture-nominated film *The Fabelmans* is based on his childhood, earned his ninth best director nod. The Marvel Universe family, with five nominations for *Black Panther: Wakanda Forever*, has its first-ever acting mention thanks to Angela Bassett. And though some fans felt that *Top Gun: Maverick* star Tom Cruise had been unfairly omitted from the Best Actor category, the box-office hit netted six nominations, as well as a thumbs-up from Tom's 28-year-old son Connor Cruise, who posted half a dozen trophy emojis in support of his famous father.

Elsewhere, Canada was recognized, with director Sarah Polley's *Women Talking* up for best picture and Toronto-based *Turning Red* recognized among best animated features.

And *Elvis* earned eight nominations just days after Lisa Marie Presley was laid to rest (see page 22), prompting best actor nominee Austin Butler to dub the honour a "bittersweet moment."

"I think of how much I wish she was here right now to get to celebrate with me," Austin, 31, told *Today with Hoda & Jenna* of Elvis Presley's only child. "It's just sort of strange to celebrate at a time of such deep grief. But I sort of think of it as a way to honour her. This is for her." H

REPORT: SUZANNE WINTROB

Top Gun: Maverick **star Tom Cruise has a fan in son Connor (above left) as the film earns six nods. Left: Best supporting actress nominee Angela Bassett says playing Queen Ramonda in *Black Panther: Wakanda Forever* 'touched my spirit.'**

CLOCKWISE FROM LEFT: KEVIN MAZUR/GETTY IMAGES; BETTMANN/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES; JON KOPALOFF/GETTY IMAGES; NOEL VASQUEZ/GETTY IMAGES;
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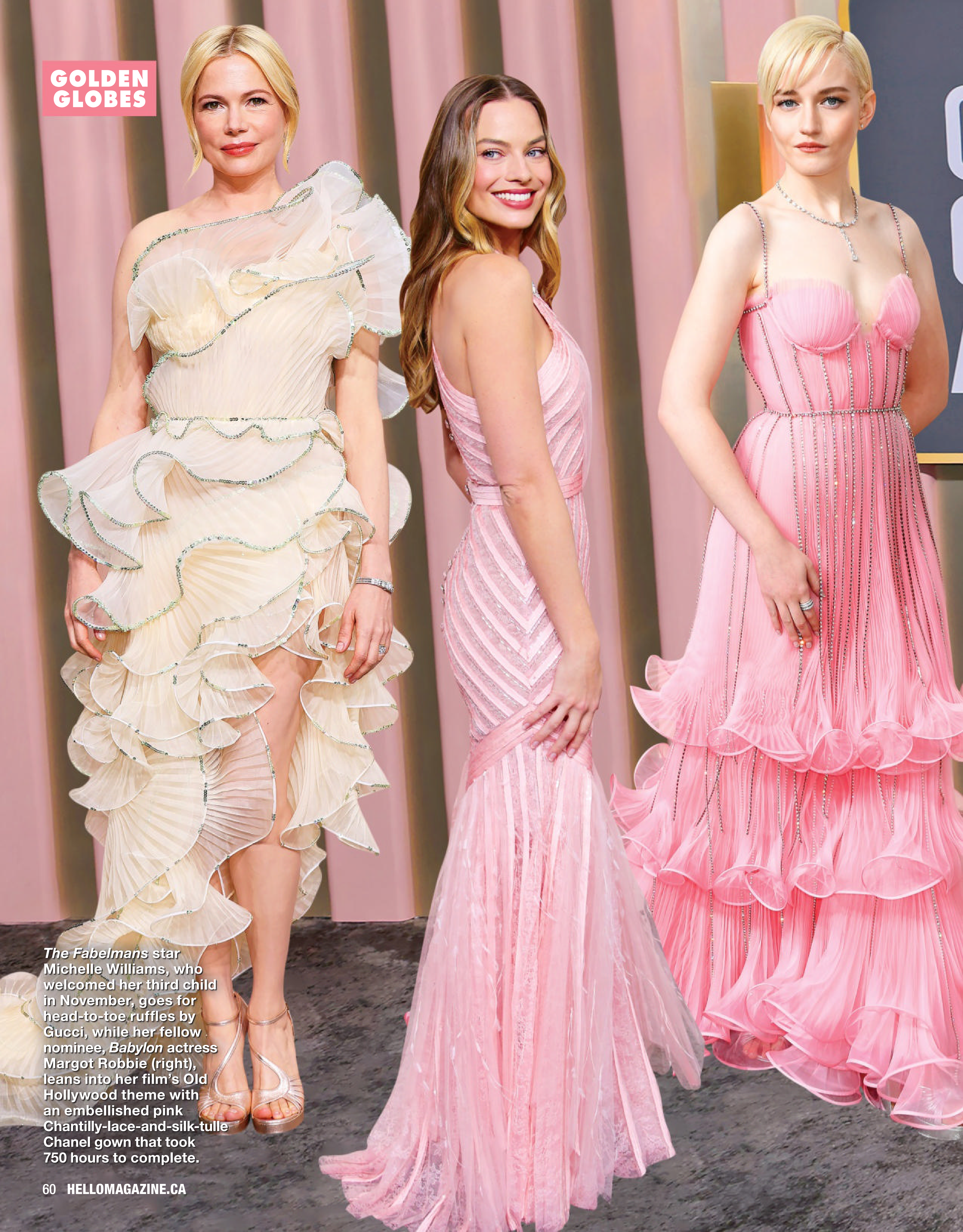


The Fabelmans star Michelle Williams, who welcomed her third child in November, goes for head-to-toe ruffles by Gucci, while her fellow nominee, *Babylon* actress Margot Robbie (right), leans into her film's Old Hollywood theme with an embellished pink Chantilly-lace-and-silk-tulle Chanel gown that took 750 hours to complete.

LET AWARDS SEASON BEGIN!

RED CARPET SENSATIONS

STARS TURN UP THE GLITZ AND GLAMOUR AS HOLLYWOOD COUNTS DOWN TO THE OSCARS

It's the most glamorous time of the year! With awards season in full swing, Hollywood's finest are already big winners on the fashion front.

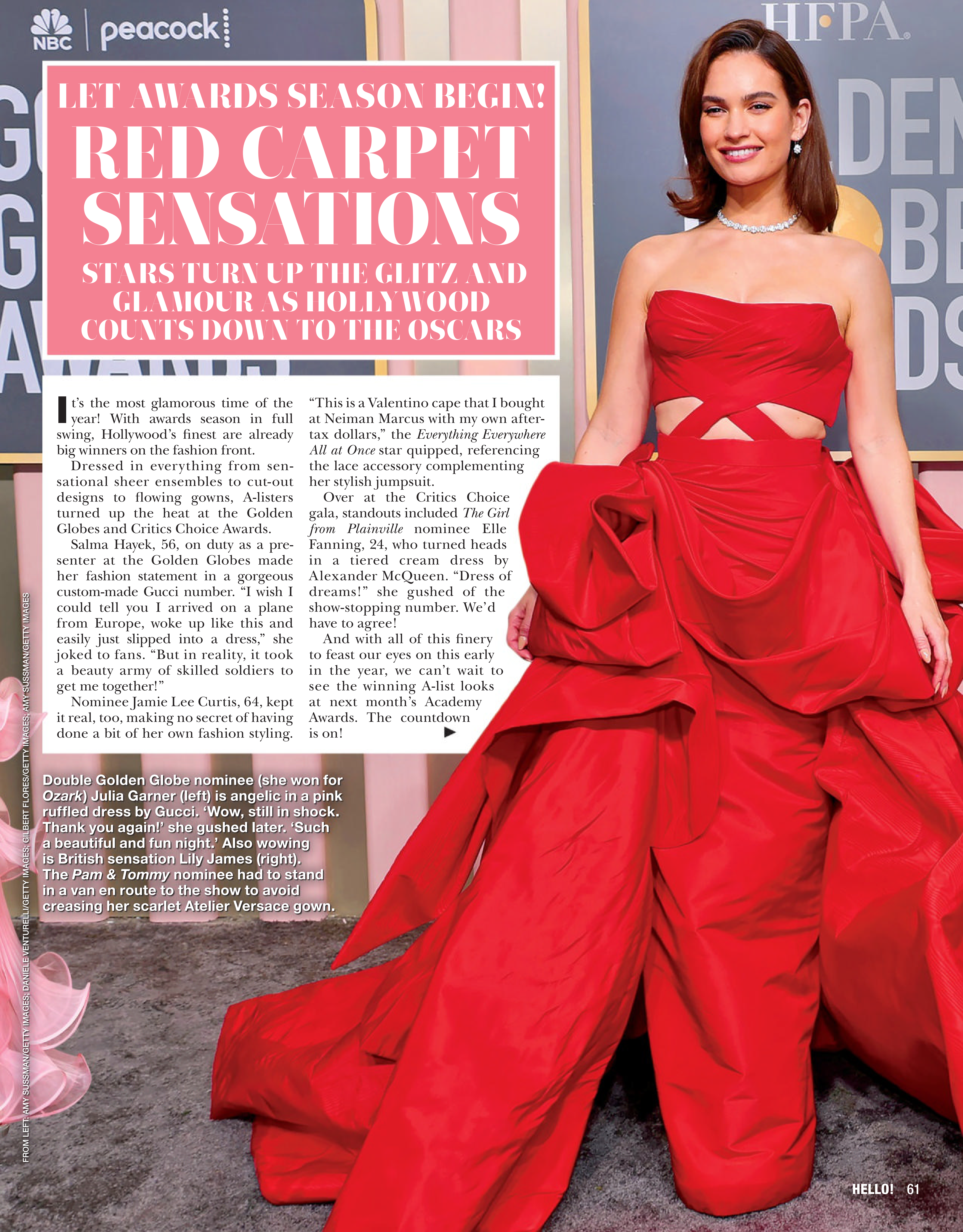
Dressed in everything from sensational sheer ensembles to cut-out designs to flowing gowns, A-listers turned up the heat at the Golden Globes and Critics Choice Awards.

Salma Hayek, 56, on duty as a presenter at the Golden Globes made her fashion statement in a gorgeous custom-made Gucci number. "I wish I could tell you I arrived on a plane from Europe, woke up like this and easily just slipped into a dress," she joked to fans. "But in reality, it took a beauty army of skilled soldiers to get me together!"

Nominee Jamie Lee Curtis, 64, kept it real, too, making no secret of having done a bit of her own fashion styling. "This is a Valentino cape that I bought at Neiman Marcus with my own after-tax dollars," the *Everything Everywhere All at Once* star quipped, referencing the lace accessory complementing her stylish jumpsuit.

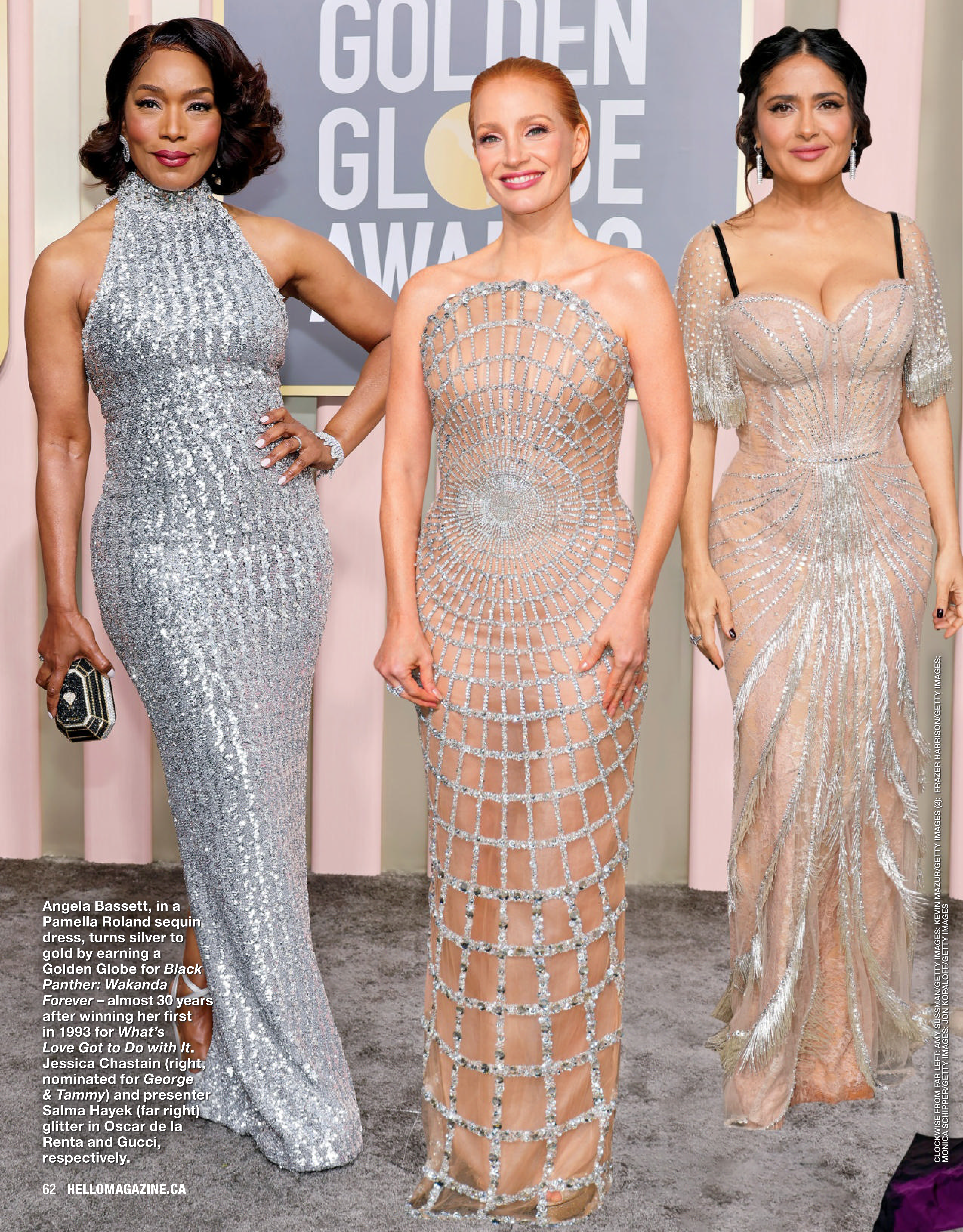
Over at the Critics Choice gala, standouts included *The Girl from Plainville* nominee Elle Fanning, 24, who turned heads in a tiered cream dress by Alexander McQueen. "Dress of dreams!" she gushed of the show-stopping number. We'd have to agree!

And with all of this finery to feast our eyes on this early in the year, we can't wait to see the winning A-list looks at next month's Academy Awards. The countdown is on! ▶



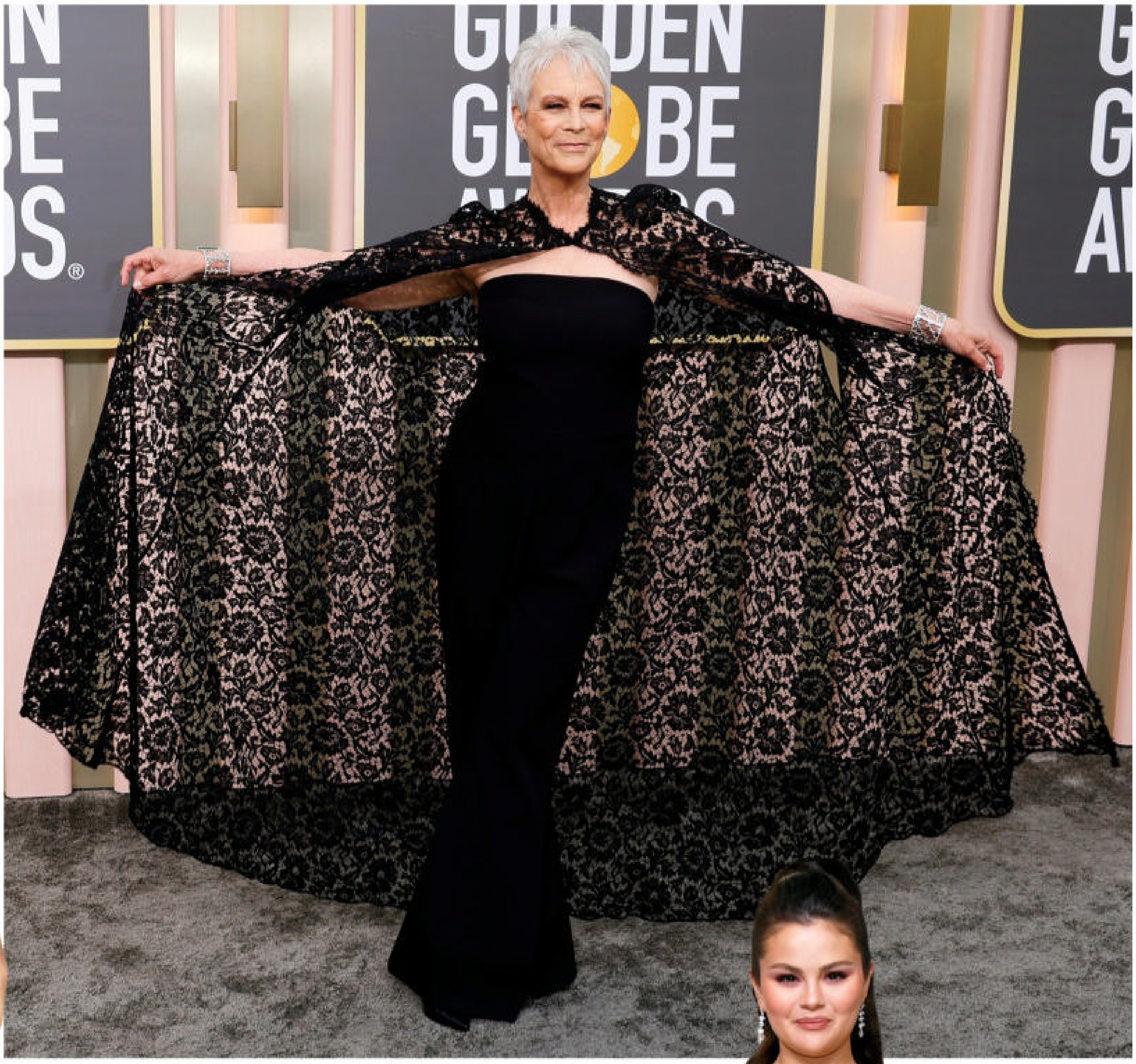
Double Golden Globe nominee (she won for *Ozark*) Julia Garner (left) is angelic in a pink ruffled dress by Gucci. 'Wow, still in shock. Thank you again!' she gushed later. 'Such a beautiful and fun night.' Also wowing is British sensation Lily James (right). The *Pam & Tommy* nominee had to stand in a van en route to the show to avoid creasing her scarlet Atelier Versace gown.

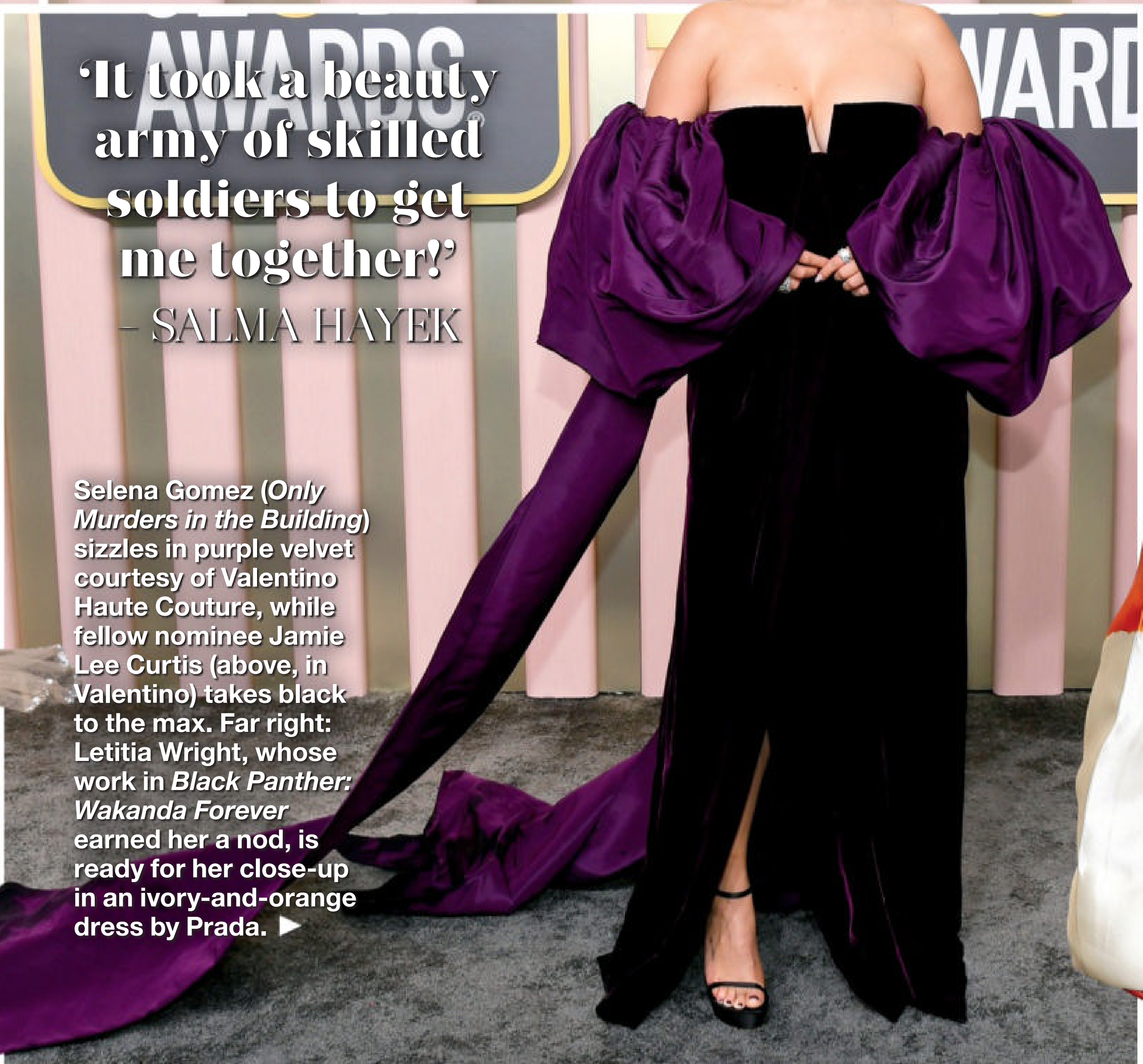
FROM LEFT: AMY SUSSMAN/GETTY IMAGES; DANIELE VENTURELLI/GETTY IMAGES; GILBERT FLORES/GETTY IMAGES; AMY SUSSMAN/GETTY IMAGES



Angela Bassett, in a Pamella Roland sequin dress, turns silver to gold by earning a Golden Globe for *Black Panther: Wakanda Forever* – almost 30 years after winning her first in 1993 for *What's Love Got to Do with It*. Jessica Chastain (right, nominated for *George & Tammy*) and presenter Salma Hayek (far right) glitter in Oscar de la Renta and Gucci, respectively.

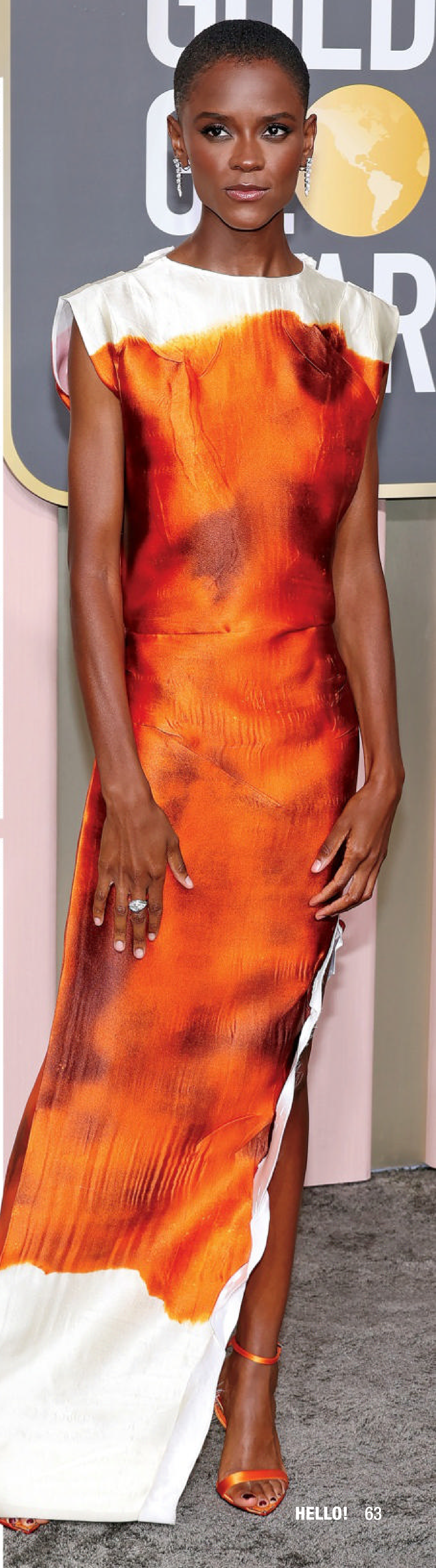
CLOCKWISE FROM FAR LEFT: AMY SUSSMAN/GETTY IMAGES; KEVIN MAZUR/GETTY IMAGES (2); FRAZER HARRISON/GETTY IMAGES; MONICA SCHIPPER/GETTY IMAGES; JON KOPALOFF/GETTY IMAGES

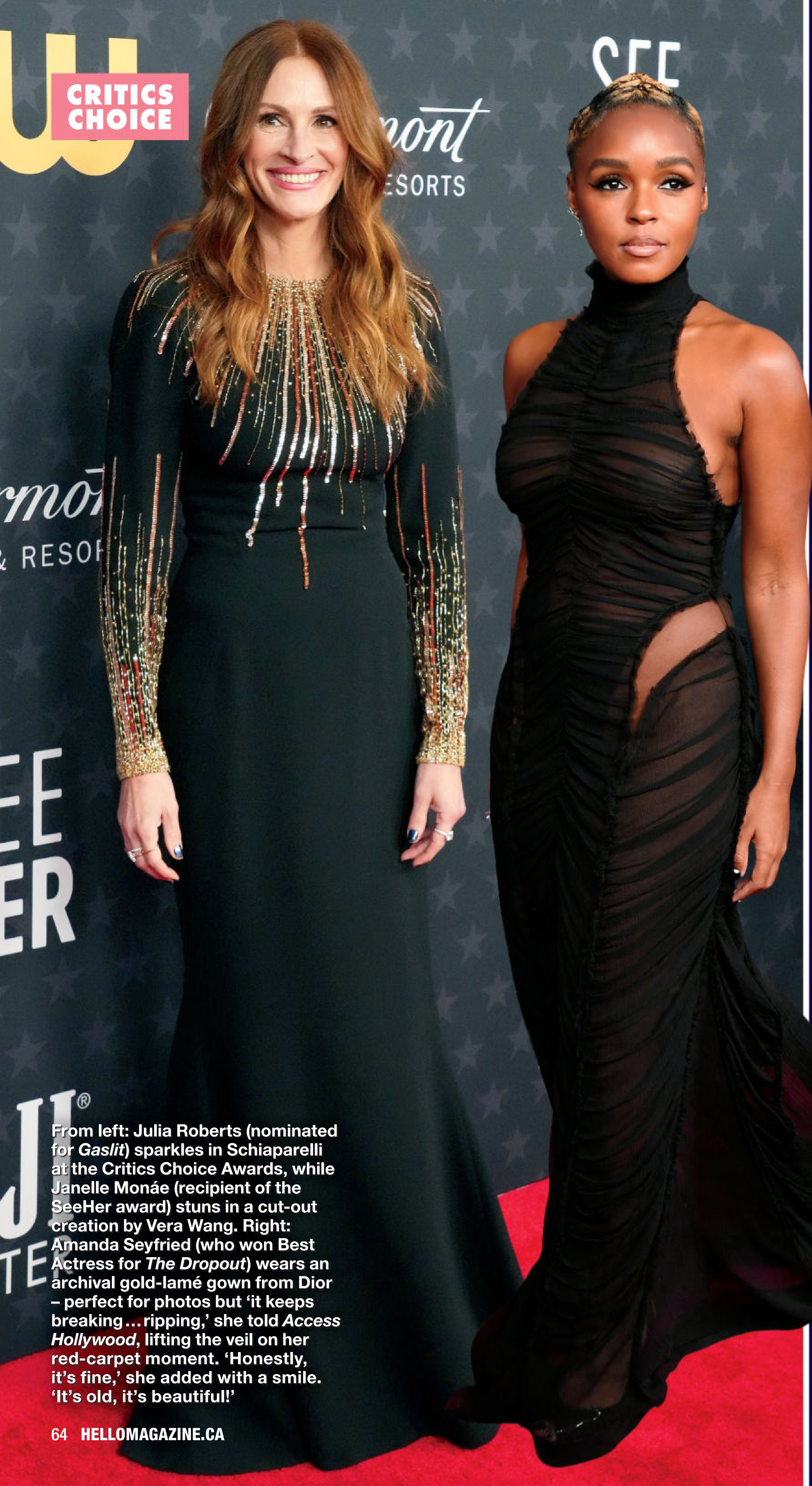


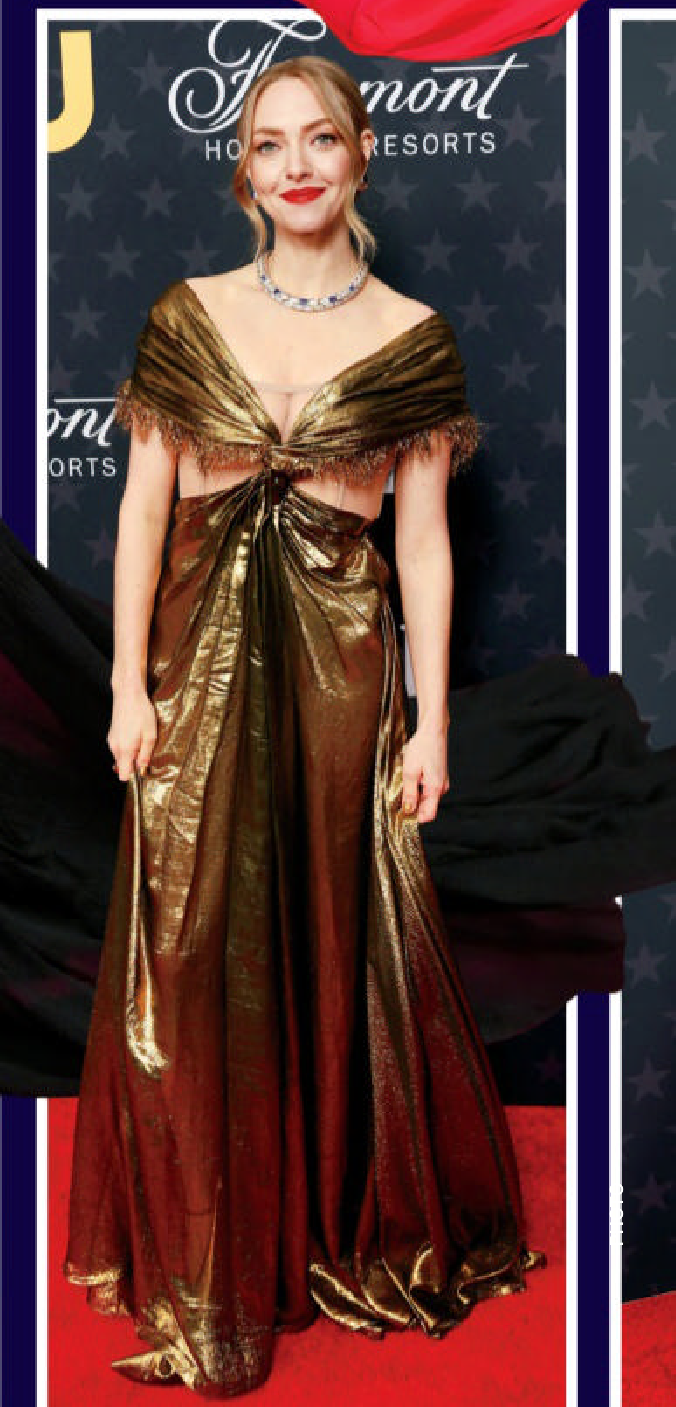


> ‘It took a beauty army of skilled soldiers to get me together!’
> – SALMA HAYEK

Selena Gomez (*Only Murders in the Building*) sizzles in purple velvet courtesy of Valentino Haute Couture, while fellow nominee Jamie Lee Curtis (above, in Valentino) takes black to the max. Far right: Letitia Wright, whose work in *Black Panther: Wakanda Forever* earned her a nod, is ready for her close-up in an ivory-and-orange dress by Prada. ▶



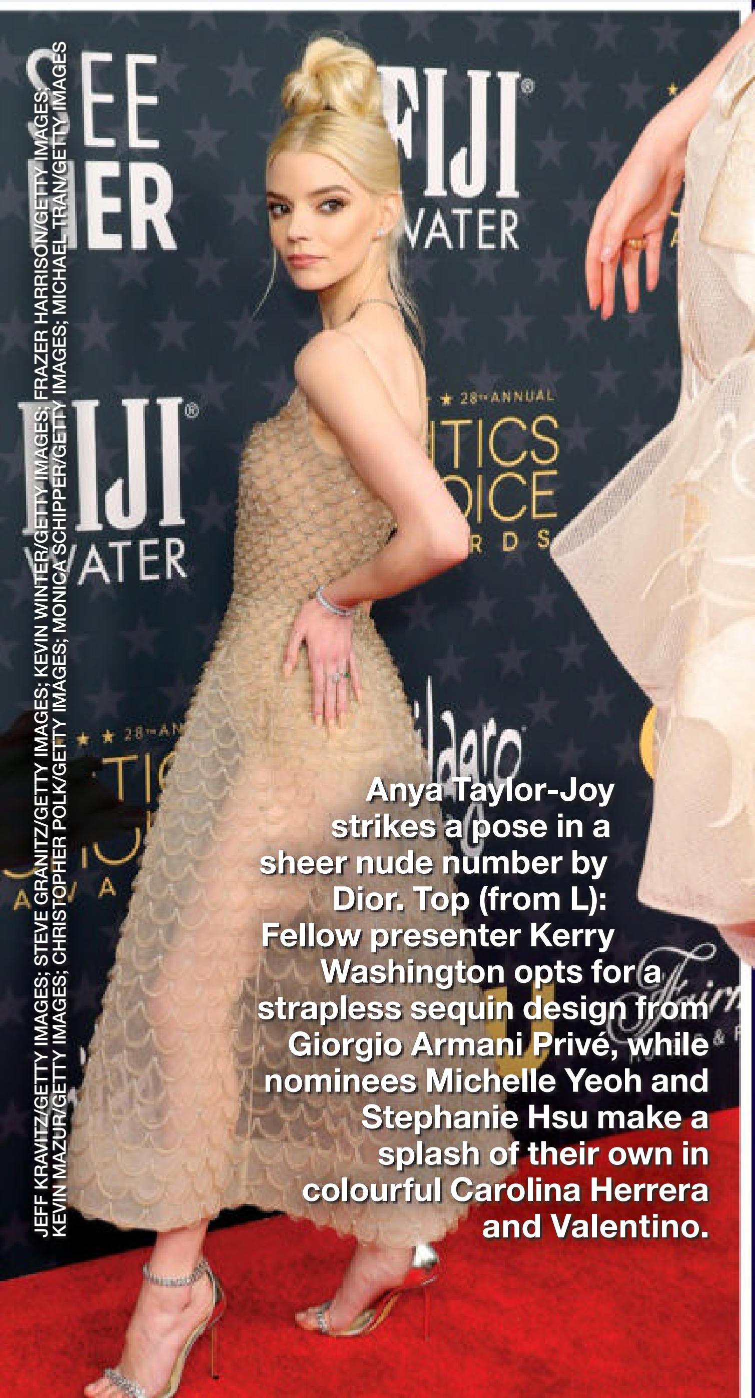




From left: Julia Roberts (nominated for *Gaslit*) sparkles in Schiaparelli at the Critics Choice Awards, while Janelle Monáe (recipient of the SeeHer award) stuns in a cut-out creation by Vera Wang. Right: Amanda Seyfried (who won Best Actress for *The Dropout*) wears an archival gold-lamé gown from Dior – perfect for photos but 'it keeps breaking…ripping,' she told *Access Hollywood*, lifting the veil on her red-carpet moment. 'Honestly, it's fine,' she added with a smile. 'It's old, it's beautiful!'

‘A girl could never ask for more!’

– ELLE FANNING ON HER McQUEEN DRESS



Anya Taylor-Joy strikes a pose in a sheer nude number by Dior. Top (from L): Fellow presenter Kerry Washington opts for a strapless sequin design from Giorgio Armani Privé, while nominees Michelle Yeoh and Stephanie Hsu make a splash of their own in colourful Carolina Herrera and Valentino.

Presenter Kate Hudson shimmers in a silver Oscar de la Renta halter dress. Left: Elle Fanning, nominated for *The Girl from Plainville*, is a vision in a calico tulle gown by Alexander McQueen. ‘Dress of dreams!’ she said of the design.

JEFF KRAVITZ/GETTY IMAGES; STEVE GRANITZ/GETTY IMAGES; KEVIN WINTER/GETTY IMAGES; FRAZER HARRISON/GETTY IMAGES; KEVIN MAZUR/GETTY IMAGES; CHRISTOPHER POLK/GETTY IMAGES; MONICA SCHIPPER/GETTY IMAGES; MICHAEL TRAN/GETTY IMAGES

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Plant a tree.
Thank a hero.

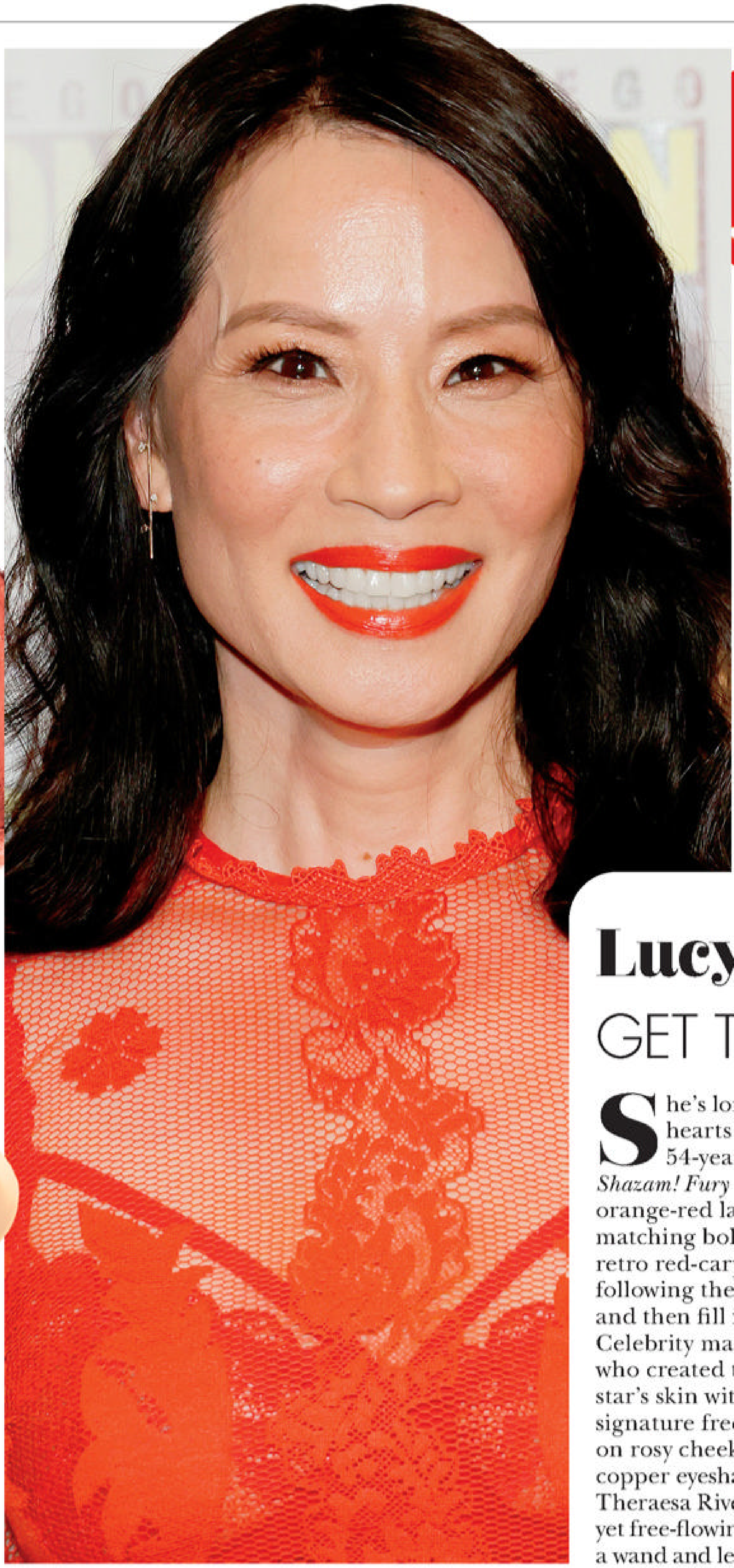
First responders. Nurses. Frontline workers. We're honouring the sacrifices of those who serve us by planting trees in their names. Together, we can help plant living tributes to the people who matter. Donate today at **treesforlife.ca.**

Chanel Noir Allure in 10 Noir, $55, *chanel.com*

Ilia Liquid Powder Eye Tint in Burnish, $37, *iliabeauty.com*

Trinny London Lip2Cheek Lip + Cheek in Veebee, $46, *trinnylondon.com*

Tower 28 Beauty SunnyDays Lightweight Foundation, $42, *sephora.ca*



FRAZER HARRISON/GETTY IMAGES

Maybelline Super Stay Vinyl Ink Longwear Liquid Lipcolour in Red-Hot, $13, *walmart.ca*

Merit Day Glow Dewy Highlighting Balm in Cava, $39, *sephora.ca*

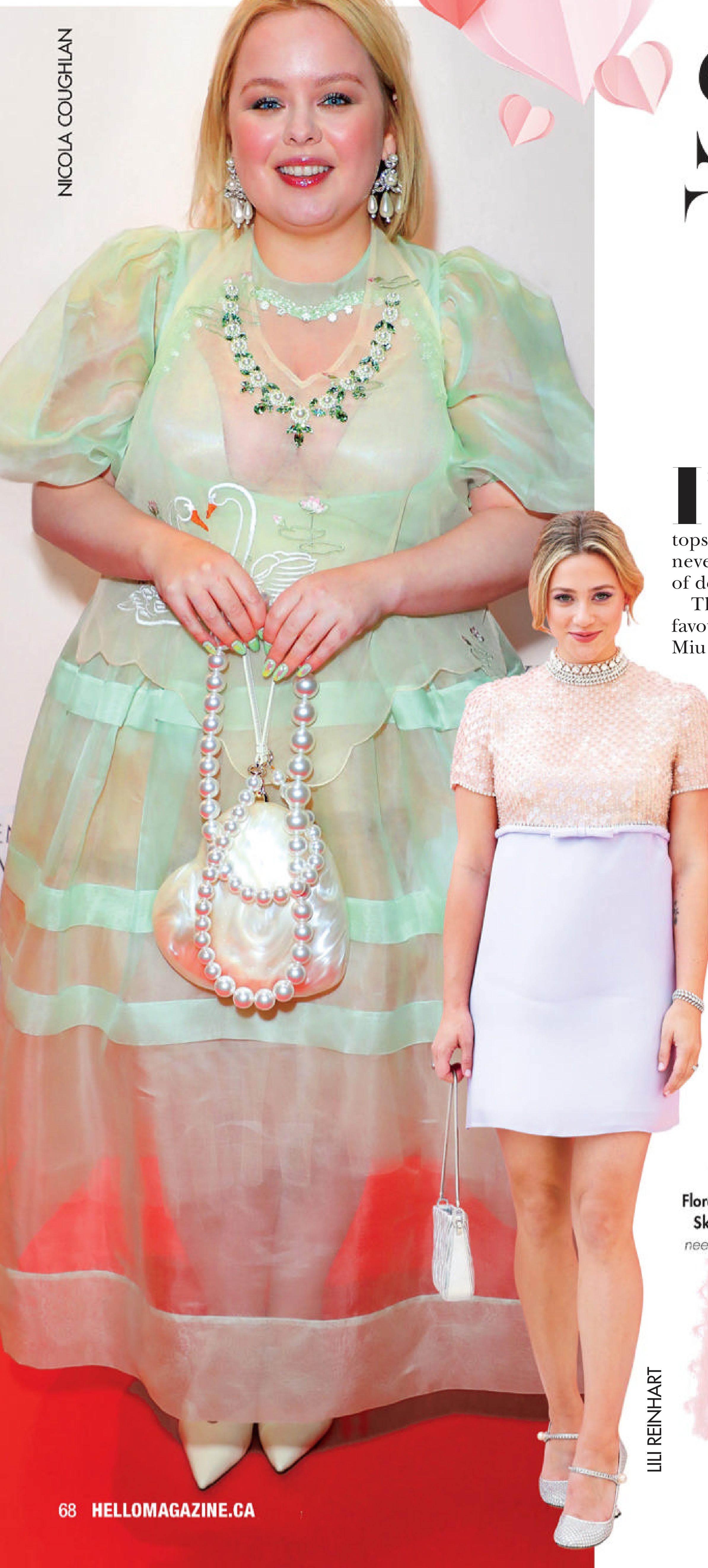
Lucy Liu

GET THE LOOK

She's long been winning our beauty-loving hearts with her playful glam. And the 54-year-old actress – soon to be seen in *Shazam! Fury of the Gods* – was on fire in this orange-red lace crop top with a perfectly matching bold lip. The key to recreating Lucy's retro red-carpet pout? Start with a lip pencil, following the natural outline of your mouth, and then fill in with a matching lipstick. Celebrity makeup artist Lana Horochowski, who created the look, buffed the *Charlie's Angels* star's skin with a sheer foundation, allowing her signature freckles to shine through, and dusted on rosy cheeks. Her eyes were defined with copper eyeshadow, liner and mascara. Hairstylist Theraesa Rivers curled Lucy's hair into polished yet free-flowing waves by wrapping strands around a wand and leaving the ends out. Bombshell! H

SWEET THINGS

This Valentine's Day, the world is your rom-com, with ladylike pieces in sugary pastel hues



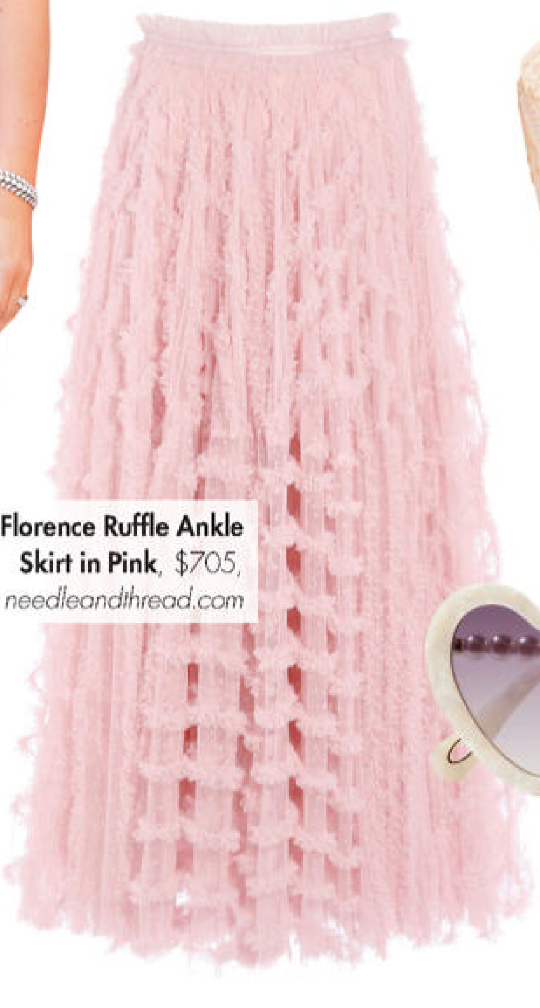
NICOLA COUGHLAN

LILI REINHART

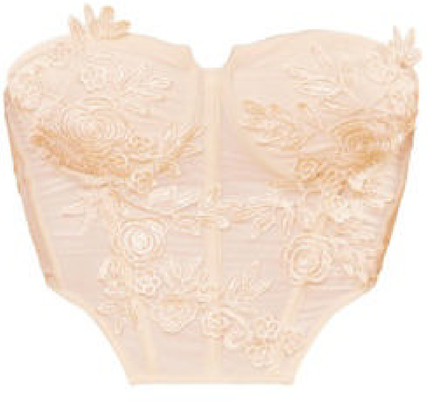
If you fantasized about becoming a prima ballerina or Disney princess as a child, spring's "pretty things" fashion trend will make your tulle-filled dreams come true. From puffed-sleeve tops to frocks covered in 3D blooms, ultra-feminine clothing has never felt more current – even as it gives a nod to the silhouettes of decades past with corsets, empire waists and full skirts.

The look is intentionally saccharine, so feel free to layer your favourite sweet pieces à la Lili Reinhart, who wore a lavender Miu Miu mini with a bejewelled bag and shoes, or Nicola Coughlan, who paired a mint green Simone Rocha dress with the designer's heart-shaped bag and oversized pearl earrings. If you prefer to keep it simple, skip all the extra accessories and don a frothy dress with flats, as styled for Erdem's spring 2023 collection.

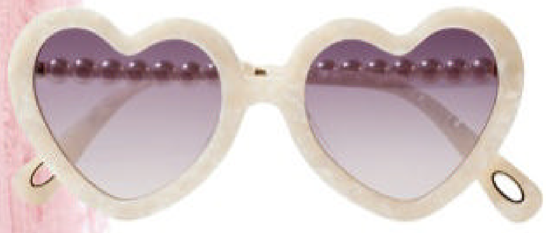
Can't quite stomach all that sweetness but want to get a taste of the trend? Adding touches of black – like Tessa Thompson's choker and platform heels – will cut down on the sugar content. H



Florence Ruffle Ankle Skirt in Pink, $705, *needleandthread.com*



Appliqué Mesh Crop Corset in Cream, $85, *prettylittlething.ca*



Sweetheart Sunglasses in Mother Of Pearl, $266, *lelesadoughi.com*

FROM LEFT: DAVID M. BENETT/GETTY IMAGES; VITTORIO ZUNINO CELOTTO/GETTY IMAGES; TRISTAN FEWINGS/BFC/GETTY IMAGES; AMANDA EDWARDS/GETTY IMAGES

Aje Botanical Appliquéd Midi Dress in Yellow, $860, *modaoperandi.com*

Short Puff-Sleeved Peplum Blouse in Light Powder Beige, $50, *hm.com*

Dip Dye Textured Smock Midi Dress in Pink, $140, *riverisland.com*

TESSA THOMPSON

Meadow Bow Barrette in Garden, $720, *jenniferbehr.com*

Lupita Crystal Strap Embellished Tulle Midi Gown in Petal/ Primrose, $3,275, *aliceandolivia.com*

The Angel Delight Puff Dress in Pink, $377, *revolve.com*

ERDEM

Bronze Age Kiku Satin Croissant Bag in Flamingo, $205, *holtrenfrew.com*

Embellished-Bow Mesh Slingback Ballerinas in Nude, $96, *charleskeith.com*

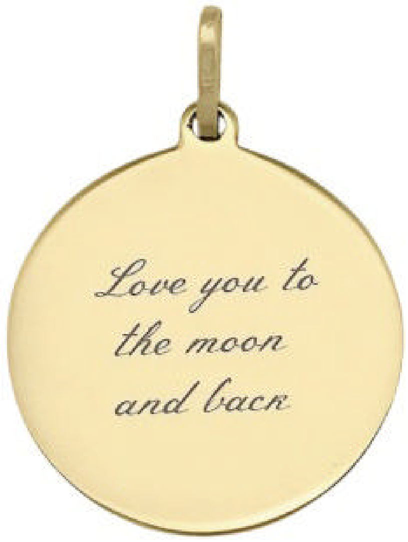
Tulle Skirt with Sequins in Pink, $445, *ca.maxmara.com*

High Tide Lift Off Flower Mini in Mint, $2,340, *zimmermann.com*

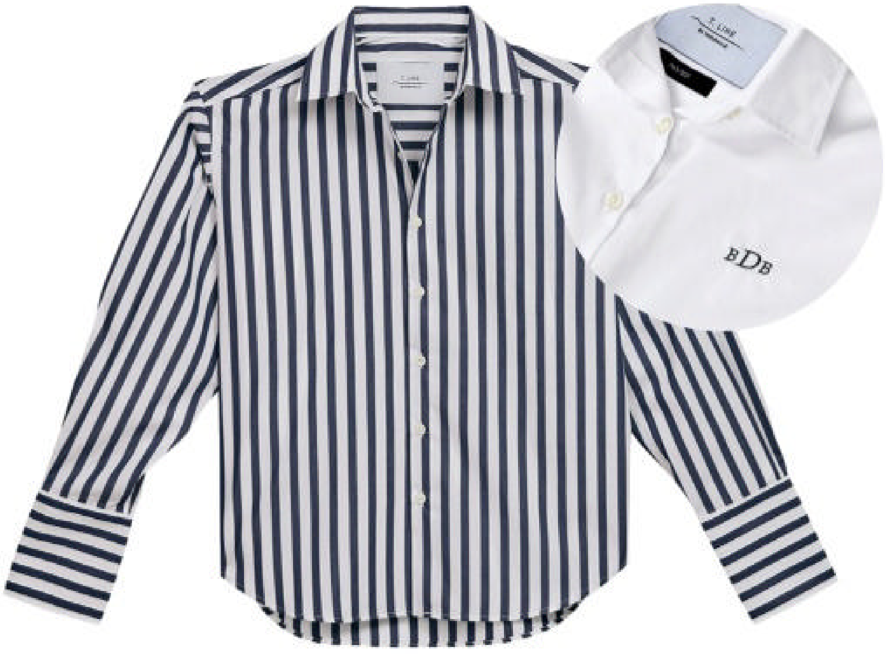
SOMETHING Personal

Nothing says 'I care' like a custom gift made with your loved one in mind **By Andrea Karr**

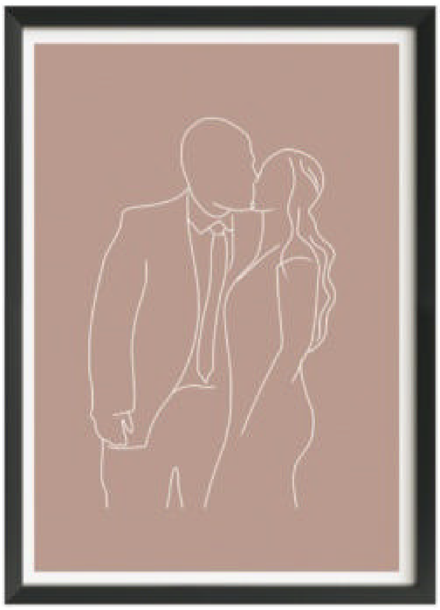
The Princess of Wales was gifted her favourite All the Falling Stars necklace, which features the initials of each of her children.



Choose a gold or sterling silver charm and have it engraved with your loved one's initials, a thoughtful message, handwriting or a line drawing. **Kathryn Love Letter in 10K Yellow Gold**, from $79, *suetables.com*

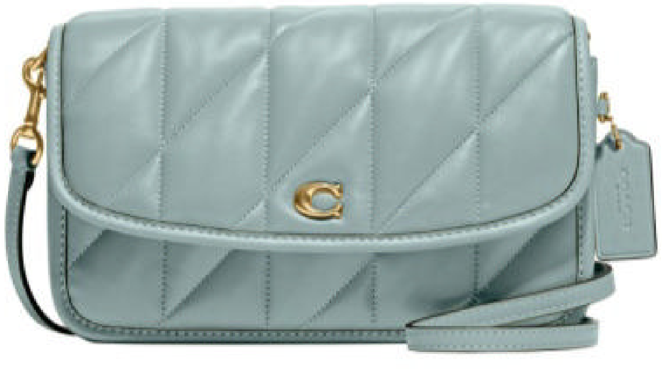


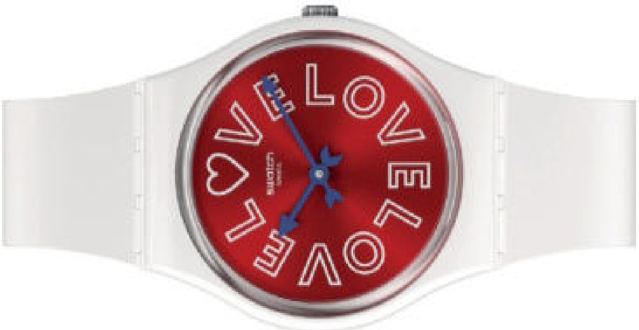
A tailored shirt is a staple in any woman's wardrobe. Give your favourite gal a style from T.Line that's embroidered with up to three letters on the chest or cuff. **The Isabel Stripe Shirt in Navy**, $225, *trouvailleonline.com*



Have an adorable photo that takes up space in your mind and on your phone? Have it turned into a digital line drawing that your loved one can post or print and frame. **Custom Line Drawing Digital Download**, from $18, *illustrationsbykoko.etsy.com*

With Coach Create, arm candy gets the personal treatment with complimentary in-store monogramming on select bags (like the Hayden Crossbody, below). **Hayden Crossbody with Pillow Quilting in Blue**, $375, *ca.coach.com*





Make your own watch with Swatch X You. Customize your print and choose your mechanism – you can even put your own message on the back. Short on time? Opt for one of three styles for men and women from the new Valentine's Day collection. **Purest Love Watch in White**, $90, *swatch.com*

A solid gold ring will wow her. Engrave it and you'll win the "best gift giver" award this Valentine's Day and forever after. **The Signet Ring in 14K Gold**, $560, and **Engraving on Ring Face**, from $40, *welleree.com*

No lippy case is as gorgeous as Guerlain's Cherry Blossom, designed by Japanese artist Kyoko Sugiura. Have it engraved with a sweet message at no extra cost. **Guerlain Rouge G Cherry Blossom Case**, $48, and **Lipstick**, $44, *guerlain.com*

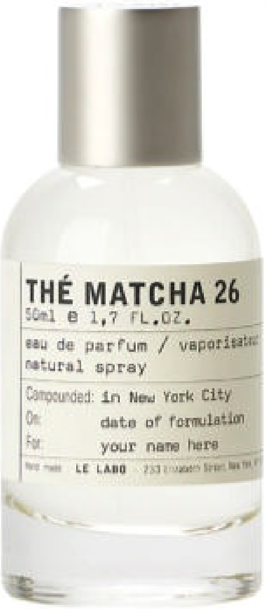
For the avid traveller, Away's monogrammed luggage tag is the gift that will always come in handy. It's available in a range of hues, including petal pink, navy blue and forest green. **The Luggage Tag in Asphalt with Personalization**, $45, *awaytravel.com*

Special for Valentine's Day, the XOXO Candy Bento Box from Sugarfina allows you to choose eight types of candy – from sugar lips to gummy daiquiri hearts – for a decadent treat. **XOXO Eight-Piece Candy Bento Box**, $94, *sugarfina.com*

candy
BENTO BOX
sugarfina

Stop in at any Nordstrom location for an appointment with the shop's tailors. They can add initials to a pair of pyjamas or embroider a name on a blanket or pair of socks. **Moonlight Eco Pajamas in Pink Gem Foulard Dot**, $97, *nordstrom.ca*

Made in Italy, this sculptural glass vase is a quirky tribute to matters of the heart. Fill its vessels with your lover's favourite flower (in their fave hue!) for a thoughtful surprise. **Seletti Clear Love in Bloom Vase**, $190, *ssense.com*



A fragrant gift for any gender, Le Labo's unisex perfumes and scented candles have labels that can be personalized with the recipient's name. **Le Labo Thé Matcha 26 Eau de Parfum**, $250 for 50 ml, *lelabofragrances.ca*

JACK HILL/GETTY IMAGES

Date Night

Plan a Galentine's (or Valentine's) Day rendezvous and enjoy a little quality time for two

Make Custom Lippies

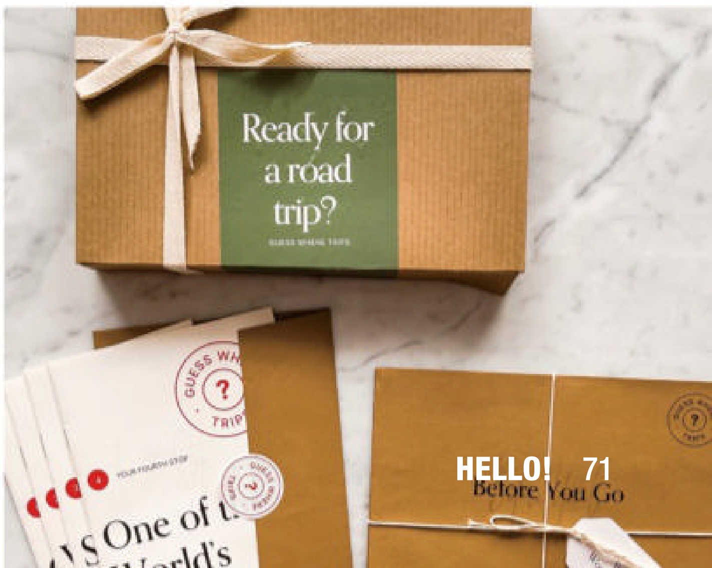
For an afternoon of bonding, visit Lip Lab's Toronto location (or book a virtual appointment) and make a custom lipstick or butter balm. Booking with your BFF? Take a leap of faith and let your bestie design your lip colour.
First Lipstick, $70, **Each Additional Lipstick**, $50, and **Butter Balm**, $50, *liplabboutique.com*

Get Permanent Friendship Bracelets

Another thoughtful experience is Melanie Auld Jewelry's welding service in Toronto and Vancouver. You'll choose from a selection of chains and charms to build a permanent bracelet – and forever think of your loved one each time you look at your wrist.
Permanent Bracelets, from $125, and **Charms**, from $75, *melanieauld.com*

Take a Road Trip

Play hooky for the day and whisk your paramour on a getaway complete with surprise destinations based on your location: Ontario, Vancouver, Halifax, Calgary or Winnipeg. Thoughtfull also has a ton of other activity packages with unique tours and classes.
Guess Where Trips Inc. Surprise Road Trip Gift Box, $95, *thoughtfull.co*



BODY & SOUL

The year's top health trends promote holistic wellness from head to heart to toe

By Andrea Karr

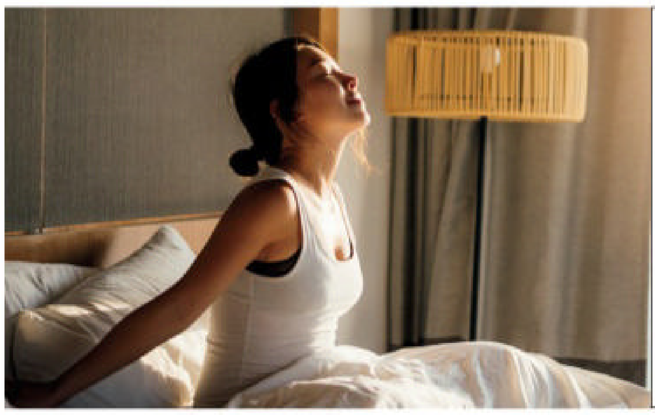
WELLNESS TRAVEL

Have you ever returned from an overscheduled trip only to feel like you need a second vacation? The rise of wellness travel will change all that, with itineraries crafted around mindful movement, digital detoxes, all-day spa sessions, water circuits and communing with nature. Rebel Wilson credits one such retreat, VivaMayr Altaussee, for her weight loss in 2019 and has since returned to "reset my system," she wrote on Instagram. The Austrian resort specializes in health programs, but even standard city hotels have started adding wellness activities to their list of offerings.

ZERO-PROOF ALCOHOL

The term "sober curious" has received a lot of airtime lately, coinciding with the release of Canada's new guidelines for low-risk alcohol consumption: no more than two drinks a week. As a result, plenty of restaurants have expanded their zero-proof cocktail menus, while stores have been flooded with non-alcoholic beers, wines and spirits. Celebrities have joined in on the booze-free fun, with Blake Lively launching a non-alcoholic mixer line called Betty Buzz and Katy Perry releasing De Soi, a range of non-alcoholic aperitifs.

1 French Bloom Le Blanc 0% Alcohol Organic French Bubbly, $54 for 750 ml, *betterrhodes.ca*
2 Betty Buzz Ginger Beer, $3 for 266 ml, *naturamarket.ca*
3 London Dry Non-Alcoholic Distilled Spirit, $20 for 375 ml, *enjoylumette.com*



SLEEP SYNCING

Evidence for the restorative benefits of sleep continues to grow, which makes getting a good night's rest one of the best things you can do for your body in 2023 and beyond. One simple way to snooze better is "sleep syncing," which involves adjusting your routine to be in proper alignment with your circadian rhythm. Light and darkness are the body's biggest cues, so syncing to your natural rhythm requires getting plenty of sunlight during the day (whenever possible), sleeping in a pitch-black room, avoiding bright screens late at night and setting a routine of resting and waking at the same time each day.

CLOCKWISE FROM TOP LEFT: COURTESY OF VIVAMAYR ALTAUSSEE; JAMES DEVANEY/GETTY IMAGES; MORSA IMAGES/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES; RANDY HOLMES/GETTY IMAGES; OSCAR WONG/GETTY IMAGES

PRIMAL MOVEMENT

You don't need high-tech fitness trackers and gym equipment to get a good workout. In fact, technology overload can contribute to issues like tech neck, poor posture and carpal tunnel syndrome. To counteract these tech effects, mobility exercises and stretches will become much more popular this year, as will foundational movement patterns like lunging, rotating and pushing.

Yoga Studio Luxe Bra, $75, and **Leggings**, $120, in **Silver Grey**, *adidas.ca*

COLD PLUNGES

Lizzo recently posted a TikTok in which she takes a three-minute ice bath in her outdoor Plunge tub (retail value: $9,000). "It's so cold, I'm numb," she captioned the video. "But it helps my inflammation." She's not the first celebrity to tout the benefits of cold plunges. Ice baths have long been popular with athletes, and fans like Lady Gaga claim that they help relieve fibromyalgia symptoms. Others say cold plunges are simply great for boosting mood and minimizing muscle soreness, but the treatment's popularity has outpaced the research.

FUNCTIONAL MUSHROOMS

Months before Meghan Markle did her tell-all interview with Oprah, she sent the TV icon a basket of latte blends from Clevr Blends – the superfood company that "M" invests in. One of its key ingredients? Mushrooms like lion's mane and reishi. These so-called functional mushrooms have been used in traditional Asian medicine for centuries and are becoming a booming business in North America in supplements and drinks. Animal studies suggest that medicinal mushrooms may protect against disease, but human studies are still limited. Either way, this superfood packs a nutrient punch.

1
clevr
Mocha SuperLatte
chaga
The Gut Lab
2

1 Mocha SuperLatte, $38, *clevrblends.com*
2 Chaga Mushroom Extract Powder, $24, *thegutlab.ca*

NEW TO CANADA

FACTOR MEALS

During a busy week, healthy eating can feel impossible. That's the pain point that meal delivery services like HelloFresh hope to alleviate. But it's not just recipe research and grocery shopping that eat up time; it's cooking, too. That's why HelloFresh has brought Factor to Ontario (and, soon, the rest of Canada). The food-prep service does all the work, crafting dietitian-approved meals like grilled chicken Parmesan and stuffed pepper casserole and delivering them fresh to your door. All you have to do is put them in the microwave or oven. **Gourmet meals in boxes of six to 18**, from $12 per meal, *factormeals.ca*

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Domaine Saint-Cyr
French Kiss
Kanon
Bojo Nouveau

Your heart's desire

Show that special someone just how sweet it is to be loved by you with these sure-to-please Valentine's Day desserts

THOUSAND-LAYER PASTRY HEARTS WITH BAKED RHUBARB AND CARDAMOM CUSTARD

INGREDIENTS

Pastry Hearts
- 1 egg
- 1 tsp icing sugar, plus extra for dusting
- all-purpose flour, for dusting
- 1 ready-rolled sheet of all-butter puff pastry, about 12 oz (350 g)

Baked Rhubarb
- 3 rhubarb stalks, chopped into 1-inch pieces
- 1 tsp superfine sugar
- ¼ tsp finely grated zest and juice of 1 unwaxed orange

Cardamom Custard
- 1 cup plus 1 tbsp whole milk
- 3 cardamom pods, crushed
- 2 egg yolks
- ¼ cup superfine sugar
- 1 tbsp cornstarch
- ½ tsp vanilla paste

1. Start by roasting the rhubarb. Heat the oven to 400° F and place the rhubarb in a baking dish. Sprinkle sugar, orange zest and juice over the rhubarb. Roast for 15 minutes, until tender but still holding its shape. Set aside to cool completely while you make the pastry hearts.

2. Turn the oven up to 425° F and line 2 baking sheets with parchment paper. Whisk together the egg and icing sugar to make an egg wash and set aside.

3. Lightly dust the work surface with flour and roll out the pastry with a rolling pin into a long rectangular shape, about half the width of the original sheet and ¼ inch thick. Draw a heart shape, roughly 6 inches in diameter, on a piece of paper and cut it out. Lay the paper down on the pastry and use a knife to cut around the paper to make a heart shape, then repeat to cut out a ►

second heart shape. Roll the remaining pastry out again, if needed, to cut a third heart. Place the hearts on the lined trays and brush over the egg wash. Bake for 15 minutes, until golden and crisp. Remove the top layer from 2 of the hearts to make a flat base for the filling. Let cool on a rack.

4. While the pastry hearts are baking, make the cardamom custard. In a pan, simmer the milk and cardamom pods on low heat for 10 minutes. Whisk together the egg yolks and sugar in a mixing bowl until pale and creamy. Add the cornstarch and whisk again.

5. Strain the warm milk, discard the cardamom and slowly add to the egg mixture, whisking continuously. Return to the pan and, on very low heat, whisk for 15 minutes, until the custard thickens to the consistency of thick Greek yogurt. Stir in the vanilla and let cool. Once cool, put in the freezer for a few hours to chill completely.

6. Assemble just before serving. Place 1 trimmed pastry heart on a plate and spoon over 4 tbsp of the custard, then spread out evenly. Spoon over half of the rhubarb and syrup, then place the second trimmed pastry heart on top. Repeat with another layer of custard and rhubarb, finishing with the third pastry heart. Dust the top with icing sugar.

PERFUMED PANNACOTTA

INGREDIENTS

- scant 1 cup heavy cream
- 3½ tbsp whole milk
- 1 vanilla pod, split and seeds scraped out, or 1 tsp vanilla paste
- 4 tbsp superfine sugar
- 1½ sheets of gelatin
- ½ tsp rosewater
- 2 rhubarb stalks, trimmed and chopped into equal-sized pieces
- finely grated orange zest
- juice of 1 orange
- crystallized rose petals, to decorate (optional)

1. In a small pan, gently warm the cream, milk, vanilla and 3 tbsp of the sugar on the lowest heat for 10 minutes, until infused. Stir occasionally to ensure that the sugar dissolves and does not stick to the bottom of the pan. Take the pan off the heat.

2. Add the gelatin to a large bowl of cold water and let it soak for a few minutes until soft. Remove the gelatin from the water and stir it into the warm milk mixture with the rosewater until dissolved.

3. Pour the mix into 2 (½ cup) moulds or small glasses. Pop them in the fridge, where they'll need about 6 hours to fully set.

4. Heat the oven to 350° F. Place the rhubarb in a baking dish and sprinkle over the remaining sugar, the orange zest and juice. Roast the rhubarb for 15 minutes, until tender but still holding its shape. Set aside to cool completely.

5. To serve, gently dip the moulds or glasses into warm water to help ease the pannacotta onto the serving plates. Serve with the rhubarb and, if you're feeling fancy, a single crystallized rose petal placed on top.

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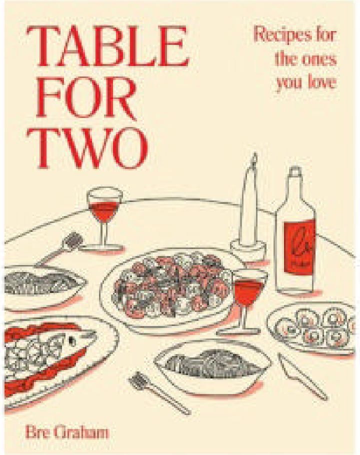

TABLE FOR TWO

Recipes for the ones you love

Bre Graham

MADE WITH LOVE

In her new debut cookbook, *Table for Two*, London-based food writer and editor Bre Graham gets serious about two things that go hand in hand: food and love. She offers over-the-top yet uncomplicated dishes and sinfully sweet and simple desserts that are sure to sweep your person right off their feet.

COLLAPSING CHOCOLATE CAKE

INGREDIENTS

- 1¼ sticks salted butter, cut into pieces, plus extra for greasing
- 9 oz (250 g) semi-sweet chocolate, broken into pieces
- 1 tsp vanilla extract
- ½ cup strong cold coffee
- 1 cup plus 3 tbsp superfine sugar
- a pinch of sea salt
- 4 eggs, separated
- scant 1 cup heavy cream
- 1 tsp icing sugar, plus extra for dusting
- a mix of fresh fruit, such as raspberries, blackberries and cherries, to decorate

1. Heat the oven to 350° F. Line the base and sides of a 6½-inch springform cake tin with parchment paper. The paper should sit above the sides of the tin; use the leftover butter on the wrapper to help it stick.

2. Melt the butter and chocolate together in a double boiler or heatproof bowl set over a pan of gently simmering water; stir to combine, then pour into a large mixing bowl. Stir in the vanilla, coffee, sugar and salt. Let the mixture cool for 10 minutes; don't worry if it looks split – it's all good.

3. As the chocolate mixture cools, whisk the egg whites in a clean, grease-free mixing bowl with an electric hand whisk until they form stiff peaks. Set aside.

4. Using the same electric whisk, mix the egg yolks into the melted chocolate, 1 at a time, until the mixture looks like a thick custard. Spoon one-third of the egg whites into the chocolate and briefly blitz with the electric whisk to loosen the mix. Fold in the rest of the egg whites with a metal spoon, keeping as much lightness and air in the cake batter as possible.

5. Gently tip the cake batter into the lined springform tin and bake on a low shelf for 40 minutes, until risen like a soufflé; the centre will be soft and gooey, but the sides should be crisp.

6. Now this next step may go against all reasoning: take the cake out of the oven, lift it in its tin, then drop from a 2-inch height onto your work counter. This will force the middle of the cake to collapse evenly as it cools and create the perfect bowl-like shape for the whipped cream and berries. Leave the cake to cool completely in the tin, then chill for a firmer, fudge-like texture or keep at room temperature for a soft, gooey inside.

7. When you're ready to serve, whip the cream with the icing sugar until light and fluffy. Spoon the whipped cream into the middle of the cake, pile the berries and cherries on top and dust with a little extra icing sugar, if you like.

Exclusive

CHANNING TATUM

MAGIC MOVES

The Hollywood heartthrob on dancing his way to fame, raising his daughter and meeting his 'bestie' Sandra Bullock

Believe it or not, Channing Tatum wasn't always a good dancer. Growing up, he tells us, "I was the white, tall, skinny boy with two left feet." Still, he found his groove in his teens. "I was in Florida, with its great Latin culture, so I learned to dance going to quinceañeras almost every weekend," says the actor, 42. "I'd grab the mothers and grandmothers and they'd teach me!"

Little did he know that, nearly 10 years later, a lead role in the romantic dance flick *Step Up* would launch him to stardom. Now, the handsome dad of daughter Everly, 9 (whom he shares with ex-wife and former *Step Up* co-star Jenna Dewan), is returning yet again to his roots in *Magic Mike's Last Dance*, the third and final instalment of his massively popular franchise about male strippers. Here, Channing, who is currently dating actress Zoë Kravitz, talks about fatherhood, his childhood nickname and the time he really was an exotic dancer.

'I'm a basic meat-and-potatoes guy. I don't want anything exotic. Although as a kid, I'd put Cheetos on a peanut-butter-and-jelly sandwich'

Fans are so excited for the new *Magic Mike* movie! Tell us about it. It was a little scary because we didn't originally plan for a third. But the live Las Vegas show we did was a reinvention of the franchise and inspired us to make this movie. We wanted to make it the Super Bowl of male strippers, with the most professional dancers in the world.

How challenging is it to get in shape for these films? Getting in shape for the movie is completely different from working out regularly – it's way harder. You have a specific diet, and you work out

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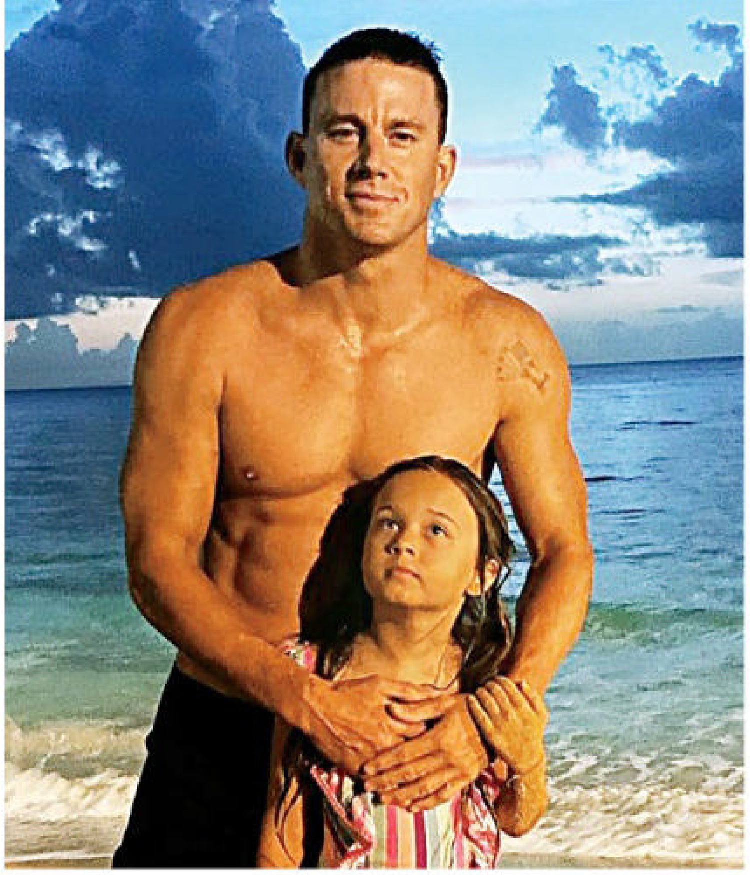
Celeb



Channing reprises his titular role in *Magic Mike's Last Dance* and says this time there's also a strong female character, played by Salma Hayek (together, far left), at the heart of the film. Above: Hitting the beach with his nine-year-old daughter, Everly.

and eat at planned times. I don't have any cheat meals. No snacks, no sneaking stuff. It's my full-time job.

When you're not preparing for a role like this one, what are your favourite foods? I'm a basic meat-and-potatoes guy. I don't want anything exotic. Although as a kid, I experimented – like, I'd put Cheetos on a peanut-butter-and-jelly sandwich to make it crunchy. [*Laughs*] My mom used to call me "Chanimal" because I ate everything!

Before getting into acting, you actually worked as an exotic dancer in Tampa. What was that like? I was 18, in Florida and broke – I was pretty much ready to do anything. For my first performance, I dressed like a scout at summer camp. My sister, Paige, tried to shame me out of doing it by turning up with her friends to stop me. But I was not to be denied. And look what's happened from there!

You welcomed your daughter, Everly, nine years ago. What was it like becoming a dad? It was a new challenge. Although for the first year, you're like an assistant to the baby's mother! [*Laughs*] Now that Everly is older, we have a real relationship going on.

Wasn't it thanks to Everly that you met Sandra Bullock, your co-star in *The Lost City*? [*Laughs*] I don't know how she became so competitive, but Everly would butt heads with Sandra's daughter in preschool. We met in the school office, where they were trying to get these two very strong-willed young girls to chill. We ended up giving them a challenge: "Who can be the nicest person today?" That seemed to work. And Sandra and I became besties after that.

INTERVIEW: ASHLEY JUDE COLLIE

***Magic Mike's Last Dance* – the third and final film in the franchise – hits theatres Feb. 10.**

CLOCKWISE FROM LEFT: ENTERTAINMENT PICTURES/ALAMY; MICHAEL TRAN/GETTY IMAGES; CHANNING TATUM/INSTAGRAM; APPLE TV+; NETFLIX; ERIN SIMKIN/NETFLIX

Don't miss this week...

TV DEAR EDWARD

Based on Ann Napolitano's novel (and inspired by a real-life tragedy), this heartbreaking-turned-uplifting drama series follows a 12-year-old boy (Colin O'Brien) who lost his family in a plane crash – in which he was the sole survivor. Taylor Schilling (*Orange Is the New Black*) stars as Edward's aunt Lacey, who takes him in. And *Friday Night Lights* alum Connie Britton plays a character whose husband also died in the crash. *Feb. 3, Apple TV+*

P!NK
TRUSTFALL

ALBUM TRUSTFALL

Pink promises her latest album is all about fun – and opening up. "It's very true to what I believe and where I am and what I'm feeling," she says, "an example of how you can live authentically and fearlessly." A follow-up to 2019's *Hurts 2B Human*, *Trustfall* features 13 new tracks, including the single "Never Gonna Not Dance Again." *Feb. 17*

TV YOU

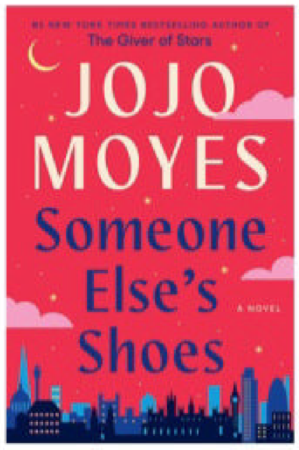
The hit crime thriller is back – and this time, it's taking fans across the pond! Packed with new characters, season 4 will see serial killer Joe Goldberg (Penn Badgley) start a new life as a professor in London. But now, Joe is the one with a stalker. "It's different," Penn says of the new season. "You're not just seeing Joe in a different city; it's a different kind of journey that he's on." *Feb. 9, Netflix*

FILM YOUR PLACE OR MINE

Rom-com royalty Reese Witherspoon and Ashton Kutcher come together in this story about best friends Debbie and Peter. After swapping houses for a week, with Peter taking care of Debbie's son, they realize they may want to give romance another shot. "It's a love letter to single moms," Reese says of the new film. *Feb. 10, Netflix*

BOOK SOMEONE ELSE'S SHOES

Bestselling author Jojo Moyes describes her latest read as "a departure" from her previous works, such as *Me Before You* and *The Giver of Stars*. "It's a bit frothier, a bit lighter," she says of the novel, which follows two women whose lives are changed for the better after accidentally switching gym bags. *Feb. 7*



1

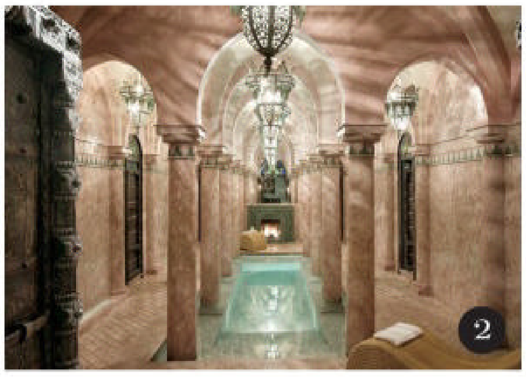
Lucy Hale recently stayed at El Fenn hotel and explored Marrakech's famous souks in the walled historic district.

Marrakech

STAR ESCAPES

Awaken your senses in the bustling North African hub

By Andrea Karr



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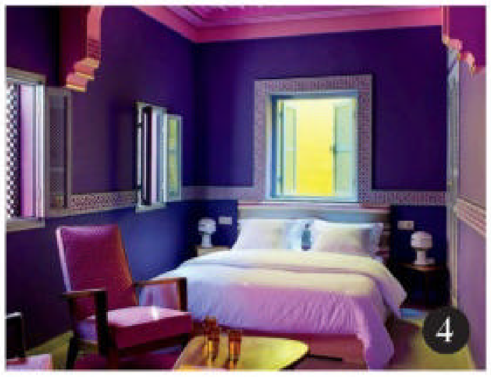

4

EXPLORE

Iconic fashion designer Yves Saint Laurent was endlessly inspired by the light and colours of Morocco. He sketched many collections from his Marrakech home, Jardin Majorelle, and now the property's gardens are a worthy destination for visitors, as is the neighbouring museum dedicated to his work. The open-air markets (**1**) – known as souks – in the historic district are also an integral part of the city's fabric. Get lost among the spices and rugs.

INDULGE

Visiting a hammam for a steam and an exfoliation is a must-try activity, while the spa at the Royal Mansour hotel (owned by the King of Morocco) provides unparalleled luxury. Enjoyed by Catherine Zeta-Jones and Michael Douglas on their latest shared birthday, the ornate white sanctuary seems like heaven itself. For relaxation at a more affordable price, visit the Spa at La Sultana (**2**) for its Royal Hammam Signature experience, followed by Moroccan mint tea by the pool.

TASTE

A cooking class at Amal Women's Training Center, a non-profit organization that works with disadvantaged Moroccan women, is a unique dining choice. You'll make a tasty traditional tajine over charcoal while giving back to the community. And for a memorable dinner out, try top resto +61 (**3**), where the bread, pasta, cheese and yogurt are made in house every day and the vibe is casual.

STAY

Like boutique hotels, riads have a small number of bedrooms, but they're actually former homes of wealthy aristocrats. To immerse yourself in local culture, book at Riad Goloboy (**4**), a complex of two 19th-century mansions with 15 rooms, each distinctly decorated with colourful art and textiles. And if you venture outside of the city, the new Olinto retreat is a natural oasis with breathtaking views of the Atlas Mountains. H

TRIP TIPS Women will want to dress modestly, keeping shoulders, chest and knees covered
- Walk whenever you can or take a tour in a horse-drawn carriage (a.k.a. calèche)
- When shopping in souks, haggle! You'll often get a better deal if you buy in multiples

What To Pack

Prada Paradoxe Eau de Parfum, $139 for 50 ml, *sephora.ca*

Gathered Dress in Red, $75, *hm.com*

Lovethrone Strappy Heeled Sandal in Red Overflow, $120, *aldoshoes.com*

CLOCKWISE FROM TOP: ISTOCK; LA SULTANA FACEBOOK; +61 INSTAGRAM; RIAD GOLOBOY INSTAGRAM; TIM P. WHITBY/GETTY IMAGES

“I can go anywhere and
I know there’s
no leakage”
-Dolores
Boutique underwear. 8 oz of liquid.
always discreet
100% PROTECTION
360° FormFit
XL TG
MAXIMUM
15 UNDERWEAR | CULOTTES
always discreet Boutique
M
MAXIMUM
UNDERWEAR | CULOTTES
always discreet
The bladder leak underwear we deserve

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Nathan Fillion

The veteran TV actor and star of *The Rookie* opens up about his Canadian childhood, his friendship with Ryan Reynolds and living with a challenging cat

By Shanda Deziel

If there's one thing growing up in Edmonton instilled in Nathan Fillion, it's a love of nature. "There was a lot of being on my bike and being free, a lot of camping," he tells *Hello! Canada*. "I remember a lot of woods, and that's something I still want in my life and still pursue in my life. Give me some trees!"

The down-to-earth actor – best known for starring in TV shows such as *Firefly* and *Castle* – has plenty of other pursuits, including scuba diving, being the world's best cat dad and giving his all to his role on *The Rookie*. Now in its fifth season, the series is a hit thanks to the appeal of Nathan's character, John Nolan, who becomes the LAPD's oldest rookie at age 45. "The idea of a redo, I think people can relate to that," says Nathan, "and how terrifying it is."

Here, the charming star, 51, talks life in L.A., grammar lessons from his mom and a better way to puzzle.

EDMONTON VS. L.A.

I was never really fond of the cold. I like to say everything I need from snow I can get from a photograph. So Los Angeles holds a lot more opportunities for me to just be outside. There's more sunshine. But it's an incredibly massive city. Everywhere you go is a minimum 30-minute drive. When I was in Edmonton, I would plan out a 30-minute drive for the whole week. That was a lot for me.

CAT FANCY

I am a dog guy who has only ever owned cats. I have a white cat. He's massive, his name is Bowie, he is a Norwegian Forest cat and he's 25 pounds. The doc says he's got to lose some weight. I don't know how to break it to him. And it doesn't matter what I tell him because he's actually deaf. [*Smiles*] We've got a lot of challenges, me and Bowie.

NO JOKE

My mother was an English teacher – a real grammar enforcer. No double negatives. You can't end a sentence with a preposition. So I told my dad, "I'm gonna catch Mom. I'm gonna give her this joke: 'Knock, knock. Who's there? To!' And she'll say, 'To who?' And I'll say, 'To whom?'" And my dad agreed, this is going to be great. So I say to her, "Hey, Mom, knock, knock." And she says, "Come on in, how can I help?" Facepalm! I couldn't get her – she's diabolical.

A MAJOR MILESTONE

The official start of my television career was back in 1993, when I was in an ABC movie of the week called *Ordeal in the Arctic*. So I guess that's 30 years in the business, and I am currently on the best job I've ever had. It's nice to be doing it this long and feel like you're at the top.

TWO GUYS REUNITED

When I see [former *Two Guys, a Girl and a Pizza Place* co-star] Ryan Reynolds, it always starts off with a smiling, knowing look, followed by a little-bit-longer-than-usual embrace. You know, a very brotherly, bromance-y kind of thing. We have a quick catch-up about his kids, our projects, how things are going for both of us. And then a handshake and a goodbye because we're always in such a hurry – there's always something going on.

CALL ME CAPTAIN

I've heard that *The Rookie* has inspired some people to drop what they were doing and make a change. We're not trying to convince people that everybody needs to become a police officer. But we are talking about making a monumental change in one's life. If it was me, I would buy a catamaran and go to some tropical island and I would sell sunset cruises, little booze cruises. That way, everybody would have to call me captain, and I would have some kind of authority.

MAPLE LEAF RULES

What's helped me are Canadian sensibilities, good Canadian foundations: kindness, consideration, respect, integrity. These things will serve you very well. Just be kind, be polite, get to work on time, do your job the best you can, and anything you're given, handle it. And then the rest of the time, just be a pleasure to be around. There are plenty of good actors that can do the job, so they're going to pick the most pleasant one.

PUZZLE PEOPLE

When I'm on vacation with my parents, brother and nieces, we love doing puzzles – laughing, drinking, eating and doing puzzles. So I recently found this gadget that looks like a spatula and you use it to scoop up a big [completed] section of a puzzle and transport it across the table to where it fits. And it's also a magnifying glass with a little light on it. A puzzle scoop and magnifying glass? That changes the game entirely. [*Laughs*] H

the PUZZLE SCOOP
Move Puzzle Sections

LEFT TO RIGHT, TOP TO BOTTOM: RODIN ECKENROTH/GETTY IMAGES; MICHAEL TRAN/GETTY IMAGES; RAYMOND LIU/GETTY IMAGES; ISTOCK; NATHAN FILLION INSTAGRAM (2); CEACO PUZZLES INSTAGRAM

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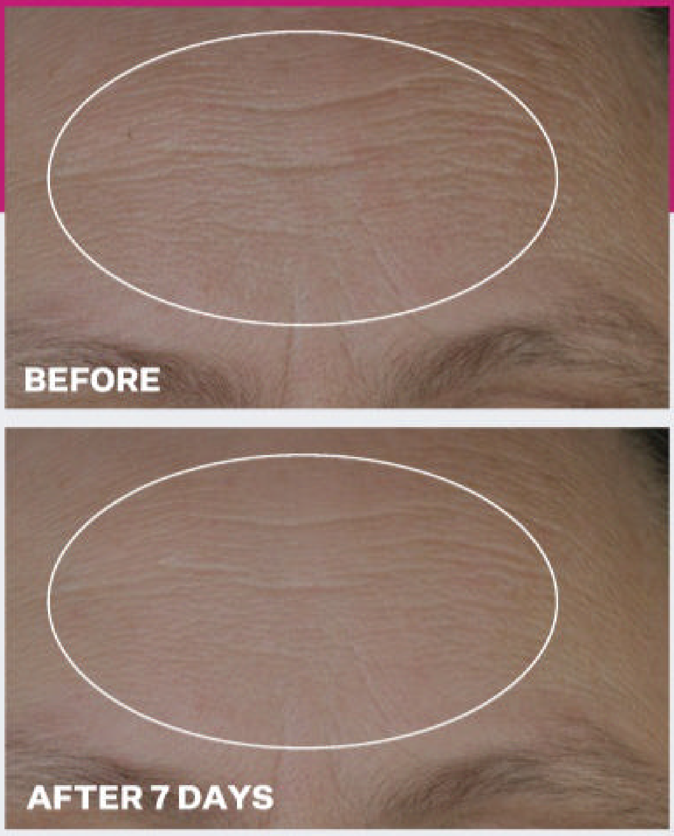
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